

## New Canaan YMCA Aquatic Club

### Distance 11/14/03

Name of Meet:	Distance
Meet Classification:	Open
Entry Fee:	\$6.00 for all events including relays. Manual entry fee: Any team entering more than 5 swimmers without electronic entry (disk or email) must add \$3.00 per swimmer.
Entry Limitations:	2 individual events, excluding relays.
Cut Protocol:	Meet will be run in one session. Events will be limited to six heats each. The Sponsor reserves the right to make adjustments based on the projected timeline. Teams will be notified in advance by email of any change.
Awards:	None
Date of Meet:	Friday, November 14, 2003
Sanction No.:	L03-51
Sponsor:	New Canaan YMCA Aquatic Club
Location:	New Canaan YMCA 564 South Avenue New Canaan, CT 06840
Facility/Pool Description:	6 lane, 25-yard pool with a depth of 13 feet at the blocks. Colorado timing. Six lane display. Ample seating on observation deck. Warm-up/warm-down available throughout meet.
Pool Emergency Number:	203-966-4528
Meet Manager:	Lindsey Nichols 564 South Avenue New Canaan, CT 06840 203-966-4528 ext 137 Fax 203-972-7738 <a href="mailto:ncyac@aol.com">ncyac@aol.com</a>
Meet Referee:	Barry Silver 41 Rockwell Lane Darien, CT 06820 203-655-6620 <a href="mailto:CTAgeGroup@aol.com">CTAgeGroup@aol.com</a>
Safety Chairman:	Marge Reinhardt
Entry Chairman:	Lindsey Nichols 564 South Avenue New Canaan, CT 06840 203-966-4528 ext 137 Fax 203-972-7738 <a href="mailto:ncyac@aol.com">ncyac@aol.com</a>
Entry Deadline:	Entries must be received no later than 6:00 P.M. Wednesday, November 5, 2003. No changes may be made after the entry is received. Any entry received after the above dates will be returned.
Oversubscription:	Entries will be accepted on a first-come, first-served basis.
Entry Format:	Open to all 2003 USA registered swimmers. There are no cut-off times for this meet. Please include USA registration numbers and age of all swimmers. Identify unattached swimmers with red ink. Relay only swimmers must be included on the entry form. All entries must be on official CSI entry form or Windows format disk using LSA, Hytek, or compatible file format. Disk entries must be accompanied by a printed copy. Include on the entry the name, address, telephone number, and email

	<p>address of the head coach <u>and</u> of a club official responsible for the team's entry. In case of dispute, the paper entry form will be considered the only official document of entry. All entries must be accompanied with payment. Do not send cards. Seed times should be short course yards. Nonconforming time will be seeded last. Please avoid "NT" entries.</p> <p>Out of state teams <i>must</i> submit a roster of swimmers signed by the LSC registration chairman or other acceptable proof that each swimmer is USA registered.</p>
Checks Payable to:	New Canaan YMCA Aquatic Club
Warm-up Times:	All Swimmers 4PM
Starting Times:	All Swimmers 5PM
Scratch Procedure:	CSI scratch procedure will apply. Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table within one half hour after the beginning of warm-up.
Credentials:	All coaches and officials must show their valid USA membership cards for admittance to the pool deck. Coaches without coach membership cards will not be allowed on deck.
Refreshments:	Refreshments will be made available.
Directions:	From the Merrit parkway: Take exit 37 make a left and head north on Route 124. Follow this road for about a half mile and the YMCA will be located on the right. Parking is located right past the YMCA at Saxe Middle School.
Parking:	There is no parking in the YMCA lot. Parking is located at the Saxe Middle School parking lot adjacent to the YMCA and should be used instead of parking on South Avenue (Route 124) as cars will be ticketed.
Handicapped Access:	Access to the spectator area is by stairway only. The pool deck is at ground floor level. If special assistance is required by athletes, coaches, or spectators, please contact the Meet Director.
Comments:	<ul style="list-style-type: none"> <li>- Swimmers and Relay Teams are required to provide their own timers and counters.</li> <li>- A full complement of officials is important to the success of any meet. Please email the Meet Referee with a list of officials from your team who would be available to work one or more sessions.</li> <li>- Current USA Swimming rules will govern.</li> <li>- All events will be timed finals.</li> <li>- Events will be run fastest to slowest, alternating boys and girls heats.</li> </ul>

## Order of Events

<u>Girls</u>		<u>Event</u>	<u>Boys</u>
1	Senior	1000Y Freestyle	2
3	Senior	400Y IM	4
5	Senior	800Y Freestyle Relay	6