

The Big Chill
Stratford YMCA (STRY) Sea Dogs
10/Under Benefit Meet
Sanctioned by Connecticut Swimming, Inc # S04-23

Please join us in the collection of food to help stock the YMCA South End Community Center's soup kitchen. We are encouraging swimmers to donate non-perishable food items. The team bringing the most non-perishable food items will receive a prize!

To celebrate the season of giving, all participating swimmers will receive a gift courtesy of the STRY Sea Dogs!

Name of Meet	The Big Chill
Meet Classification	10/Under
Awards	Ribbons for 1st through 6th place for individual and 1st through 3rd place for relays. Heat winner awards will also be given.
Date/Time of Meet	Sunday, December 19, 2004 – 9:00 a.m. warm up; 10:00 a.m. start
Sanction No.	S04-23
Sponsor	Stratford YMCA (STRY) Sea Dogs
Location	Flood Middle School Pool, 490 Chapel Street, Stratford
Pool Description	6 lane, 25 yard pool. Ample seating in stands. Stands are handicap accessible through main entrance.
Pool Emergency Number	203-385-4285
Meet Manager	Laura Grindall, 203-345-7987
Meet Official	Kim Adler, sadler99@aol.com
Safety Chairman	Jim Grindall
Entry Chairman	Joanne Lindberg, 145 Glenwood Avenue, Stratford, CT 06614, jojolind@aol.com , 203-375-4115
Entry Deadline	Friday, December 3rd. No deck entries will be accepted.
Entry Format	Open to all 2004-2005 USA registered swimmers, Please include USA registration numbers and age of all swimmers Identify unattached swimmers in red. All entries must be on disk using LSA or Hytek file formats. A printed copy must accompany disk entries. Include on the entry the name, address, telephone number, and email address of the head coach and of a club official responsible for the team's entry. “No Time” entries are discouraged. Please estimate the swimmer's time in events they have not swum previously in competition to assure fairer seeding. Swimmers may enter four (4) individual events and a relay. Relays will be cut first if meet is oversubscribed.
Entry Fee	\$3.00 per event/\$6.00 per relay. For teams submitting paper entries without disk, a \$3.00 charge will be added for each swimmer. Checks payable to STRY Swim Team.

Coaches/Officials	Hospitality suite will be provided. Coaches must present current USA swimming coaches cards. Please submit names of any officials/officials-in-training willing to work this meet to Kim Adler -- sadler99@aol.com.
Refreshments	Concession stand will be provided for swimmers and spectators.

Directions:

Ample parking is available at the school.

The Connecticut Turnpike 1-95 (from New York)

Take exit #32 (West Broad Street). At the end of ramp continue straight through stop light onto West Broad Street. Continue to intersection of (Main Street & West Broad Street). Take a left onto Main Street. Continue on Main Street approximately 3 miles (through 6 lights). Take a left on Cutspring Road (there will be the Cutspring Deli on your right prior to this). Take a right at second stop sign onto Chapel Street. Continue to the top of the hill Flood will be your first school on your left.

The Connecticut Turnpike 1-95 (from New Haven)

Take exit #32 (West Broad Street). At end of ramp take a left. At first light take a left (West Broad Street). Continue straight to light at intersection of Main Street and West Broad. Take a left onto Main Street. Continue on Main Street approximately 3 miles - through 6 lights. Take a left on Cutspring Road (there will be the Cutspring Deli on your right prior to this). Take a right at second stop sign onto Chapel Street. Continue to the top of the hill Flood will be your first school on your left.

The Merritt Parkway (from New York)

Take exit 53. At the end of the ramp, take a right on to Main Street. Take immediate right onto Main Street Putney. Take third right onto Chapel Street. Follow Chapel Street to the stop sign and continue straight on Chapel Street. Pass Chapel Street Elementary School on right. Next school on right is Flood M.S.

The Merritt Parkway (from New Haven)

Take exit 53 (Main Street -- Sikorsky on right). At end of ramp take a left onto Main Street. Go thru one light at Ryders Landing. Bear right onto Main Street Putney. Take the third right onto Chapel Street (church signs at this intersection). Go up hill to stop sign and bear left. Pass Chapel Street School on right. Next School on right is Flood Middle School.

Order of Events

Girls	Age	Event	Boys
1	9/10	100 yd. Free Relay	2
3	8/U	100 yd. Free Relay	4
5	10	50 yd. Free	6
7	9	50 yd. Free	8
9	8	25 yd. Free	10
11	7	25 yd. Free	12
13	6	25 yd. Free	14
15	10	50 yd. Breast	16
17	9	50 yd. Breast	18
19	8	25 yd. Breast	20
21	7	25 yd. Breast	22
23	6	25 yd. Breast	24
25	10	50 yd. Butterfly	26
27	9	50 yd. Butterfly	28
29	8	25 yd. Butterfly	30
31	7	25 yd. Butterfly	32
33	6	25 yd. Butterfly	34
35	10	50 yd. Back	36
37	9	50 yd. Back	38

39	8	25 yd. Back	40
41	7	25 yd. Back	42
43	6	25 yd. Back	44
45	9/10	100 yd. Medley Relay	46
47	8/U	100 yd. Medley Relay	48