

8 & UNDER USA SWIMMING MEET
Saturday, November 5, 2005

Sponsored by Hamden North Haven Swimming
Held under sanction of USA Swimming and Connecticut Swimming, Inc.
Sanction Number S05-05

Location: North Haven Town Pool, Elm Street , North Haven, CT. 06473

Facility: 8 lane 25 yard pool with starting blocks at the deep end of the pool. Fully Handicapped accessible; Ample Parking

Warm-up times: This meet will be run in one session provided that it does not time out to go beyond hours (3) hours.

1:00 p.m. – 1:20 p.m.	Girl's Warm-up
1:20 p.m. – 1:40 p.m.	Boy's Warm-up
1:40 p.m. – 2:00 p.m.	Sprints
2:00 p.m.	Meet Starts

Emergency Phone: 203.239.5321

Official's contact: Paul Gontarski (203.281.1187)

Safety Chairman: Sheila Kresch (203.239.5546)
(subject to change)

Meet Manager: Susan Kulp (203.239.3368)
(subject to change)

Entry Chair: Rob Dietter
151 Mill Road
North Haven, CT 06473
cell (203.214.9904)

email entries to: pondsct@aol.com

Entry Deadline: Entries must be received no later than **Friday October 21, 2005**

Entry Format: Open to all 2005 Connecticut USA Swimming registered swimmers. Please include the USA registration number and age of each swimmer. Clearly identify any unattached swimmers. No time (NT) entries are discouraged. Relay only swimmers must be included on the entry form. All entries must be on official CSI entry form. Entries may also be on a disk using Hytek, LSA Swim Team program or other program in SDIF format but must be accompanied by a computer printout. Please send the original entry sheets. No photocopies please. Include on the entry the name, address and telephone number of the head coach and a club official responsible for the team's entry. All entries must be accompanied with payment.

Entry Limitations and Cut Protocol: An individual may enter four (4) individual events, excluding relays. The 4th event must be circled in red or otherwise identified in the event the meet is oversubscribed. If oversubscribed, the meet will be run in two sessions. Then relays will be cut first before swimmers are limited to three (3) individual events. Teams will be notified of any changes by **Friday October 28, 2005.**

Please Note: USA Swimming rules will govern this meet. Meet management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CSI Program Operations. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Entry Fee: \$3.00 per individual event; \$6.00 per relay

Please make checks payable to Hamden North Haven Swimming

Awards: Ribbons will be awarded for 1st through 6th place in each individual event. Relays will be awarded ribbons for 1st through 3rd place. Heat winner awards will be given.

Concessions: Concessions will be available.

Directions:

From I-91 (North): Take exit 12. At the end of the ramp turn left at the light on to Washington Avenue (Route 5). Follow Washington Avenue through several stoplights to the intersection of Broadway. (you'll see the North Haven Town Green ahead on the left, shopping center on your right). Take a right on Broadway and at your first light take a left on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

From I-91 (South): Take exit 11 at the top of the ramp take a right. Stay in the right hand lane and take a right at the light on to Washington Avenue (Route 5). Follow this to the next light which is the intersection of Broadway (you'll see the North Haven Town Green ahead on the left, shopping center on your right). Take a right on Broadway and at your first light take a left on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

From Rte. 15 Southbound (Wilbur Cross Parkway): Take exit 63. At the end of the ramp, go left on to Hartford Turnpike. At the first light go left on Route 22. At the second light, go right on State Street. Proceed to the stop sign and take a left on to Broadway. At the first light take a right on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

From Rte. 15 Northbound (Wilbur Cross Parkway): Take exit 63. At the end of the ramp go right on to Route 22. At the first light, go right on to State Street. Proceed to the stop sign and take a left on to Broadway. At the first light take a right on to Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

Order of Events

Girls		Boys
1	8 & Under 50 yard Backstroke	2
3	8 year old 25 yard Freestyle	4
5	7 year old 25 yard Freestyle	6
7	6 year old 25 yard Freestyle	8
9	8 year old 25 yard Butterfly	10
11	7 year old 25 yard Butterfly	12
13	6 year old 25 yard Butterfly	14
15	8 & Under 50 yard Freestyle	16
17	8 year old 25 yard Breaststroke	18
19	7 year old 25 Breaststroke	20
21	6 year old 25 Breaststroke	22
23	8 year old 25 Backstroke	24
25	7 year old 25 Backstroke	26
27	6 year old 25 Backstroke	28
29	8 & Under 100 Individual Medley	30
31	8 & Under 100 Yard Freestyle Relay	32