

WOODBIDGE AQUATIC CLUB
Senior Distance Meet
November 20, 2005

Hosted by Woodbridge Aquatic Club
Held under sanction by USA Swimming and Connecticut Swimming,
Inc. #S05-14

Meet Coordinator/ Entry Chair	Official Chair
Dave Reilly	Ed Doernberger
57 Union Street	(203) 387-2119
Guilford, CT 06437	
(203) 458-2494	
dmr123@sbcglobal.net	

Emergency Phone # (203) 389-3446

Safety Coordinator: Ken Yanagisawa

Pool: The Woodbridge Town Pool at Beecher Road School is a 6-lane by 25 yard facility. There is no electronic timing system. Starting blocks are on the deep end of the pool. Limited Seating is available. Parking is available in marked spaces. Do not park in unauthorized parking spaces or you will be towed. Handicap/Elderly accessibility to pool deck and spectator area is accessible through main hallway ramp.

Eligibility: All swimmers must be 2005 or 2006 registered members of USA Swimming. Age is determined by the swimmer's age as of November 20, 2005. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Events: All events will be swum as timed finals. USA swimming rules will govern the meet. Entries are to be submitted in best yard times. NT times are strongly discouraged.

Entry Fee: Individual events are \$4.00 each. Make all checks payable to WAC and mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it. **Email entries are not considered official until we receive your check. There**

will be a \$1.00 charge for each swimmer; for five or more hand entered entries.

Entry Deadline: Entries are accepted on first come, first serve basis. All entries must be received by November 11 2005. Formal team entry is determined by the date of receipt of the entry hard copy and entry fee. Teams whose entries cannot be excepted will be notified as soon as the meet is full, but no later than November 14, 2005. The meet management reserves the right to limit heats, adjust warm-up and/or start times subject to the approval of CT Swimming Program Operations.

Entry Form: Open to all 2005 or 2006 Connecticut registered swimmers. Please include USA registration number and age of all swimmers. Identify **unattached** swimmers with red ink. No time (NT) entries are discouraged. Entries must be on official CSI entry form. Please use LSA Swim Team Program, Hytek, or other program in SDIF format. Include on the hardcopy entry the name, address, and telephone number of the head coach and a club official responsible for the team's entry. Incase of dispute, the original entry from will be considered the only official document of entry. All entries must be accompanied with payment. Entries may be sent via e-mail to dmr123@sbcglobal.net.

Awards: No Awards will be given.

Refreshments will be available at the Concession Stand.

Directions:

From New York: Take the Merritt Parkway to Exit 59. At end of Exit ramp take left. Go under parkway to fourth traffic light – Lucy Street (Cleaners on left). Take left. Go to traffic light (People's Bank in front of you) take a right. Go to second traffic light. Take left on to Route 114. Take second left on to Beecher Road. (If you go past the firehouse, you've gone too far). Go through four-way stop and Beecher Road School is on your right. Take left fork in driveway to go to the South School Entrance.

From Hartford: Take the Merritt Parkway to Exit 59. (Right after the tunnel). At the end of ramp take left and go to second traffic light – Lucy Street (Cleaners on left) and take left. Follow above directions.

Warm-up 7:30 AM

Start 8:30 AM

EVENTS

GIRLS	EVENT	BOYS
1	500 Free	2
3	200 Butterfly	4
5	200 Back	6
7	200 Breast	8
9	400 IM	10

SWIMMERS WILL BE REQUIRED TO SUPPLY TIMERS AND COUNTERS.