

**8 & UNDER USA SWIMMING MEET**  
**Sunday November 9, 2003**

Sponsored by Hamden North Haven Swimming  
Sanctioned by Connecticut Swimming, Inc. Sanction Number S03-11

**Location:** North Haven Town Pool Elm Street North Haven, CT. 06473

**Facility:** 8 lane 25 yard pool with starting blocks at the deep end of the pool  
Fully Handicapped accessible; Ample Parking

**Warm-up times:** This meet will be run in one session provided that it does not time out to go beyond four (4) hours.

8:00 a.m. – 8:20 a.m.	Girl's Warm-up
8:20 a.m. – 8:40 a.m.	Boy's Warm-up
8:40 a.m. – 9:00 a.m.	Sprints
9:00 a.m.	Meet Starts

**Emergency Phone:** 203.239.5321

**Official's contact:** Charlie Wilbur (203.248.8984)

**Safety Chairman:** Sheila Kresch (203.239.5546)

**Meet Manager:** Laurie Falco (203.248.0479)

**Entry Chair:** Rob Deitter  
151 Mill Road  
North Haven, CT 06473  
(203.985.1558)

**Entry Deadline:** Entries must be received no later than Wednesday October 29, 2003

**Entry Format:** Open to all 2003 Connecticut USA Swimming registered swimmers. Please include the USA registration number and age of each swimmer. Clearly identify any unattached swimmers. No time (NT) entries are discouraged. Relay only swimmers must be included on the entry form. All entries must be on official CSI entry form. Entries may also be on a disk using Hytek, LSA Swim Team program or other program in SDIF format but must be accompanied by a computer printout. Please send the original entry sheets. No photocopies please. Include on the entry the name, address and telephone number of the head coach and a club official responsible for the team's entry. All entries must be accompanied with payment.

**Entry Limitations and Cut Protocol:** An individual may enter four (4) individual events, excluding relays. The 4<sup>th</sup> event must be circled in red or otherwise identified in the event the meet is oversubscribed. If oversubscribed, the meet will be run in two sessions. Then relays will be cut first before swimmers are limited to three (3) individual events. Teams will be notified of any changes by Friday October 31, 2003.

**Please Note:** USA Swimming rules will govern this meet. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Coaches will be required to display their USA Swimming registration card in order to be on the deck. Please be sure that your swimmers are aware of the no recall rule for false starts. Connecticut Swimming scratch procedure will be in effect.

**Entry Fee:** \$3.00 per individual event; \$6.00 per relay

**Please make checks payable to Hamden North Haven Swimming**

**Awards:** Ribbons will be awarded for 1<sup>st</sup> through 6<sup>th</sup> place in each individual event. Relays will be awarded ribbons for 1<sup>st</sup> through 3<sup>rd</sup> place. Heat winner awards will be given.

### **Directions:**

*From I-91 (North or South):* Take exit 12. At the end of the ramp turn left on to Washington Avenue (Route 5). Follow Washington Avenue through several stoplights to the intersection of Broadway. (you'll see the North Haven Town Green ahead on the left). Take a right on Broadway and at your first light take a left on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

*From Rte. 15 Northbound (Wilbur Cross Parkway):* Take exit 63. At the end of the ramp, go left on to Hartford Turnpike. At the first light go left on Route 22. At the second light, go right on State Street. Proceed to the stop sign and take a left on to Broadway. At the first light take a right on Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

*From Rte. 15 Southbound (Wilbur Cross Parkway):* Take exit 63. At the end of the ramp go right on to Route 22. At the first light go left on Route 22. At the second light, go right on to State Street. Proceed to the stop sign and take a left on to Broadway. At the first light take a right on to Elm Street. The Recreation Center is after the library on the left. The entrance to the parking lot is after the pool.

### **Order of Events**

<b>Girls</b>		<b>Boys</b>
1	8 & Under 50 yard Backstroke	2
3	8 year old 25 yard Freestyle	4
5	7 year old 25 yard Freestyle	6
7	6 year old 25 yard Freestyle	8
9	8 year old 25 yard Butterfly	10
11	7 year old 25 yard Butterfly	12
13	6 year old 25 yard Butterfly	14
15	8 & Under 50 yard Freestyle	16
17	8 year old 25 yard Breaststroke	18
19	7 year old 25 Breaststroke	20
21	6 year old 25 Breaststroke	22
23	8 year old 25 Backstroke	24
25	7 year old 25 Backstroke	26
27	6 year old 25 Backstroke	28
29	8 & Under 100 Individual Medley	30
31	8 & Under 100 Yard Freestyle Relay	32