

Sharks Swim Team and Norwalk ZEUS Invitational
January 28 and 29, 2006
At Yale University
Sanction # S05-47

Meet held under sanction of USA Swimming and CT Swimming #S05-47

Meet Coordinator/ Entry Chair

Rick Lewis
lewisshark@aol.com
212 Palmer Hill Road
Old Greenwich, CT 06870

Meet Referee: Karen Barber Karen_jubanyik@yahoo.com

Safety Coordinator: Maryanne Hopkins

Pool Facility:

6-lane 25-yard pool with Colorado timing system.

Pool and bleachers are Handicapped Accessible.

Concession area is also available.

Climbing over the wall to go from the bleachers to the deck or the deck to the bleachers is strictly prohibited. Allow yourself ample time to take the proper route to the deck.

Eligibility:

All swimmers must be 2006 registered members of USA Swimming.

Age is determined by the swimmer's age as of January 28, 2006.

All Coaches must be 2006 registered members of USA Swimming and must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Events:

Saturday Events for 13/over swimmers are trials/finals. All other events will be swum as timed

Finals. Top 12 return for finals except in the 500 free where only top 6 return.

USA Swimming rules will govern the meet.

Swimmers can enter and compete in 3 events each day.

500 Free and 400 IM are limited to top five heats; additional heats will be done if time permits.

Proof of time must be submitted for these events (Meet name and date)

Time trials will be swum if time permits. However, any event that is done as a time trial does count as an event for the day.

Entry Fee:

All events are \$4.00 each.

Make all checks payable to **SHARKS**

Mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it.

There will be a \$1.00 surcharge for each swimmer; for five or more hand entered entries.

Entry Deadline:

Entries are accepted on first come, first serve basis.

All entries must be received by January 11, 2006.

Formal entry is determined by the date of receipt of the hard copy of the entry and the entry fee.

Cut Procedure:

All entries accepted on first come, first served basis. If cuts are necessary, 7/under swimmers will be cut first, then swimmers will be limited to 3 events per day (Sunday). All teams will be notified as soon as possible of any cuts. January 18, 2006 at the latest.

Times of the meet:

Meet management reserves the right to combine heats, limit heats and adjust warm up and/or start times, upon the approval of CT Swimming Program Operations.

Entry Form:

Open to all 2006 USA Swimming registered swimmers.

Entry must include USA id number and age of all swimmers.

Please identify all unattached swimmers with red ink.

Entries must be on IBM disc using Hy-Tek, LSA, or other SDIF format, but must be accompanied by a computer printout. Include on the entry form, the team name, address, and telephone of the head coach and/or club official responsible for the team's entry.

Entries may be sent via email to LEWISSHARK@aol.com

Awards:

Medals will be awarded to the top 3 swimmers in each event.

Failure to compete in finals:

Any swimmer qualifying for any heat of the finals that fails to compete in finals on Saturday and did not scratch within the 30-minute time frame will be scratched from all events on Sunday. There will be no penalty if:

1. The referee has been notified of injury or illness and approves the absence
2. The swimmer declares intent to scratch within the 30-minute timeframe and verifies the scratch immediately following their last prelim swim.
3. It is determined by the referee that the swimmer missed the event because of circumstance beyond the swimmer's control.

Workers:

The host club will require workers in proportion to the size of each teams entry. Anyone wishing to officiate will get credit for that worker position if they notify the meet director by Jan. 23. Remaining work assignments will be e-mailed and posted at www.sharksswimming.com on Jan. 24.

Meet Information:

Information about the meet will be available at www.sharksswimming.com

Girls **Events** **Boys**
Session 1 Senior trials ... Saturday January 28 ... Warm-up: 7:30 am Start: 8:30 am

3	13/14 100 yd Free	4
5	Senior 100 yd Free	6
7	13/14 100 Breast	8
9	Senior 100 Breast	10
11	13/14 200 IM	12
13	Senior 200 IM	14
15	13/14 100 Fly	16
17	Senior 100 Fly	18
19	13/14 100 Back	20
21	Senior 100 Back	22
1	Senior 500 Free	2

Session 2 10/under Timed Finals and 11/12 Trials ... Warm-up: 12:30 pm Start: 1:30 pm

23	10/u 50 yd Free	24
25	11/12 50 yd Free	26
27	10/u 50 yd Breast	28
29	11/12 50 yd Breast	30
31	10/u 200 yd IM	32
33	11/12 200 yd IM	34
35	10/u 50 yd Fly	36
37	11/12 50 yd Fly	38
39	10/u 50 yd Back	40
41	11/12 50 yd Back	42

Session 3 Finals ... 13/14, Senior ... Warm-up: 5:30 pm Start: 6:30 pm
Estimated conclusion: 8:00 pm

1	Senior 500 Free	2
3	13/14 100 yd Free	4
5	Senior 100 yd Free	6
7	13/14 100 Breast	8
9	Senior 100 Breast	10
11	13/14 200 IM	12
13	Senior 200 IM	14
15	13/14 100 Fly	16
17	Senior 100 Fly	18
19	13/14 100 Back	20
21	Senior 100 Back	22

Session 4 Senior Timed Finals ... Sunday January 29 ... Warm-up: 7:30 am Start: 8:30 am

43	13/14 200 yd Free	44
45	Senior 200 yd Free	46
47	13/14 200 yd Breast	48
49	Senior 200 yd Breast	50
51	13/14 200 yd Fly	52
53	Senior 200 yd Fly	54
55	13/14 50 yd Free	56
57	Senior 50 yd Free	58
59	13/14 200 yd Back	60
61	Senior 200 yd Back	62
63	13/14 400 yd IM	64
65	Senior 400 yd IM	66

Session 5 10/under & 11/12 Timed Finals ... Sunday January 29 ... Warm-up: 12:30 Start 1:30 pm

67	10/u 100 yd Free	68
69	11/12 100 yd Free	70
71	10/u 100 yd Breast	72
73	11/12 100 yd Breast	74
75	10/u 100 yd IM	76
77	11/12 100 yd IM	78
79	10/u 100 yd Fly	80
81	11/12 100 yd Fly	82
83	10/u 100 yd Back	84
85	11/12 100 yd Back	86
87	10/u 200 yd Free	88
89	11/12 200 yd Free	90