

*Wilton Y Wahoos
Distance Mania Meet*

Name of Meet:	Distance Mania Meet
Date of Meet:	Sunday January 8, 2006
Sanction No.:	Held under the sanction of USA Swimming and Connecticut Swimming, S05-33
Sponsor(s):	Wilton YMCA Wahoo Swim Club
Location(s):	Wilton YMCA
Facility/Pool Description:	The Melissa Nickel Pool at the Wilton Family Y pool is a 6-lane by 50 meter facility with non-turbulent lane lines and electronic timing. Adequate seating and parking are available. We will be running events in both 25-yard courses. If a session necessitates that only one course be used the other course will be then available for warm-up and warm down during the meet. Handicap/Elderly accessibility to Pool deck and spectator area are accessible through men's and women's locker rooms.
Pool Emergency No.:	203-762-8384
USA Swimming Rules will govern this meet. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with approval from CSI Program Operations. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.	
Cut Protocol: First come first serve acceptance. The 1650 session may be limited to 2 hours total.	
Awards: 12/U Events: Awards will be given to 1-6 places for individual events. 13/14 and Senior Events: There will be no individual awards. Heat awards will be given.	

Meet Manager:	Cheryl Lozach 4B Ramapoo Rd Ridgefield, CT 06877 203-438-6168
Meet Referee	Peter Lebovitz 203-966-7087
Safety Chairman:	Pat Rappa

Entry Chairman:	Barb Prue 404 Danbury Road Wilton, CT 06897 203-762-8384 ext. 290 wywahoos@msn.com e-mail entries encouraged
Manual entry fee: If you submit hand entered entries, a \$1.00 charge will be added to each swimmer over 5.	Splash Fee: \$4.00/individual event
Entry Limitations:	Maximum number of events per day is 3. Entries to be submitted in best yard times. No times are discouraged; please submit an estimated time. The 1650Y freestyle will be swum fastest to slowest alternating girls and boys, this is subject to change depending on the division of the pools. All swimmers must be 2006 registered members of the USA Swimming. Age is determined by the swimmer's age as of January 8, 2006.
Entry Deadline:	Entries accepted on a first come first serve basis. All entries must be received by Thursday, December 29 2005. Send entries to address listed above to entry Chairman. Make checks payable to Wahoo Swim Club.
Entry Format:	Teams are encouraged to submit their entries on a disk in sd3 format. An original paper copy of the entry must accompany all entries on disk. You may also submit your entry by email in LSA or SD3 format. Please ZIP your entry and attach it to an Email note to Wywahoos@msn.com However, your entry will not be considered final until we receive your entry fee by mail. If you submit your entry electronically, we must receive your check or check request by entry deadline. Mail your entry to Barb Prue at the above address. Please send your original entry, not a photocopy. The phone number (and where possible, a fax number and/or E-mail address) of a club official must be included on the form as well as a club mailing address. Teams submitting their entries on disk will on request receive a copy of the results on disk for their records. If any of your swimmers are swimming the meet UNattached, please mark this clearly in RED alongside the swimmer's name on the entry sheet. In case of dispute, the official entry form will be considered the master form and only official document of entry.
Checks Payable To:	Wahoo Swim Club
Warm-up Times:	Session 1 (12/under): 8 am Session 2 (12/under and 13/over): 11:15 am Session 3 (Senior): 3:15 pm
Start Times:	Session 1 (12/under): 8:45 am Session 2 (12/under and 13/over): 12:15 am Session 3 (Senior): 4:00 pm
Scratch Procedure:	Scratch sheets will be due to the computer table 30 minutes after the start of warm-ups.
Refreshments/Concessions:	Food and beverages will be available during the meet. However, food will not be allowed in any area of the building other than the food concession area.
Handicap/Elderly Accessibility:	Pool deck and spectator area are accessible through men's and women's locker rooms.

	<p>From New York: Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.</p> <p>From New Haven: Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.</p> <p>From I 95: Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Rt. 7 North proceed to the Wilton Y as above.</p>
Directions:	
Comments:	<p>All teams may be asked to supply timers in proportion to the size of their entry. Please submit a list of officials to meet referee Peter Lebovitz. Swimmers in the 1650 Free must supply their own timers and counters.</p>

Girls	Event	Boys
	Session 1	
1	10/under 500 Free	2
3	11-12 400 IM	4
	Session 2	
5	13/over 400 IM	6
7	12/under 200 Fly	8
9	13/over 200 Fly	10
11	12/under 200 Back	12
13	13/over 200 Back	14
15	12/under 200 Breast	16
17	13/over 200 Breast	18
	Session 3	
19	<p style="text-align: center;">Senior 1650 Freestyle</p> <p style="text-align: center;">*Swimmers in this event must provide their own timers and counters.*</p>	20