

# Jack Frost Luau Invitational

Held under the sanction of Connecticut Swimming, Inc and USA Swimming, Inc

SANCTION #S05-36A

**Sponsored by the Cheshire Water Devils YMCA Swim Team**

Saturday & Sunday, January 14 & 15, 2006

**Location:** Cheshire Community Pool 520 South Main Street (Rt.10)  
Bartlem Park, Cheshire CT 06410

**Meet Manager:** Judy Senft  
203-250-0043  
[senft5@sbcglobal.net](mailto:senft5@sbcglobal.net)

**Entry Chair:** Pat DeVito  
220 Forest Ridge Rd  
Waterbury, CT 06708  
(203) 757-9527  
[patdevito@snet.net](mailto:patdevito@snet.net)

**Emergency Pool #** 203-271-3208

**Referee:** Chris Patrell  
203-250-7858  
[cpatrell1@cox.net](mailto:cpatrell1@cox.net)

**Safety Chair:** Michelle Rock

**Facility:** 10 lanes, 25 yard pool. The sponsor reserves the right to adjust to 8 lanes if deemed warranted by the projected time line. The timing system will be Daktronics System with touch pads. There is ample deck space for swimmers and limited spectator seating. Swimmers may bring deck chairs.

**Handicapped access:** Handicapped parking and access to the pool is available as well as male and female handicapped restrooms. Marshals will be located on the pool deck for assistance. In order that we are better prepared to assist individuals with special needs, please feel free to contact the Meet Manager prior to the meet.

**Schedule:** Saturday AM 12/Under Girls & Boys  
Warm-up: 7:45am / Start: 9:15am

Saturday PM 13/Over Girls & Boys  
Warm-up: 1:30pm / Start: 2:45pm

Sunday AM 12/Under Girls & Boys  
Warm-up: 7:45am / Start: 9:15am

Sunday PM 13/Over Girls & Boys  
Warm-up: 1:30pm / Start: 2:45pm

**Eligibility:** Swimmers and coaches must be 2006 registered members of USA Swimming. Age Groups will be determined by age as of January, 14<sup>th</sup> 2006. All coaches must present a valid USA Swimming Coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**Entries:** Open to all 2006 Connecticut USA Swimming registered swimmers. Swimmers may compete in up to 4 events per day. Submit swimmers' best short course times for seeding. **NT times are strongly discouraged.** Please include USA registration numbers and age of all swimmers. Identify unattached swimmers with red ink. Entries must be sent in on standard Connecticut Swimming entry sheets or a computer generated facsimile. Clubs which use the Hytek, LSA Swim Team Program, or SDIF compatible software may send entry information on a 3.5" diskette but must include a printout of the entry as well. Unattached swimmers must be clearly identified. Hand entries will be assessed a surcharge of \$1.00/swimmer. Entries may be emailed to [patdevito@snet.net](mailto:patdevito@snet.net), but will not be considered accepted until hard-copy and payment is received. Include on the entry the name, address, the telephone number of the head coach and a club official responsible for the team entry.

**Entry Fees:** \$4.00/individual event \$8.00/relay Checks to be made payable to "STPA"

**Deadline:** CT team entries must be received by 9:00pm Wednesday, January 4, 2006 and will be entered on a first come first serve basis. *Sessions will be limited to approximately 225 swimmers per session based on facility constraints.* Out of state team entries must be received by Monday, January 2, 2006. In case of over-subscription, out-of-state teams will be cut first and CT teams will be notified of any cuts by (date of receipt) or rescheduling by 01/09/06.

The sponsor reserves the right to make any further adjustments based on time or other factors to ensure a smooth and successful meet, with approval from Program Operations.

**Time Trials:** Time trials will be made available at the discretion of the referee and time constraints. Events will be determined at each session.

**Awards:** Ribbons will be awarded 1st-10th place for 12/under events only.

**Timers/Officials:** Swim teams will be required to supply timers based on their entry for each session. When submitting your entry please supply names of parents willing to officiate or have them contact the Referee.

