

IMX Cup

October 21-22, 2006

Held under sanction of USA Swimming and Connecticut Swimming, Sanction #0S06-02

Name of Meet: IMX Cup	Meet Classification: Open
Date of Meet: October 21-22, 2006	
Location(s): Cheshire Community Pool	
Sponsor(s): Cheshire YMCA	
Important Notes: For more information on IMX please go to http://www.usaswimming.org/USASWeb/DesktopDefault.aspx?TabId=801&Alias=Rainbow&Lang=en	

Meet Director:	Sheila Solernou 203-575-1978 rsolernou@sbcglobal.net
Meet Referee:	Chris Patrell 203-530-4247 spatrell@cox.net
Entry Chair:	Paul Molnar 860-922-6747 paul.e.molnar@accenture.com
Safety Chair:	Michelle Rock
Facility/Pool Description:	10 Lanes, 25 yard pool. The sponsor reserves the right to adjust to 8 lanes if deemed warranted by the projected time line. The timing system will be Daktronics System with touch pads. There is ample deck space for swimmers and limited spectator seating. Swimmers may bring deck chairs and we encourage the public to bring deck chairs as well. Overflow parking available across the street at Cheshire High School. The facility is accessible to the disabled. Please contact the Meet Manager with questions.
Pool Emergency Phone:	(203) 271-3208
Disabled/Elderly Access:	The facility is accessible to the disabled. Please contact the Meet Manager with questions.
Splash Fees:	\$4.00/Event Time Trials will be offered if time allows. \$5.00/Time Trial
Manual Entry Fee:	\$1.00/event for 5 or more swimmers
Checks Payable To:	"STPA"
Entry Deadline:	Entries will be accepted on a first-come first serve basis. Date of receipt is based on Hard Copy and Payment received by Entry Chair. Deadline for CT Teams is Tuesday October 10, 2006 at 6:00pm. If there is still room in the meet Out of State teams will have until Friday October 13, 2006 at 6:00pm or until the meet is full.

Entry Format:	Any changes to the meet will be sent out to attending clubs by Monday, October 16, 2006. Teams may e-mail entry to entry chair or submit entries on disk using LSA, Hy-Tek or SDIF software. A paper copy must be sent either way with check. Entries must include name, phone number, e-mail & mailing address of team contact. Also include meet entry fee report for Hy-Tek entries. Unattached swimmers must be clearly marked in RED. NT entries will be STRONGLY DISCOURAGED. Entry times should be in Short Course Yards. If sent overnight mail please sign "waiver of signature." Entries will be accepted on a first come first serve basis.
Swimmer Eligibility:	Swimmers must be 2006 or 2007 registered members of USA Swimming.
Coach Eligibility:	All coaches must present a valid USA Swimming Coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck
Entry Limitations:	5 Events Per Day
Cut Protocol:	Entries will be received until meet is full. Any teams that get cut from the meet will be notified by Monday, October 16 th .
Reserve the right to make changes:	The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations.
Warm-up Time(s):	Saturday/Sunday AM (9-10; 11-12): 7:00 am Saturday/Sunday PM (13/Over; 8/Under) 1:00 pm
Starting Time(s):	Saturday/Sunday AM: 7:50 am Saturday/Sunday PM: 1:50 pm
Awards and Scoring:	The meet will be scored using USA Swimming's I.M.Xtreme scoring system. Swimmers will be scored by Age, not Age Group. Swimmers must legally complete every IMX event to be qualified for I.M.X. Cup award. All swimmers participating in all IMX events will receive a meet T-Shirt. Trophies for the Top 6 overall IMX scores for each age.
Refreshments/Concessions:	Hospitality will be available to officials and coaches. Concessions will provide food for purchase throughout each session.
Directions:	From 91 North: to Exit 10 (Rt. 40 ext). Follow to the end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the pool. From 91 South: to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading South on Rt. 10. Follow Rt. 10 South through Cheshire. Pool is on the left across from the High School. From 84 West: to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School. From 84 East: to exit 26 (Rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the High School.
Comments:	500 Swimmers must provide their own counters. Please send in the attached T-Shirt Size Form with the hard copy.

**Saturday Oct. 21st
7:00am Warm Up**

F	Event	M
1	11-12 100Y Back IMX	2
3	10/U 100Y Back IMX	4
5	11-12 200Y Free	6
7	10/U 50Y Free	8
9	11-12 100Y Breast IMX	10
11	10/U 100Y Breast IMX	12
13	11-12 200Y IM IMX	14
15	10/Under 200Y IM IMX	16

**Saturday Oct. 21st
1:00pm Warm Up**

F	Event	M
17	13/Over 200Y Back IMX	18
19	8/Under 25 Back	20
21	13/Over 200Y Free	22
23	8/Under 25 Free	24
25	13/Over 200Y Breast IMX	26
27	8/Under 100 IM	28
29	13/Over 400Y IM IMX	30

**Sunday Oct. 22nd
7:00am Warm Up**

F	Event	M
31	10/U 200Y Free IMX	32
33	11-12 100Y Free	34
35	10/U 100Y Free	36
37	11-12 100Y Fly IMX	38
39	10/U 100Y Fly IMX	40
41	11-12 500Y Free IMX	42

**Sunday Oct. 22nd
1:00pm Warm Up**

F	Event	M
43	13/Over 200Y IM IMX	44
45	8/Under 25 Breast	46
47	13/Over 100Y Free	48
49	8/Under 25 Fly	50
51	13/Over 200Y Fly IMX	52
53	8/Under 50 Free	54
55	13/Over 500Y Free IMX	56

**Sea Dog Swim Club
IMX Cup T-Shirt
Size Form**

******Remember T-Shirts are only for Swimmers entered in all of the IMX events******

Youth Small

Youth Medium

Youth Large

Adult Small

Adult Medium

Adult Large

Total Number of T-Shirts