

FROSTBITE FRENZY
Short Course Qualifier Meet
December 10-11, 2005
CAMEL Swim Club (CAML)
<http://camelswimclub.com>

Held under the sanction of USA Swimming and Connecticut Swimming, Inc.
Sanction #S05-20A

Lott Natatorium Connecticut College
270 Mohegan Avenue
New London, CT 06320-4196
Pool Emergency Number (860) 430-2507

Contacts	Meet Director Herb Taylor 74 High Meadow Lane Mystic, CT 06355 860 572-1750 fax/860 536-0923 email: meetdir@camelswimclub.com	Entry Chair Richard Pendleton 8 Laurel Crest Drive Waterford, CT 06385 860 625-6637 email: entries@camelswimclub.com
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Additional Contacts Scott Black / Meet Referee / swinblack@snet.net
Cathy Quattromani / Head Coach / cathy@camelswimclub.com

Times (Sat & Sun) 10 & Under / 13-14 : 7:30 AM warm-up; 8:30 AM start
11-12 / 15 & Over : 1:00 PM warm-up; 2:00 PM start

ENTRY DEADLINE Entries must be received by 6:00PM on December 1, 2005.

Connecticut Swimming teams whose entries are received by 6:00PM on November 10, 2005 will be entered in the meet first, based on date and time of receipt on a space-available basis. After that date, all teams will be entered in order of date and time of receipt on a space-available basis, regardless of LSC. No changes may be made after the entry is received. Any entry received after the above dates will be returned. Be aware the meet may close prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but not later than December 3, 2005. Formal team entry date is determined by the date of entry hard copy and entry fee receipt by host team.

Entry Format: Seed times should be submitted where possible in SCY. Swimmers with SCY times will be seeded first, followed by LCM and SCM. Teams are encouraged to submit their entries via email. Entries in the Hy-Tek or USA Standard Data Interchange (SDI) formats will be accepted. Please ".zip" your entry and attach it to an Email note to Richard Pendleton / entries@camelswimclub.com. **Electronic entries will not be considered final until we receive your entry fee by mail prior to the start of the meet.**

Meet entries may be submitted on the official entry form or a computer generated facsimile. An original paper copy of the entry must accompany all entries on disk. You may also submit your entry on a Windows format disk.

Mail your entry to the Entry Chairman at the above address. If you send your entry by express mail *please sign the waiver so that the package will be delivered even if no one is there to sign for it.* Please send your original entry, not a photocopy. The phone number (and where possible, a fax number and/or E-mail address) of a club official must be included on the form as well as a

club mailing address. Teams submitting their entries on diskettes may receive a copy of the results on diskette for their records. Do not submit entry cards with your team entry.

Entry Fee: The splash fee is \$3.50 per individual event; \$7.00 per relay event. Please make checks payable to Camel Swim Club

Manual entry fee: for teams submitting paper entries without disk or email entry files, a \$1.00 charge will be added to each swimmer over 5, with a maximum fee of \$50 per team.

Entry Limitations: All participants must be 2005-2006 USA Swimming registered. **Out of state teams must submit a roster of swimmers signed by the LSC registration chairman or other acceptable proof that each swimmer is USA registered.** Swimmers may swim a maximum of four (4) events. The 4th event must be marked in the event of oversubscription.

In the event of an oversubscription, the meet director may cut events in the following order: 1) entries for 7 & under swimmers, 2) relays or 3) 4th events.

Scratch Sheets: Scratch sheets must be completed and returned to the computer operators within 30minutes from the beginning of warm-ups.

Awards: Ribbons for 1st through 8th in individual events and 1st through 3rd in relays. Awards will not be mailed or saved; they must be picked up by the end of the meet.

Refreshments: Available on the Observation Deck. No food or drink will be allowed on the pool deck.

Credentials: All coaches must present a valid USA Swimming Coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Parking Advisory: Parking must be in marked spaces only.

Work Assignments: All teams will be required to provide timers in proportion to the size of their team entry. Timers are expected to remain on deck until the completion of each session.

Qualified Officials interested in working at the meet are encouraged to contact Scott Black at telephone 860 572-8306 or email swinblack@snet.net; or indicate their interest by attachments to the Meet Entry Form.

Facility: This is a fast, eight lane pool with a Daktronics timing system. The pool is handicap accessible. For specific special needs please contact the meet director. Ample parking is available in the lot in front of the Natatorium, to the side of the ice rink and in the back.

Directions: From Hartford and points north: (MA, VT): Take I-84 East to Route 2 East to the end onto I-395 South (Exit 28S). Proceed approximately eight miles to Exit 78. Left exit on to Route 32 South.

Continue on Route 32 South about one mile. After you pass under the pedestrian bridge, turn left at the light into the Charles B. Luce Field House / Dayton Arena Natatorium parking area.

From New York and points south: Take I-95 North to Exit 83. Make a left at the light at the end of the exit. Go to the next light and turn right past the entrance to the US Coast Guard Academy on to Rt 32 North. Turn right at the third light. You will see a sign for the Charles B. Luce Field House / Dayton Arena Natatorium Parking area.

ORDER OF EVENTS – SATURDAY DECEMBER 10, 2005

AM SESSION

GIRLS	EVENT	BOYS
1	10/U 100 FREE	2
3	13/14 100 FREE	4
5	10/U 100 BREAST	6
7	13/14 200 BREAST	8
9	10/U 50 FLY	10
11	13/14 200 FLY	12
13	10/U 50 BACK	14
15	13/14 100 BACK	16
17	10/U 200 IM	18
19	13/14 200 IM	20
21	13/14 500 FREE	22
23	10/U 200 MEADLY RELAY	24
25	13/14 200 MEADLY RELAY	26
27	10/U 500 FREE	28

PM SESSION

GIRLS	EVENT	BOYS
29	11/12 100 FREE	30
31	15/O 100 FREE	32
33	11/12 200 BACK	34
35	11/12 500 FREE	36
37	15/O 500 FREE	38
39	11/12 100 BREAST	40
41	SENIOR 200 BREAST	42
43	11/12 50 FLY	44
45	SENIOR 200 FLY	46
47	11/12 50 BACK	48
49	15/O 100 BACK	50
51	11/12 100 IM	52
53	15/O 200 IM	54
55	11/12 200 MEDLEY RELAY	56
57	15/O 200 MEDLEY RELAY	58

ORDER OF EVENTS – SUNDAY DECEMBER 11, 2005

AM SESSION

GIRLS	EVENT	BOYS
59	10/U 50 FREE	60
61	13/14 50 FREE	62
63	10/U 200 FREE	64
65	13/14 200 FREE	66
67	10/U 100 BACK	68
69	13/14 200 BACK	70
71	10 /U 50 BREAST	72
73	13/14 100 BREAST	74
75	10/U 100 FLY	76
77	13/14 100 FLY	78
79	10/U 100 IM	80
81	13/14 400IM	82
83	10/U 200 FREE RELAY	84
85	13/14 200 FREE RELAY	86

PM SESSION

GIRLS	EVENT	BOYS
87	11/12 50 FREE	88
89	15/O 50 FREE	90
91	11/12 200 BREAST	92
93	11/12 200 FREE	94
95	15/O 200 FREE	96
97	11/12 100 BACK	98
99	SENIOR 200 BACK	100
101	11/12 50 BREAST	102
103	15/O 100 BREAST	104
105	11/12 100 FLY	106
107	15/O 100 FLY	108
109	11/12 200 IM	110
111	SENIOR 400 IM	112
113	11/12 200 FREE RELAY	114
115	15/O 200 FREE RELAY	116