

**The 5TH Annual
Elm City Invitational
And
Senior Qualifier**

February 10-12, 2006

Hosted by SoNoCo Swim Club

Held under sanction by USA Swimming and Connecticut Swimming, Inc.

INVITATIONAL S05-54

QUALIFIER S05-54

125 Wintergreen Ave.

New Haven, CT. 06515

Meet Manager and Entry Chairman

Tim Quill

125 Wintergreen Ave

New Haven, CT 06515

(203) 392-6026

Emergency: Emergency only (203) 392-6027

Safety Chairperson: Mike Carlucci

Meet Referee: Candace Crowley

Held under the sanction of USA Swimming and Connecticut Swimming, this meet will be run in accordance with USA Swimming rules unless otherwise noted. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement necessary to ensure the fair and efficient running of the meet with the approval from program operations.

FACILITY: The Hutchinson Natatorium is located on the campus of Southern CT State University. An 8 lane, 25 yard pool equipped with Anti Wave Racing Lane Lines and Colorado's Myriad Display Timing System with non slip touch pads. Pool depth ranges from 5ft. to 13ft. There is ample deck and spectator seating. The Hutchinson Natatorium has played host to local, regional, and national level competition:

ELIGIBILITY: Only current USA SWIMMING registered swimmers are eligible. The swimmer's age as of February 10, 2006 will determine his/her age for the meet. **Out of state teams, a team roster signed by your LSC membership chairman stating that all the swimmers are registered or any other acceptable proof that all swimmers hold a current USA registration.**

ENTRY INFORMATION: *Elm City Invitational* will run **Preliminaries and Finals** (top 16) in all individual events with the exception of the 1650 free and relays. The **1650 free** will be run as a timed final event with the fastest heat being swum during Sunday's finals session and remaining heats being run at the end of Sunday's preliminary session. **Relays** will only be swum during the finals session.

For seeding purposes, please convert all times to short course yards.

Proof of time is the responsibility of each coach and all times are subject to challenge.

Please refer to the qualifying standards listed with this entry

Senior Qualifier will be run as a timed final event. The 1650 Free will not be offered during this session.

ENTRY LIMITATIONS: Swimmers may enter any event in which they qualify, but may compete in a maximum of 3 events per day. Relays will be limited to 4 entries per team.

RELAY OPTION

The *Senior Qualifier* will not offer relay events, however, athletes who do not qualify for the Elm City Invitational may compete in relays offered at night during finals. This option promotes the team environment while allowing more athletes to compete in a finals setting.

BONUS EVENTS: Elm City Invitational A swimmer who has qualified in one or more events per day will be allowed to enter a bonus event for that session with the exception of the 1650 free. Bonus events will count towards the daily event limit. Please enter the bonus events at the meet qualifying standard.

ENTRY FORMS: Teams are encouraged to submit their entries via e-mail to quilt1@southernct.edu. Entries may also be sent via IBM PC diskettes using HY-TEK TEAM program (LSA disc entries accepted). Meet entries may be submitted on the official entry form or a computer-generated facsimile. All entries on disk must be accompanied by an original paper copy of the entry. Please include all club contact information including E-mail addresses. If any of your swimmers are swimming the meet UNATTACHED, please mark them clearly in RED "UN" alongside the swimmers' name on the entry sheet. No time entries are strongly discouraged. In case of dispute, the entry form or file will be considered the master form and the official document of entry.

ENTRY FEES: Elm City Invitational Entry Fee is \$4.00 per individual event, \$5.00 per 500 Free, 1650 free and 400 IM, and \$8.00 per relay entry. Senior Qualifier Entry fee is \$4.00 per individual event. Make checks payable to the SoNoCo Swim Club. If you send your entry by express mail please sign the waiver so that the package will be delivered even if no one is there to sign for it. **Manual Entry fee:** If you submit hand entries, a \$5.00 charge will be added to each swimmer.

ENTRY DEADLINE: Entries must be received no later than **Tuesday January 31, 2006.**

OVERSUBSCRIPTION: Entries will be accepted on a first-come, first-serve basis. Please be aware that the meet may be closed prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than the due Wednesday Feb 1, 2006. Splash fees for entries that are scratched due to limits will be returned. **SoNoCo Swim Club and Southern Connecticut State University reserve the right to modify and/or cancel the meet for safety or other reasons with the consent of the Connecticut Swimming Program Operations Chair.**

OFFICIALS: A meet of this size and caliber requires workers to make it run efficiently. SoNoCo welcomes anyone who would like to assist with officiating during the meet. Please contact Candace Crowley at candace_crowley@hotmail.com if you would like to help or include the name, home number and level of any willing official with your entry.

PSYCH SHEETS, MEET CHANGES, AND RESULTS ON THE WEB: The psych sheets and meet information will be posted on our team website www.sonocoaquatics.org. Meet information including warm up times and team assignments will be posted on Tuesday, February 7th

TIMERS: The host team will require timers from teams in proportion to the size of their entries.

Team work assignments and meet information will be posted on the team website.

USA SWIMMING MEMBERSHIP CARDS REQUIRED FOR ALL COACHES:

All coaches must present a valid USA SWIMMING membership card to the meet director prior to the commencement of any CSI sanctioned meet and must have this card with them at all times while on deck.

SCRATCHES: Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets.

Elm City Invitational scratch deadline **8:00am** each day

Senior Qualifier scratch deadline **1:00pm** each day.

FAILURE TO COMPETE IN FINALS: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet.