**Scratches:** Scratch sheets will be provided in coaches packets. These sheets must be handed in 30 minutes before the session begins with scratched swimmers clearly identified.

**Warm-up Procedures:** The meet manager reserves the right to assign warm-up lanes by team rather than by age or sex if the size of the entry and considerations of safety so require, with approval of CSI. Details and lane assignments will be provided in the coaches packets.

**Refreshments:** Hospitality will be available to officials and coaches prior to and throughout the sessions. Concessions will provide food for purchase throughout each session.

**Parking:** Parking is available in 3 areas, at the pool, adjacent to the big field and across Rt. 10 at the High School.

**Directions:** *From the South:* 91 North to Exit 10 (Rte 40 ext). Follow to the end heading north take a right onto Rte 10. Follow Rte 10 North into Cheshire. Pool is on the right across from the High School.

*From the North:* 91 South to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading south on Rte 10. Follow Rte 10 South through Cheshire. Pool is on the left across from the High School.

From 84 West to 691 East take the Cheshire exit, right at the end of ramp onto Rte 10 South. Follow as above.

Check our website [www.cdev.org](http://www.cdev.org) for information and updates as they occur.

Teams are encouraged to “dress the theme”.

**Saturday, January 14<sup>th</sup>**

AM Session

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	10 & Under 200 Freestyle	2
3	11-12 200 Freestyle	4
5	10 & Under 100 Butterfly	6
7	11-12 100 Butterfly	8
9	12 & Under 200 Breaststroke	10
11	10 & Under 100 IM	12
13	11-12 200 IM	14
15	10 & Under 50 Breaststroke	16
17	11-12 50 Breaststroke	18
19	10 & Under 100 Backstroke	20
21	11-12 100 Backstroke	22
23	10 & Under 50 Freestyle	24
25	11-12 50 Freestyle	26
27	10 & Under 200 Free Relay	28
29	11/12 200 Free Relay	30

PM Session

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
31	13/14 200 Freestyle	32
33	15 & Over 200 Freestyle	34
35	13/14 100 Breaststroke	36
37	15 & Over 100 Breaststroke	38
39	13/14 400 IM	40
41	Senior 400 IM	42
43	13/14 200 Backstroke	44
45	Senior 200 Backstroke	46
47	13/14 100 Butterfly	48
49	15 & Over 100 Butterfly	50
51	13/14 50 Freestyle	52
53	15 & Over 50 Freestyle	54
55	13/14 200 Free Relay	56
57	15/Over 200 Free Relay	58

**Sunday, January 15<sup>th</sup>**

AM Session

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
59	10 & Under 50 Butterfly	60
61	11-12 50 Butterfly	62
63	10 & Under 100 Freestyle	64
65	11-12 100 Freestyle	66
67	10 & Under 200 IM	68
69	11-12 100 IM	70
71	12 & Under 500 Freestyle	72
73	12 & Under 200 Backstroke	74
75	10 & Under 100 Breaststroke	76
77	11-12 100 Breaststroke	78
79	12 & Under 200 Butterfly	80
81	10 & Under 50 Backstroke	82
83	11-12 50 Backstroke	84
85	10 & Under 200 Medley Relay	86
87	11/12 200 Medley Relay	88

PM Session

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
89	13/14 100 Backstroke	90
91	15 & Over 100 Backstroke	92
93	13/14 200 Butterfly	94
95	Senior 200 Butterfly	96
97	13/14 200 IM	98
99	15 & Over 200 IM	100
101	13/14 500 Freestyle	102
103	15 & Over 500 Freestyle	104
105	13/14 200 Breaststroke	106
107	Senior 200 Breaststroke	108
109	13/14 100 Freestyle	110
111	15 & Over 100 Freestyle	112
113	13/14 200 Medley Relay	114
115	15/Over 200 Medley Relay	116