

Norwalk ZEUS and Stamford Sharks Qualifier
Held under sanction by USA Swimming and Connecticut Swimming
SO5 – 12A
at Norwalk High School
November 19 and 20, 2005

Meet Coordinator/Entry Chair

Eric Baritz
Norwalk Aquatic Club – Zeus
501 Westport Ave, #272
Norwalk, CT 06851
Byte1inc@optonline.net

Meet Referee: Karen Jubaynik e-mail: karen_jubanyik@yahoo.com

Safety Coordinator: Joe Dudek

Pool Facility:

- ?? 6 lane 25 yard pool. Manual timing.
- ?? Pool is Handicap Accessable. If you need help, contact any member of the meet committee.
- ?? Limited seating and parking is available.
- ?? Concession area is also available.

Eligibility:

- ?? All swimmers must be 2005 or 2006 registered members of USA Swimming.
- ?? Age is determined by the swimmer's age as of November 19, 2005.
- ?? All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Events:

- ?? All events will be timed finals.
- ?? USA Swimming rules will govern the meet.
- ?? Meet management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CSI Program Operations.
- ?? Entries are to be submitted in best yard times.
- ?? Swimmers can enter and compete in four events. Please circle fourth event in case of over subscription.
- ?? All the 10 and Under, 11/12, 13/14, and 15/O 500 yd. Freestyle events will be swum fastest to slowest.
- ?? All 13/14 and Senior 400 yd. I.M.'s will be swum fastest to slowest.

Entry Fee:

- ?? All events are \$4.00 each.

- ?? Make all checks payable to **NAC**
- ?? Mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it.
- ?? There will be a \$1.00 surcharge for each swimmer; for five or more hand entered entries.

Entry Deadline:

- ?? Entries from Connecticut are due Friday, October 28, 2005. Entries from all out of state teams are due Friday, November 4, 2005.
- ?? All entries must be received by November 4, 2005.
- ?? Formal entry is determined by the date of receipt of the hard copy of the entry and the entry fee.

Cut Procedure:

- ?? If the meet is oversubscribed, 7/under swimmers will be cut first, the relays, then swimmers will be limited to 3 events, then entries will be taken by date of receipt.
- ?? Some events may be combined at the meet committees discretion.
- ?? Teams will be notified immediately after the November 4, 2005 deadline.

Times of the meet:

Meet management reserves the right to limit heats and adjust warm up and/or start times, upon the approval of CT Swimming Program Operations.

Entry Form:

- ?? Open to all 2005 or 2006 USA Swimming registered swimmers.
- ?? Entry should include USA registration number and age of all swimmers.
- ?? Please identify all unattached swimmers with red ink.
- ?? Entries must be on IBM disc using Hy-Tek, LSA, or other SDIF format, but must be accompanied by a computer printout. Include on the entry form, the team name, address, and telephone of the head coach and/or club official responsible for the team's entry.
- ?? Entries may be sent via email to byte1inc@optonline.net.

Awards:

Ribbons will be given 1-6 for individual events and 1-3 for relays.

Directions:

Take I – 95 to Exit 16, East Avenue. Go West on East Avenue for 2 lights. Make a right on Sunset Hill Avenue. Go all the way to end (Sunset Hill becomes Tierney Street). At stop sign (Strawberry Hill Avenue) make a left. Take Strawberry to County Street. Make right on County Street. Driveway to High School is on your right. Go all the way to top of driveway and look for a spot. Entrance to pool is first door on the right, **PAT SPINOLA NATATORIUM**.

