

**BRANFORD STINGRAY HOLIDAY INVITATIONAL
DECEMBER 13 & 14, 2003**

**Hosted by the Branford Stingray Swim Team
Sanctioned by Connecticut Swimming, Inc.
Sanction #S-**

MEET DIRECTOR: George Miles
27 Fir Tree Drive N.
Branford, CT 06405
(203) 481-SWIM
George.Miles@yale.edu

SAFETY CHAIR: Maureen Nobile

LOCATION: Walsh Intermediate School Pool
185 Damascus Road, Branford, Connecticut. No incoming phone service.

FACILITY: 6 lane, 25-yard pool. 4.5 feet to 12 feet deep. Starting blocks located in the deep end. Colorado Timing System. Stands and pool deck are handicap accessible through main entrance to school, but the pool locker rooms are entered via stairways. Alternative changing space can be made available. Please notify the meet manager if this is required.

ELIGIBILITY: Swimmers must be 2003 registered members of United States Swimming.

FEES: **Splash** fees: \$3.00 per individual event; \$6.00 per relay event. Please make all checks payable to Branford Stingrays.

ENTRIES: Swimmers may enter and compete in four individual events per day. If a session is over-subscribed, relays will be eliminated, then swimmers will be limited to three events. (Swimmers entered in four events must circle the event from which they wish to be scratched.) If the meet remains oversubscribed, further cuts will be made based on the order in which entries are received.

Connecticut teams whose entries are received by **Wednesday, November 26th** will receive priority before out of state entries are accepted. All entries must be received by **Wednesday, December 3, 2003.**

Teams are encouraged to submit their entry on disk (either LSA SwimTeam or Hy-tek). **Any team entering more than 5 swimmers that fails to submit a disk must pay a surcharge of \$3 per swimmer.** Please be sure to include a paper printout with your disk, or use a CSI entry form. Mark unattached swimmers in RED on the entry form. Be sure to include the phone number of a club official and a mailing address for results. If you use overnight mail or Federal Express, please waive signature for delivery. Mail entry forms and fees to:

George Miles
27 Fir Tree Drive North
Branford, CT 06405

Sessions will be limited to four hours of competition. Teams will be notified of cuts affecting their swimmers as soon as possible and no later than Tuesday, December 9th.

WARMUPS: Connecticut Swimming guidelines will be observed at all sessions. Warm-up assignments will be made by team rather than gender. Senior swimmers will have a minimum of 30 minutes general warm-up. 12 & under swimmers will have a minimum of 20 minutes warm-up. Teams will be notified of the final warm-up schedule by Thursday, December 11th.

MORNING (Senior Events)

General Warm-up: 7:45 for a minimum of 30 minutes per team
Sprints & Pace: No earlier than 8:15 for a minimum of 10 minutes
Session Start: No earlier than 8:30

AFTERNOONS (12 & under events)

General Warm-up: 1:00 for a minimum of 20 minutes per team
Sprints & Pace: No earlier than 1:20 for a minimum of 10 minutes
Session Start: No earlier than 1:35

SCRATCHES: Coaches will receive a list of their swimmers and the events in which they are entered at each session. All scratches for that session will be due at the main desk 30 minutes before the start of the session.

AWARDS: Ribbons will be presented through sixth place in each of the following age groups for individual events: 10 & Under, 11/12, 13/14, and 15/O. Ribbons will be presented through third place for relay events.

REFRESHMENTS: Food and beverages will be available throughout the meet.

DIRECTIONS:

From the west: I-95 to Exit 55 (Route 1, Branford). Turn left onto Route 1 West. Proceed to second light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to school is on your right at the bottom of the hill. Please do not park in the small lot. Take the circular drive to the large lot on the far side of the building.

From the east: I-95 to Exit 55 (Route 1, Branford). Turn right onto Route 1 West. Proceed to third light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to school is on your right at the bottom of the hill. Please do not park in the small lot. Take the circular drive to the large lot on the far side of the building.

From the north: Take Route 22 to Route 80 east to Route 139 in North Branford. Take Route 139 south to Route 1. Turn right onto Route 1 West. Proceed to third traffic light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to school is on your right at the bottom of the hill. Please do not park in the small lot. Take the circular drive to the large lot on the far side of the building.

DO NOT PARK IN CIRCULAR DRIVE. YOU WILL BE TICKETED AND TOWED.

ORDER OF EVENTS - SATURDAY, DECEMBER 13, 2003

SATURDAY MORNING			SATURDAY AFTERNOON		
GIRLS	EVENT	BOYS	GIRLS	EVENT	BOYS
1	13/O 50 FREE	2	17	11/12 200 FLY	18
3	SR 400 IM	4	19	10/U 50 FREE	20
5	SR 200 BACK	6	21	11/12 50 FREE	22
7	13/O 100 BREAST	8	23	10/U 100 IM	24
9	13/O 100 FLY	10	25	11/12 200 IM	26
11	SR 200 FREE	12	27	10/U 100 BACK	28
13	13/14 200 FRR	14	29	11/12 100 BACK	30
15	SR 200 FRR	16	31	10/U 50 BREAST	32
			33	11/12 200 BREAST	34
			35	11/12 50 BREAST	36
			37	10/U 100 FLY	38
			39	11/12 100 FLY	40
			41	10/U 200 FREE	42
			43	11/12 200 FREE	44
			45	10/U 200 FRR	46
			47	11/12 200 FRR	48

ORDER OF EVENTS - SUNDAY, DECEMBER 15, 2003

SUNDAY MORNING			SUNDAY AFTERNOON		
GIRLS	EVENT	BOYS	GIRLS	EVENT	BOYS
49	13/O 100 FREE	50	65	11/12 100 FREE	66
51	SR 200 BREAST	52	67	10/U 100 FREE	68
53	13/O 100 BACK	54	69	11/12 100 BREAST	70
55	13/O 500 FREE	56	71	10/U 100 BREAST	72
57	SR 200 FLY	58	73	11/12 200 BACK	74
59	13/O 200 IM	60	75	11/12 50 BACK	76
61	13/14 200 MR	62	77	10/U 50 BACK	78
63	SR 200 MR	64	79	11/12 100 IM	80
			81	10/U 200 IM	82
			83	11/12 50 FLY	84
			85	10/U 50 FLY	86
			87	11/12 200 MR	88
			89	10/U 200 MR	90
			91	11/12 500 FREE	92