EXCEPTIONS FOR FAILURE TO COMPETE IN TIMED FINALS: No penalty shall apply for failure to compete in finals if:

1. The referee is notified in the event of injury or illness and accepts the proof thereof.
2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

MEET SCHEDULE

	FRIDAY - SUNDAY	
<i>Elm City Invitational</i> Preliminaries	Warm-up: 7:30 AM	Start: 9:00 AM
<i>Senior Qualifier</i> Timed finals	Warm up: 12:30 PM	Start: 1:45 PM
<i>Elm City Invitational</i> Finals:	Warm-up: 5:15 PM	Start: 6:15 PM

Warm-up and start times for all preliminary and final sessions are subject to change depending on the size of meet.

AWARDS: *Elm City Invitational* 1-3 place for individual events will receive awards.
Senior Qualifier no awards will be given.

SCORING: *Elm City Invitational* will be as per rule 102.7.3 both consolation and final heats score.
Senior Qualifier will not be a scored event

FOOD: Food and beverage will be available during the meet. Although it is not logical to ask competitors not to eat or drink while on deck, we ask that all athletes and their coaches be responsible for policing their occupied areas and are asked to keep all areas of the facility clean.

INFORMATION: Please direct all meet questions regarding entry to Tim Quill. Since we are the guests of Southern Connecticut State University, all swimmers, coaches and guests are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for the swimmers when they are not swimming. Sportsmanship and common courtesy is expected at all times while competition is being conducted.

Handicapped/Elderly Accessibility

- ?? Handicapped accessibility is available at the Moore Field House and the Hutchinson Natatorium.
- ?? Handicapped parking is located in the main parking lot between the Moore Field House and the Wintergreen Building.
- ?? Handicapped entrance, with automatic door, is located in the front of the Moore Field House. Please follow walk-way around the front of the main lobby to the entrance.
- ?? Elevators are located on the ground floor of the Moore Field House immediately to the left of the handicapped entrance. Spectator seating for the Hutchinson Natatorium is available on the 2nd floor.
- ?? Unisex handicapped bathrooms are located on the 2nd floor of the Moore Field House Main Lobby adjacent to the spectator area.
- ?? Anyone requiring assistance is encouraged to speak to the building or event supervisor

Note: Due to construction in the Moore Field House, Handicapped access may be restricted or unavailable. Please contact the meet director for updates regarding any handicapped or elderly access needs.

**2005 Elm City Invitational
Qualifying Standards**

Women

Men

Friday

2:05.49	200 Free	1:57.49
1:14.99	100 Breast	1:09.49
1:05.49	100 Fly	59.49
4:56.49	400 IM	4:44.49
NT	400 Free Relay	NT

Saturday

5:24.99	W 500 Free	-----
2:25.99	200 Fly	2:09.99
26.79	50 Free	24.49
105.99	100 Back	1:00.99
239.99	200 Breast	2:26.99
-----	M 500 Free	5.15.99
NT	200 Medley Relay	NT

Sunday

-----	200 Free Relay	17:45.99
2:19.99	M 1650	2:09.99
2:20.99	200 IM	2:08.99
18.15.99	200 Back	-----
57.49	W 1650	53.49
NT	100 Free	NT
	400 Medley Relay	

2005 Senior Qualifier

Order of events

Order of Events

Note: Order of events may change depending on the size of the meet and time availability between prelims and finals of the Elm City Invitational. Coaches will be notified of any changes that are necessary.

Friday

- 101. W 200 Free**
- 102. M 200 Free**
- 103. W 100 Breast**
- 104. M 100 Breast**
- 105. W 100 Fly**
- 106. M 100 Fly**
- 107. W 400 IM Heat limits may be required based on the number of entries**
- 108. M 400 IM Heat limits may be required based on the number of entries**

Saturday

- 211. W 500 Free Heat limits may be required based on the number of entries**
- 212. M 200 Fly**
- 213. W 200 Fly**
- 214. M 50 Free**
- 215. W 50 Free**
- 216. M 100 Back**
- 217. W 100 Back**
- 218. M 200 Breast**
- 219. W 200 Breast**

Sunday

- 325. M 500 Free Heat limits may be required based on the number of entries**
- 326. W 200 IM**
- 327. M 200 IM**
- 328. W 200 Back**
- 329. M 200 Back**
- 330. M 100 Free**
- 331. W 100 Free**

HOTEL INFORMATION

Marriott Residence Inn
3 Long Wharf Drive
New Haven, CT 06511
(203) 777-5337

Courtyard Marriott

Howard Johnson's

30 Whalley Ave.
New Haven, CT 06511
(203) 777-6221

400 Sargent Drive
New Haven, CT 06511
(203) 562-1111

Colony Inn
1157 Chapel St.
New Haven, CT 06511
(203) 776-1234

Howard Johnson's
2260 Whitney Ave.
New Haven, CT 06517
(203) 288-3831

Ramada Renaissance
1284 Strongtown Road
Southbury, CT 06488
(203) 598-7600

Hampton Inn
129 Plains Road
Milford, CT 06460
(203) 874-0440

Inn at Chapel West
1201 Chapel St.
New Haven, CT 06511
(203) 777-1201

Omni Hotel
155 Temple St.
New Haven, CT 06511
(203) 772-1700

Ramada Inn
201 Washington Ave
North Haven, CT 06473
203-237-4225

Quality Motor Inn
100 Pond Lily Ave.
New Haven, CT 06525
(203) 387-6651