

8 & UNDER USA SWIMMING MEET
Sunday October 30, 2005
Held at the Hopkins School, New Haven, CT.
Held under sanction of USA Swimming and Connecticut Swimming, Inc.

Sponsored By: Hopkins Mariner Swim Team

Sanction #: S05-02

Location: Hopkins School 986 Forest Road New Haven, CT. 06515

Facility: 6 lane – 25 yard pool; starting blocks at the deep end of the pool.

Date: Sunday, October 30, 2005

Warm-up times: This meet will be run in one session provided that it does not time out to go beyond three hours.

9:00 am - 9:20 am	Girls warm-up
9:20 am - 9:40 am	Boys warm-up
9:40 am - 9:50 am	Sprints
10:00 am	Starting time of first event

Emergency Phone #: (203) 397-1001 ext. 524

Officials' Contact: Karen Barber (203) 795-0107

Safety Chairman: Lisa Earley (203)389-1474

Meet Manager: Chuck Elrick

Entry Chair: Chuck Elrick

Hopkins School
986 Forest Road
New Haven, CT. 06515
(203) 397-1001 ext. 524

Entry Deadline: Entries from Connecticut teams must be received no later than Wednesday, October 19, 2005, and out of state team entries must be received no later than Thursday, October 20, 2005.

Entry Format: Open to all 2005 or 2006 USA Swimming registered swimmers. Please include the USA registration numbers and age of all swimmers. Identify unattached swimmers with red ink. Relay only swimmers must be included on the entry form. All entries must be on a disk using Hytek or LSA Swim Team. A printout of the entry must accompany the disk. Include on the entry the name, address, and telephone number of the head coach and a club official responsible for the team's entry. All entries must be accompanied with payment.

Entry Limitations and cut protocol: An individual may enter four (4) individual events, excluding relays. The 4th individual event must be circled in red in the event the meet is oversubscribed. If oversubscribed, the meet will be run in two sessions and the relays will be cut first before swimmers are limited to 3 individual events. Teams will be notified of any changes by Monday, October 24, 2005.

Please Note: USA Swimming rules will govern this meet. Meet Management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CSI Program Operations. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Cell Phones in Locker Rooms: The use of camera cell phones in the locker rooms will not be permitted. If you are found using this type of phone in the locker room it will be taken away for the duration of the meet.

Handicapped/Elderly Accessibility: The spectator area is accessible for both the handicapped and the elderly. Park in the lot adjacent to the pool and enter through the hallway outside the pool office. An elevator key will be necessary and can be picked up in the pool office.

Entry Fee: \$3.50 per individual event; \$6.00 per relay.

Please make checks payable to Hopkins.

Awards: Ribbons for 1st through 6th in individual events, and 1st through 3rd in relays. Heat winner awards will also be given out for each heat swum.

Directions: From Rte. 15 (Wilbur Cross Parkway, Exit 59, South, from Hartford): At the end of the exit ramp, turn right. Rte. 63 (Amity Road) and Rte. 69 (Litchfield Turnpike) merge to form Whalley Ave. Approximately $\frac{3}{4}$ of a mile from that intersection, turn right onto Rte. 122 (Dayton Street). After traveling one block, follow Rte. 122 through the traffic signal onto Forest Road. The Hopkins School driveway is on the right immediately after the next traffic signal.

From Rte. 34 or 15 (Wilbur Cross Parkway, Exit 57 North, from NYC): From Rte. 15, take Rte. 34 (Derby Turnpike) east for 2-1/2 miles, turn left onto Rte. 122 (Forest Road). Hopkins is on the left after approximately $\frac{1}{2}$ mile.

From I-91 or I-95 North (New London – Hartford): Exit onto the Oak Street Connector-Downtown Rte. 34 (which is Exit #1 on I-91 and Exit #47 on I-95). Proceed to the end of the connector and then exit straight ahead onto the parallel Frontage Road (Rte. 34). Continue on this road about a mile until you reach the Boulevard. Take a right and get into the far left lane. At the light take a left – all the while remaining on Rte. 34. Continue until you come to Rte. 122 (Forest Road). Take a right and Hopkins will be on the left after traveling about $\frac{1}{2}$ mile.

From Rte. 95 (North from NYC): Use Exit #43 (Rte. 122, Campbell Ave. West Haven). Turn left at the end of the ramp. Follow Rte. 122 for 2 miles across both Rte. 1 (Boston Post Road) and Rte. 34 (Derby Turnpike), at which point it becomes Forest Road. Hopkins is on the left about $\frac{1}{2}$ mile ahead.

ORDER OF EVENTS

<i>Girls</i>		<i>Boys</i>
1	8 & under 50 yard Breastroke	2
3	8 year old 25 yard Freestyle	4
5	7 year old 25 yard Freestyle	6
7	6 & under 25 yard Freestyle	8
9	8 year old 25 yard Butterfly	10
11	7 year old 25 yard Butterfly	12
13	6 & under 25 yard Butterfly	14
15	8 & under 50 yard Backstroke	16
17	8 year old 25 yard Breastroke	18
19	7 year old 25 yard Breastroke	20
21	6 & under 25 yard Breastroke	22
23	8 year old 25 yard Backstroke	24
25	7 year old 25 yard Backstroke	26
27	6 & under 25 yard Backstroke	28
29	8 & under 100 yard Freestyle	30
31	8 & under 100 yard Medley Relay	32