

**CAC FALL CLASSIC**  
**Short Course Age Group Qualifier Meet**  
**November 19-20, 2005**  
**Sponsor: Connecticut Aquatic Club (CAC)**

Held under the sanction of USA Swimming and Connecticut Swimming, Inc.  
**Sanction #SO5-12B**

**LOCATION:** The Hotchkiss School, Lakeville Connecticut. The pool is a 10-lane, 25 yard competition pool with a diving well/continuous warmup area. Ample seating for spectators and handicapped access. Electronic timing with 10-lane display will be used.

**TIME:**

**Morning Sessions:** 7:45 a.m. warm-up  
9:00 a.m. start

**Afternoon Sessions:** 1:15 p.m. warm-up  
2:30 start

**MEET REFEREE:** Mary Mackinnon, 860-673-5817, memackinnon@comcast.net.

- 2005 USA Swimming Rules will govern this meet.
- The meet referee reserves the right to make adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet.

**MEET MANAGER:** Christopher Hug, Christopher\_j\_hug@sbcglobal.net.

- Connecticut Swimming warm-up procedures will be used.
- The Meet Manager reserves the right to assign general warm-up by team rather than by age or sex, if the size of the entry and consideration of safety so require.
- The Meet Manager also reserves the right to cancel relays, heat limit events and/or adjust the start times, subject to the approval of CSI Program Operations. The Meet Manager also reserves the right, in the event of over subscription, not to limit the host team swimmers by age or from any event, which might have an impact on parent support for the smooth running of the meet.
- Video and photo phones may *not* be used during this event.

- All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**SAFETY CHAIR:** Cindy Martin.

**EMERGENCY NUMBER:**

860-918-3285 – Facility monitor

203-435-2591– Pool Office

**HANDICAP ACCESS:** Handicapped parking available. Disabled access is through front entrance only. If special assistance is required by athletes, coaches or spectators, please contact the meet director.

**ELIGIBILITY:**

- Swimmers must be 2005 or 2006 USA Swimming registered.
- Age as of the first day of the meet will govern.

**ENTRIES:**

- The meet is open to all CSI teams as well as to any out-of-state teams.
- CT Swimming and out-of-state teams will be accepted based on date/time the entries and check are received.
- If the entries are sent via overnight mail, please waive the “signature required.”
- Entries are to be submitted in short course yard times. To help establish time lines, **please avoid the use of NT's by estimating times** for any swimmer without an official entry time.
- Swimmers are limited to four (4) individual events per day plus relays. **The “fourth” event should be clearly indicated.**
- In the event of oversubscription, reductions shall be made in the following order:
  - Out of State Teams;
  - 7 & Under swimmers; then
  - Relays will be eliminated;
  - Swimmers will be limited to 3 events per day; then

- Teams will be cut based upon date of receipt of entry.
- **Unattached** swimmers must be clearly indicated in **red** alongside the swimmer's name.
- All teams are encouraged to send their entry on disk using the LSA Swim Meet/Swim Team program or Hytek (or other program) in USA Standard Data Interchange Format (SDIF).
- A disk must accompany all computer-generated entries. (Meet entry chair will consider an emailed zipped entry file the equivalent of a disk, and an emailed pdf file the equivalent of a paper entry.)
- Information contained on the original computer generated paper copy will be considered the official document of entry and supersedes any information contained on electronic disk with respect to resolution of errors/discrepancies. Upon request, meet results will be provided to any team submitting its entries on disk.
- Entry Chair persons are required to put a contact E-Mail address with the entry as well as a phone number.

#### **DISTANCE EVENTS:**

All 500 freestyle events and 400 IMs will be run fastest to slowest.

#### **FEES:**

- Splash fee: **\$4.00** per individual event.
- **\$8** per relay.
- Teams with 5 or more swimmers will be assessed \$1 per swimmer if the entry is submitted on paper, without a disk.

#### **ENTRY DEADLINE:**

- **All entries must be received by 6:00 pm November 8, 2005. Connecticut entries will be given priority.** Make checks payable to: **CAC.** Mail check with entry forms/disk to:

Steven Miller  
42 Farmbrook Drive  
Tolland, CT 06084  
860-871-5786  
hokieboy83@aol.com

- If the entries are sent via overnight mail, **please waive the “signature required.”**

**CONCESSIONS:** Food and drink will be available for sale.

**AWARDS:**

- Ribbons for 1<sup>st</sup> through 10<sup>th</sup> in individual events and 1<sup>st</sup> through 3<sup>rd</sup> in relays.
- Awards will not be mailed or saved - they must be picked up by the end of the meet.

**WORK ASSIGNMENTS:**

- Teams will be required to supply timers in proportion to the size of their entry. **Please note that timers are required for the whole session, except for the 500 frees, 400IMs, 11-12 200 breast and 11-12 200 fly. For these events swimmers must supply their own timer.**
- Qualified officials interested in working at the meet are encouraged to contact Mary Mackinnon, 860-673-5817, memackinnon@comcast.net or indicate their interest by attachments to the meet entry form.
- The timing assignments will be adjusted for clubs who provide officials, if the names of the officials are known by November 8, 2005. Clubs will be notified of their work/timing assignments by November 16, 2005 by phone, email or mail.

**SCRATCHES:** Coaches will receive scratch sheets in the information packets. **Scratch sheets must be returned within 30 minutes after the start of warm-ups** or as indicated in the coach's packet.

