

**WESTPORT WESTON FAMILY Y WATER RATS  
PRESENT  
2006 PENTATHLON**

**Held under USA Swimming and Connecticut Swimming, Inc. Sanction #S05-37.**

*NOTE: SCSU has a home dual meet on Saturday, so we will host the 13/over session at the Westport Weston Family Y on Saturday and the 9-12 sessions at SCSU on Sunday.*

**DATE:** January 14-15, 2005

**LOCATION:** *Westport Weston Family Y (Sat)  
Southern CT State University, New Haven, CT (Sun)*

**EMERGENCY** YMCA - 203-226-8981

**PHONE NUMBER:** SCSU – 203-392-6027

**FACILITY:** *Westport Weston Family Y  
6 lane, 25 yard pool, Colorado Timing w/Myriad Display  
SCSU Hutchinson Natatorium  
8 lane, 25 yard pool, Colorado Timing w/Myriad Display*

**SCHEDULE:**

*Saturday – Westport Weston Family Y*

<u>SESSION 1</u>	<u>SATURDAY, JANUARY 14, 2006</u>
13-14	8 AM Warm-up
Girls and Boys	9 AM Start
<u>SESSION 2</u>	<u>SATURDAY, JANUARY 14, 2006</u>
15/over	1 PM Warm-up
	2 PM Start

*Sunday – Southern CT State University*

<u>SESSION 3</u>	<u>SUNDAY, JANUARY 15, 2006</u>
9-10 Girls/Boys	8 AM Warm-up
(no 8/u)	9 AM Start
<u>SESSION 4</u>	<u>SUNDAY, JANUARY 16, 2005</u>
11-12 Girls/Boys	1 PM Warm-up
	2 PM Start

**WARM-UP  
SCHEDULE:**

Warm-up schedules for each session will be posted and in the coaches packet.

**ELIGIBILITY:**

All swimmers must be 2006 registered members of USA Swimming. Age group is determined by age as of January 14, 2006. Swimmers are eligible for all events. There are no cut off times. Out of state swimmers must send verification from LSC Registration Chair indicating all swimmers are current USA Swimming members. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**FEES:**

SPLASH FEE - \$4.00 per individual event/\$8.00 per relay event  
Checks payable to: WRAT Parents Club

**ENTRIES:**

All entries must be submitted on Connecticut Swimming master entry form, Hy-Tek (preferred), or other software using SDI format. Please include a hard copy (separated by age group and gender) with name, address and phone number of team contact person. Please furnish an e-mail address for contact prior to the meet and for results following the meet.

**DEADLINE:**

**Entries must be received by 3PM on January 3, 2006**

**MAIL TO:**

Westport Weston Family Y Water Rats  
59 Post Rd East                      or              P.O. Box 190  
Westport, CT 06880                      Westport, CT 06881

**AWARDS:**

Trophies to top 12 cumulative scorers in each age group. Total of 96 individual trophies. Heat winner awards will be given.

**OVER-  
SUBSCRIPTION:**

Entries are accepted on a first come, first served basis. The meet manager reserves the right to adjust the meet program based on the number of entries received. Teams will be notified by Saturday, January 7<sup>th</sup> in the case of changes.

**TIMERS:** Timers will be required from teams in proportion to the size of their entry.

**HANDICAP ACCESS** SCSU - Access available to pool deck via ramp at main entrance. Spectator level accessible, use elevator from same entrance.  
YMCA – Access available to pool deck through girls & boys locker rooms. Spectator area accessible on ground level with elevator to second floor if needed.

**OFFICIALS:** Please submit the names of officials willing to work and the sessions they are available to Monica Prangley at mhprangley@aol.com

**REFRESHMENTS:** Refreshments will be available at each session. A complimentary luncheon for coaches and officials will be available on Saturday.

**DIRECTIONS:** **Westport Weston Family Y** – Merritt Parkway (Rte. 15): Take Exit 42. Turn right (from North) or Turn left (from South) and follow straight to Westport. Upon reaching downtown area, bear left onto Elm St. Municipal Parking is on both sides of Elm St. Y entrance is on right through parking lot.  
**SCSU** - Merritt Parkway (Rte. 15): Take Exit 59 (just west of tunnel). Turn right, go ¼ mile and bear left at light onto Whalley Ave. Follow Whalley and go through the village of Westville. Take left on Fitch St. Follow Fitch to SCSU campus. Go under footbridge and take left onto Wintergreen Ave. Hutchinson Natatorium is located in Moore Fieldhouse on right. Park in Lot 6 or 7.

**MEET MANAGER:** Madeline Lee Bill Krumm (203-226-8981 x117)  
**REFEREE:** Ed Dunn  
**SAFETY OFFICER:** Jim Miccio

**WESTPORT/WESTON YMCA WATER RATS  
2006 PENTATHLON**

**ORDER OF EVENTS**

**SESSION 1 - Girls and Boys 13-14**

<b><u>GIRLS #</u></b>	<b><u>EVENT</u></b>	<b><u>BOYS #</u></b>
1	13/14 100Y Butterfly	2
3	13/14 100Y Backstroke	4
5	13/14 100Y Breaststroke	6
7	13/14 100Y Freestyle	8
9	13/14 200Y Individual Medley	10
11	13/14 200Y Medley Relay	12

**SESSION 2 - Girls and Boys 15/over**

<b><u>GIRLS #</u></b>	<b><u>EVENT</u></b>	<b><u>BOYS #</u></b>
13	15/O 100Y Butterfly	14
15	15/O 100Y Backstroke	16
17	15/O 100Y Breaststroke	18
19	15/O 100Y Freestyle	20
21	15/O 200Y Individual Medley	22
23	15/O 200Y Medley Relay	24

**SESSION 3 - Girls/Boys 9-10**

<b><u>GIRLS #</u></b>	<b><u>EVENT</u></b>	<b><u>BOYS #</u></b>
25	9/10 50Y Butterfly	26
27	9/10 50Y Backstroke	28
29	9/10 50Y Breaststroke	30
31	9/10 50Y Freestyle	32
33	9/10 100Y Individual Medley	34
35	9/10 200Y Medley Relay	36

**SESSION 4 - Girls/Boys 11-12**

<b><u>GIRLS #</u></b>	<b><u>EVENT</u></b>	<b><u>BOYS #</u></b>
37	11/12 50Y Butterfly	38
39	11/12 50Y Backstroke	40
41	11/12 50Y Breaststroke	42
43	11/12 50Y Freestyle	44
45	11/12 100Y Individual Medley	46
47	11/12 200Y Medley Relay	48