BETTY PHILCOX INVITATIONAL

Hosted by the Norwalk ZEUS Swim Team

NOVEMBER 19 and 20, 2005

Session 1 SATURDAY MORNING

7:30 a.m. Warm-up

8:30 a.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
1	10 & Under	200 yd. Freestyle	2
3	13/14	400 yd. I.M.	4
5	10 & Under	50 yd. Freestyle	6
7	13/14	50 yd. Freestyle	8
9	10 & under	100 yd. Butterfly	10
11	13/14	100 yd. Butterfly	12
13	10 & Under	50 yd. Breaststroke	14
15	13/14	100 yd. Breaststroke	16
17	10 & Under	100 yd. Backstroke	18
19	13/14	200 yd Backstroke	20
21	10 & Under	100 yd. I.M.	22
23	13/14	200 yd. Freestyle	24
25	10 & Under	200 yd. Freestyle Relay	26
27	13/14	200 yd. Freestyle Relay	28

Session 2 SATURDAY AFTERNOON

1:00 p.m. Warm Up

2:00 p.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
29	11/12	50 yd. Freestyle	30
31	Senior	400 yd. I.M.	32
33	11 and 12	200 yd. I.M.	34
35	15/0	50 yd. Freestyle	36
37	11 and 12	50 yd. Breaststroke	38
39	15/0	100 yd. Breaststroke	40
41	11 and 12	100 yd. Butterfly	42
43	15/0	100 yd. Butterfly	44
45	11/12	100 yd. Backstroke	46
47	15/0	200 yd. Freestyle	48
49	11/ 12	200 yd. Freestyle	50
51	Senior	200 yd. Backstroke	52
53	11/ 12	200 yd. Breaststroke	54
55	15/0	200 yd. Freestyle Relay	56
57	11/12	200 yd. Freestyle Relay	58

BETTY PHILCOX INVITATIONAL

Hosted by the Norwalk ZEUS Swim Team

NOVEMBER 19 and 20, 2005

Session 3 SUNDAY MORNING

7:30 a.m. Warm-up

8:30 a.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
59	10 & Under	500 yd. Freestyle	60
61	13/14	500 yd. Freestyle	62
63	10 & Under	100 yd. Freestyle	64
65	13/14	100 yd. Freestyle	66
67	10 & Under	50 yd. Backstroke	68
69	13/14	100 yd. Backstroke	70
71	10 & Under	100 yd. Breaststroke	72
73	13/14	200 yd. Breaststroke	74
75	10 & Under	50 yd. Butterfly	76
77	13/14	200 yd. Butterfly	78
79	10 & Under	200 yd. I.M.	80
81	13/14	200 yd. I.M.	82
83	10 & Under	200 yd. Medley Relay	84
85	13/14	200 yd. Medley Relay	86

Session 4 SUNDAY AFTERNOON

1:00 p.m. Warm-up

2:00 p.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
87	11/12	500 yd. Freestyle	88
89	15/O	500 yd. Freestyle	90
91	11/12	50 Backstroke	92
93	15/O	100 yd. Backstroke	94
95	11/12	200 yd. Backstroke	96
97	Senior	200 yd. Butterfly	98
99	11/12	100 yd. Breaststroke	100
101	Senior	200 yd. Breaststroke	102
103	11/12	200 yd. Butterfly	104
105	15/O	100 yd. Freestyle	106
107	11/12	100 yd. Freestyle	108
109	15/O	200 yd. I.M.	110
111	11/12	100 yd. I.M.	112
113	11/12	50 yd. Butterfly	114
115	15/O	200 yd. Medley Relay	116
117	11/12	200 yd. Medley Relay	118

BETTY PHILCOX INVITATIONAL

Hosted by

Norwalk ZEUS Swim Team

November 19 and 20, 2005

CLUB _____ CLUB CODE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COACHES _____ OFFICIALS _____

CLUB CONTACT _____

PHONE _____ FAX _____

E-MAIL _____

EVENT SUMMARY

Total of Individual Events (GIRLS) _____ X \$4.00 = _____

Total of Individual Events (BOYS) _____ X \$4.00 = _____

TOTAL SWIMMERS (NON DISK SURCHARGE) _____ X \$ 1.00 = _____

TOTAL _____

PLEASE MAKE CHECKS PAYABLE TO **NAC**

MAIL TO with master entry sheets:

Norwalk Aquatic Club
c/o OMAR CRUZ
501 WESTPORT AVENUE, #272
NORWALK, CT. 06851

****** ENTRIES MUST BE RECEIVED BY 11/4/05 with
all checks. ******

