

Aqua Jets Distance Meet
October 28, 2006
Hosted by the Aqua Jets Swim Club
Conducted at the McCann Natatorium, Milford, CT
Held under sanction of USA Swimming and Connecticut Swimming, Sanction # S06-05

MEET DIRECTOR & ENTRY CHAIR:

John McCann
 18 Point Lookout
 Milford, CT 06460-7348
 (203) 878-1914
 ajsc@snet.net

REFEREE:

Jeff Ukleja (203) 931-9679

SAFETY CHAIR:

Dave Kohalmi

Meet Classification: **Open**

LOCATION: 70 Park Circle, Milford, CT Pool emergency number: (203) 878-8432

FACILITY: 6 Lane, 25-yard pool with a depth of 13 feet at starting blocks. IST automatic timing. Spectator seating on second floor balcony. Handicapped accessibility is not available to second floor; however, space will be available on the pool deck. Individuals needing assistance should contact the Meet Manager before the start of the meet. Handicapped rest room facilities are available in the women's and men's locker rooms.

ELIGIBILITY: Swimmers must be 2006-07 registered members of USA Swimming. **Coaches** must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ENTRY FEES: \$6.00 per event. Manual entry fee: for teams submitting entries without disk or email entry, a \$1.00 charge will be made for each swimmer over 5. Please make checks payable to: AJSC.

ENTRIES: Seed time should be submitted in SCY, NT entries are discouraged. Teams are encouraged to submit their entries by email attachment in LSA or SDI format. Please ".zip" your entry. Disk entries will also be accepted. An original paper copy of the entry must also be submitted. Meet entries may be submitted on the official entry form or a computer generated facsimile. Electronic entries will not be considered final until receipt of the entry fee by mail prior to the start of the meet. Mail entry to the Entry Chair at the above address. If using Express Mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it. Please send your original entry, not a photocopy. The phone number and where possible, a fax and/or email address of a club official must be included on the form as well as a club mailing address. Do not submit entry cards.

ENTRY DEADLINE: Entries must be received by Saturday, October 21, 2006. Teams will be entered in order of date and time of receipt of entry on a space-available basis. The meet may close prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but not later than October 25. Formal team entry date is determined by the date on which entry hard copy and entry fee are received.

WARM-UPS & START TIMES: Connecticut Swimming guidelines will be observed.

1000 FREE: Warm-up at 8:00 am Start at 8:30 am 500 FREE: 30 minute warm-up beginning no earlier than 10:30 am

SCRATCHES: Scratch sheets must be returned to office no later than 15 minutes after start of warm-up.

TIMERS & COUNTERS: Swimmers must provide their own timers and counters.

Please Note: USA Swimming rules will govern this meet. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations.

AWARDS: None

REFRESHMENTS: Available on upper level.

DIRECTIONS: Take Interstate 95 to Exit 39A (Route 1, South). Turn right off exit. As soon as possible, get into far left lane and continue straight ahead (Route 1 bears right). This is Cherry Street. Stay on Cherry St. to fourth traffic light (at top of small hill), turn left onto Gulf Street. Go under railroad overpass, through traffic light to the next street (Evergreen Ave.), turn left. Parking lot is straight ahead. Natatorium is at far side of lot.

ORDER OF EVENTS (1000 Free will be swum fastest to slowest, alternating women & men; 500 Free will be swum slowest to fastest, all of Event 3 then all of Event 4)

Women	Event	Men
1	1000 YARD FREESTYLE	2
3	500 YARD FREESTYLE	4