**DIRECTIONS:**

**Address:** 11 Interlaken Rd., Lakeville, CT. 06039

**From Boston:** Take Mass. Pike to Exit 2 (Lee-Stockbridge). Pick up Route 102 into Stockbridge where it becomes Route 7. Follow Route 7 south to Canaan, then Route 44 west to Lakeville. Go left onto Route 41, bear to the right at the church and follow approximately two miles to the four corner intersection. The gym, rink and fields are on the left immediately before the intersection, go right onto Route 112. The school's main entrance is on the right. The football field and track are located at the bottom of the hill on the left.

**From north of Hartford:** Take Route 20 west to Route 219. Left on Route 219 and then bear right on Route 318. Continue to Route 44 and turn west toward Winsted. Continue

on Route 44 through Canaan west to Lakeville. Go left onto Route 41, bear to the right at the church and follow approximately two miles to the four corner intersection. The gym, rink and fields are on the left immediately before the intersection, go right onto Route 112. The school's main entrance is on the right. The football field and track are located at the bottom of the hill on the left.

***From New York City:*** Saw Mill River Parkway to I-684 north. Continue heading north when Route 22 joins I-684 in Brewster. Continue north on Route 22 to Millerton. At the first stop light, turn east on Route 44. Proceed approximately 4 miles and turn right on Route 112. The school's main entrance is located at the top of the hill on the left immediately before the intersection of Route 112 and Route 41. At the intersection, take a left. The gym, rink and athletic fields can be reached by taking the second or third driveway on the right.

***From New Haven:*** Route 8 to Torrington where you take Route 4 west to Goshen. At the circle, take Route 63. About 12 miles later, take a left on Route 126 and follow to Route 7. Take Route 7 south to Route 112. Right on Route 112 to Lakeville. School is on the right. ***From Hartford:*** I-84 west to Farmington. Exit 39 and pick up Route 4 west through Torrington to Goshen traffic circle. Proceed as above.

## **LODGING/ACCOMODATIONS:**

### ***White Hart Inn***

15 Under Mountain Rd  
Salisbury, CT 06068-1826  
(860) 435-0030

### ***Iron Masters Motor Inn***

229 Main St  
Lakeville, CT 06039-1101  
(860) 435-9844

### ***Barbara Ardizones B & B***

62 Main St  
Salisbury, CT 06068-1805  
860 435-3057

### ***Wake Robin Inn***

106 Sharon Rd  
Lakeville, CT 06039  
(860) 435-2000

### ***Interlaken Inn***

74 Interlaken Rd  
Lakeville, CT 06039  
(860) 435-9878

More results available at:

[http://national.citysearch.com/yellowpages/results/326\\_Main\\_St\\_Salisbury\\_CT/page1.html?miles=5&topic\\_id=1196&context=hotels\\_visitors&start=1&sorted=dist&radius\\_forced=10](http://national.citysearch.com/yellowpages/results/326_Main_St_Salisbury_CT/page1.html?miles=5&topic_id=1196&context=hotels_visitors&start=1&sorted=dist&radius_forced=10)

	<b>SATURDAY MORNING</b>	
	<i>10&amp;U and 13-14</i>	
<b>Girls</b>	Warmup: 7:45; Start: 9:00	<b>Boys</b>
1	10/U 100 Back	2
3	13/14 200 Back	4
5	10/U 200 Free	6
7	13/14 200 Free	8
9	10/U 50 Breast	10
11	13/14 100 Breast	12
13	10/U 100 Fly	14
15	13/14 100 Fly	16
17	10/U 50 Free	18
19	13/14 50 Free	20
21	10/U 100 IM	22
23	13/14 200 Free Relay	24
25	10/U 200 Free Relay	26
27	13/14 400 IM	28
	<b>SATURDAY AFTERNOON</b>	
	<i>11-12 and 15/O (Senior)</i>	
<b>Girls</b>	Warmup: 1:15; Start: 2:30	<b>Boys</b>
29	11/12 100 Back	30
31	Senior 200 Back	32
33	11/12 200 IM	34
35	15/O 200 Free	36
37	11/12 200 Free	38
39	15/O 100 Breast	40
41	11/12 50 Breast	42
43	15/O 100 Fly	44
45	11/12 100 Fly	46
47	15/O 50 Free	48
49	11/12 50 Free	50
51	15/O 200 Free Relay	52
53	11/12 200 Free Relay	54
	10 Minute Break	
55	11/12 200 Breast	56
57	Senior 400 IM	58

	<b>SUNDAY MORNING</b>	
	<i>10/U and 13-14</i>	
<b>Girls</b>	Warmup: 7:45; Start: 9:00	<b>Boys</b>
59	10/U 100 Breast	60
61	13/14 200 Breast	62
63	10/U 50 Fly	64
65	13/14 200 Fly	66
67	10/U 100 Free	68
69	13/14 100 Free	70
71	10/U 50 Back	72
73	13/14 100 Back	74
75	10/U 200 IM	76
77	13/14 200 IM	78
79	10/U 200 Medley Relay	80
81	13/14 200 Medley Relay	82
83	10/U 500 Free	84
85	13/14 500 Free	86
	<b>SUNDAY AFTERNOON</b>	
	<i>11-12 and 15/O (Senior)</i>	
87	11/12 100 Breast	88
89	Senior 200 Breast	90
91	11/12 50 Fly	92
93	Senior 200 Fly	94
95	11/12 100 Free	96
97	15/O 100 Free	98
99	11/12 50 Back	100
101	15/O 100 Back	102
103	11/12 100 IM	104
105	15/O 200 IM	106
107	11/12 200 Back	108
109	15/O 200 Medley Relay	110
111	11/12 200 Medley Relay	112
113	11/12 200 Fly	114
115	15/O 500 Free	116
117	11/12 500 Free	118