

***Age Group Qualifier  
January 7 & 8, 2006***

Sponsored by Hamden North Haven Swimming  
Held under sanction by USA Swimming and Connecticut Swimming, Inc.  
Sanction Number S05-30B

**Location:** North Haven Town Pool, Elm Street, North Haven, CT. 06473

**Facility:** 8 lane 25 yard pool with starting blocks at the deep end of the pool. Colorado Timing System. Fully Handicapped accessible; Ample Parking.

**Warm-up times:** This meet will be run in one session provided that it does not time out to go beyond four (4) hours.

**Saturday**

Morning Session – 12 & Unders

7:30 a.m. – 8:30a.m. Warm-up  
8:30 Meet Start

Afternoon Session – 13 & Overs

12:30 p.m. – 1:45 p.m. Warm-up  
1:45 p.m. Meet Starts

**Sunday**

Early Afternoon Session – 12 & Unders

12:30 p.m. – 1:30 p.m. Warm-up  
1:30 p.m. Meet Start

Late Afternoon Session – 13 & Overs

4:00 p.m. – 5:00 p.m. Warm-up  
5:00 p.m. Meet Starts

**Emergency Phone:** 203.239.5321

**Official's contact:** Paul Gontarski (203.281.1187)

**Safety Chairman:** Elaine Pucci (203.248.8270)

**Meet Manager:** Susan Kulp (203.239.3368)

**Entry Chair:** Rob Dietter  
151 Mill Road  
North Haven, CT 06473  
cell 203-214-9904

**Email entries to [pondset@aol.com](mailto:pondset@aol.com)**

**Entry Deadline:** Entries must be received no later than **Friday December 23, 2005**

**Entry Format:** Open to all 2006 Connecticut USA Swimming registered swimmers. Please include the USA registration number and age of each swimmer. Clearly identify any unattached swimmers. No time (NT) entries are discouraged. Relay only swimmers must be included on the entry form. All entries must be on official CSI entry form. Entries may also be on a disk using Hytek, LSA Swim Team program or other program in SDIF format but must be accompanied by a computer printout. Please send the original entry sheets. No photocopies please. Include on the entry the name, address and telephone number of the head coach and a club official responsible for the team's entry. All entries must be accompanied with payment.

**Entry Limitations and Cut Protocol:** An individual may enter four (4) individual events per day, excluding relays. The 4<sup>th</sup> event must be circled in red or otherwise identified in the event the meet is oversubscribed. If oversubscribed 7&U swimmers, then relays will be cut first before swimmers are limited to three (3) individual events. Teams will be notified of any changes by **Friday December 30, 2005**.

**Please Note:** USA Swimming rules will govern this meet. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet with approval from Program Operations. All coaches must present a valid USA Swimming coach card to the meet director prior to the commencement of any sanctioned swim meet, and have this card with them on deck.

**Entry Fee:** \$4.00 per individual event; \$6.00 per relay

**Please make checks payable to Hamden North Haven Swimming**

**Awards:** Ribbons will be awarded for 1<sup>st</sup> through 6<sup>th</sup> place in each individual event. Relays will be awarded ribbons for 1<sup>st</sup> through 3<sup>rd</sup> place.

**Directions:**

*From I-91 (North):* Take exit 12. At the end of the ramp turn left at the light on to Washington Avenue (Route 5). Follow Washington Avenue through several stoplights to the intersection of Broadway. (you'll see the North Haven Town Green ahead on the left, shopping center on your right). Take a right on Broadway and at your first light take a left on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

*From I-91 (South):* Take exit 11 at the top of the ramp take a right. Stay in the right hand lane and take a right at the light on to Washington Avenue (Route 5). Follow this to the next light which is the intersection of Broadway (you'll see the North Haven Town Green ahead on the left, shopping center on your right). Take a right on Broadway and at your first light

take a left on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

*From Rte. 15 Southbound (Wilbur Cross Parkway):* Take exit 63. At the end of the ramp, go left on to Hartford Turnpike. At the first light go left on Route 22. At the second light, go right on State Street. Proceed to the stop sign and take a left on to Broadway. At the first light take a right on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

*From Rte. 15 Northbound (Wilbur Cross Parkway):* Take exit 63. At the end of the ramp go right on to Route 22. At the first light, go right on to State Street. Proceed to the stop sign and take a left on to Broadway. At the first light take a right on to Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

### **Order of Events – Saturday Morning Session**

<b>Girls</b>		<b>Boys</b>
1	10 & Under 50yard Freestyle	2
3	11/12 50 yard Freestyle	4
5	10 & Under 200 yard Freestyle	6
7	11/12 200 yard Freestyle	8
9	10 & Under 100 yard Backstroke	10
11	11/12 100 yard Backstroke	12
13	10 & Under 50 yard Breaststroke	14
15	11/12 50 yard Breaststroke	16
17	10 & Under 100 yard Butterfly	18
19	11/12 100 yard Butterfly	20
21	10 & Under 100 yard IM	22
23	11/12 200 yard IM	24
25	10 & Under 200 yard Free Relay	26
27	11/12 200 yard Free Relay	28
29	11/12 200 yard Breaststroke	30

### **Order of Events – Saturday Afternoon Session**

<b>Girls</b>		<b>Boys</b>
31	13/14 50 yard Freestyle	32
33	15 & Over 50 yard Freestyle	34
35	13/14 200 yard Freestyle	36
37	15 & Over 200 yard Freestyle	38
39	13/14 200 yard Backstroke	40
41	Senior 200 yard Backstroke	42
43	13/14 100 yard Breaststroke	44
45	15 & Over 100 yard Breaststroke	46
47	13/14 100 yard Butterfly	48
49	15 & Over 100 Butterfly	50
51	13/14 400 yard IM	52
53	Senior 400 yard IM	54
55	13/14 200 yard Free Relay	56
57	15 & Over 200 yard Free Relay	58

### Order of Events – Sunday Early Afternoon Session

<b>Girls</b>		<b>Boys</b>
59	10 & Under 100 yard Freestyle	60
61	11/12 100 yard Freestyle	62
63	11/12 500 yard Freestyle	64
65	10 & Under 50 yard Backstroke	66
67	11/12 50 yard Backstroke	68
69	10 & Under 100 yard Breaststroke	70
71	11/12 100 yard Breaststroke	72
73	10 & Under 50 yard Butterfly	74
75	11/12 50 yard Butterfly	76
77	10 & Under 200 yard IM	78
79	11/12 100 yard IM	80
81	10 & Under 200 Medley Relay	82
83	11/12 200 yard Medley Relay	84
85	11/12 200 yard Backstroke	86
87	11/12 200 yard Butterfly	88
89	9/10 500 yard Freestyle	90

### Order of Events – Sunday Late Afternoon Session

<b>Girls</b>		<b>Boys</b>
91	13/14 100 yard Freestyle	92
93	15 & Over 100 yard Freestyle	94
95	13/14 500 yard Freestyle	96
97	15 & Over 500 yard Freestyle	98
99	13/14 100 yard Backstroke	100
101	15 & Over 100 yard Backstroke	102
103	13/14 200 yard Breaststroke	104
105	Senior 200 yard Breaststroke	106
107	13/14 200 yard Butterfly	108
109	Senior 200 yard Butterfly	110
111	13/14 200 yard IM	112
113	15 & Over 200 yard IM	114
114	13/14 200 yard Medley Relay	116
117	15 & Over 200 yard Medley Relay	118