

**USA SWIMMING MEET
SENIOR 1650 FREE
10/12 DISTANCE
Friday, February 10, 2006**

**Hopkins School, New Haven, CT.
Sanctioned By Connecticut Swimming Inc. #S05-51**

Entry Chairman: Chuck Elrick
Hopkins School
986 Forest Road
New Haven, CT 0515
(203) 397-1001 ext. 524 (work)
(860) 6699-7270 (home)
celrick@hopkins.edu

Meet Manager: Chuck Elrick (203) 397-1001 ext. 524

Safety Chairperson: Lisa Earley (203) 389-1474

Referee: Karen Barber (203) 795-0107 karen_jubanyik@yahoo.com

Pool: 6 lane, 25 yard pool with electronic timing.

Emergency Phone Number: (203) 397-1001 ext. 524

Warm-Ups: The warm-up will *not* be separated by gender. Teams will be assigned specific lanes upon arrival.

4:30 pm warm-up 5:15 start

Handicapped/Elderly Accessibility: The spectator area is accessible for both the handicapped and the elderly. Park in the lot adjacent to the pool and enter through the hallway outside the pool office. An elevator key will be necessary and can be picked up in the pool office.

Events: The 1650 free will be swum fastest to slowest (**note that the boys event does not follow the girls event**). The 500 yard free will be swum slowest to fastest, girls first then boys. All 10/12 events will be restricted to swimmers that have either reached the age of 11 or 12 by February 11, 2006 and to those 10 year olds who will reach the age of 11 between February 11, 2006 to March 9, 2006 (the CSI Age Group Championship meet).

Entry Format: Open to all 2006 Connecticut USA Swimming registered swimmers. Please include the USA registration numbers and age of all swimmers. Identify unattached swimmers with red ink. No time (NT) entries are discouraged. You are encouraged to send all entries on a computer disk using Hy-Tek or LSA Swim Team programs but a computer printout must accompany the entry. Include on the entry the name, address, and telephone number of the head coach and a club official responsible for the team's entry. All entries must be accompanied with payment.

Eligibility: Only 2006 USA Swimming registered swimmers are eligible and must be registered prior to the date of the meet. This meet is closed to any swimmers not registered with CT. Swimmer Inc.

TIMERS: All swimmers must supply their own timer and lap counter.

USA Swimming rules will govern the meet. Coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with approval from Program Operations. **Cell Phones in Locker Rooms:** The use of camera cell phones in the locker rooms will not be permitted. If you are found using this type of phone in the locker room it will be taken away for the duration of the meet.

Entry Fee: \$4.00 for all events except the 1650yd free. \$5.00 per 1650yd. free event. Please make checks out to **Hopkins**.

Entry Deadline: Entries must be received by Wednesday, February 1, 2006.

Awards: None

Directions:*From Rte. 15 (Wilbur Cross Parkway, Exit 59, South, from Hartford):* At the end of the exit ramp, turn right. Rte. 63 (Amity Road) and Rte. 69 (Litchfield Turnpike) merge to form Whalley Ave. Approximately $\frac{3}{4}$ of a mile from that intersection, turn right onto Rte. 122 (Dayton Street). After traveling one block, follow Rte. 122 through the traffic signal onto Forest Road. The Hopkins School driveway is on the right immediately after the next traffic signal.

From Rte. 34 or 15 (Wilbur Cross Parkway, Exit 57 North, from NYC): From Rte. 15, take Rte. 34 (Derby Turnpike) east for 2-1/2 miles, turn left onto Rte. 122 (Forest Road). Hopkins is on the left after approximately $\frac{1}{2}$ mile.

From I-91 or I-95 North (New London – Hartford): Exit onto the Oak Street Connector-Downtown Rte. 34 (which is Exit #1 on I-91 and Exit #47 on I-95). Proceed to the end of the connector and then exit straight ahead onto the parallel Frontage Road (Rte. 34). Continue on this road about a mile until you reach the Boulevard. Take a right and get into the far left lane. At the light take a left – all the while remaining on Rte. 34. Continue until you come to Rte. 122 (Forest Road). Take a right and Hopkins will be on the left after traveling about $\frac{1}{2}$ mile.

From Rte. 95 (North from NYC): Use Exit #43 (Rte. 122, Campbell Ave. West Haven). Turn left at the end of the ramp. Follow Rte. 122 for 2 miles across both Rte. 1 (Boston Post Road) and Rte. 34 (Derby Turnpike), at which point it becomes Forest Road. Hopkins is on the left about $\frac{1}{2}$ mile ahead.

ORDER OF EVENTS

Girls		Boys
1	Senior 500Y free	2
3	*10/12 200Y back	4
5	Senior 1650Y free	
6	*10/12 200Y breast	7
	Senior 1650Y free	8
9	*10/12 200Y butterfly	10
11	Senior 400 IM	12

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