

**Woodbridge Aquatic Club Invitational**  
**June 4 – 6, 2010**  
**Wesleyan University**  
**161 Cross Street, Middletown, CT 06457**

Held under sanction of USA Swimming and Connecticut Swimming #L10-15

**EVENTS**

\*[hyv](#)

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Dave Reilly	<a href="mailto:dmr123@sbcglobal.net">dmr123@sbcglobal.net</a>	203-848-0307
<b>Meet Referee:</b>	Julia Shi	<a href="mailto:julia.shi@yale.edu">julia.shi@yale.edu</a>	203-387-6552
<b>Entry Chair:</b>	Dave Reilly	<a href="mailto:dmr123@sbcglobal.net">dmr123@sbcglobal.net</a>	203-848-0307
<b>Safety Chair:</b>	Ken Yanagisawa	<a href="mailto:dockeny@yahoo.com">dockeny@yahoo.com</a>	
<b>Officials Contact:</b>	Julia Shi		

**WEBSITE:**

**POOL EMERGENCY NUMBER:** 203-484-0307

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed-final. Friday evening's events will be swum fastest to slowest. Friday evening's 13/Over 400 Freestyles will also be swum in alternating heats of women and men.

**SCRATCH PROCEDURES:** Scratches will be due 45 minutes prior to the start of each session. After that time, any unsubmitted scratches will remain as entries into that session.

**FACILITY:** The Wesleyan Aquatic Center is an 8 lane, 50 meter pool. Colorado timing will be used. Spectator seating is moderate, but should be ample for this event.

**DISABLED ACCESS:** The Aquatic Center is handicapped accessible, with handicapped viewing area available. Contact the meet director for additional information and/or if special arrangements are required.

**COURSE:** LCM.

**EVENTS:** See attached list.

**SESSION TIMES:**

Friday PM session is a 5:00 Warm-up and a 5:45 start.

Saturday and Sunday 13/Over sessions are a 7:15 Warm-up with an 8:30 Start.

Saturday and Sunday 12/Under sessions are a 1:00 Warm-up with a 2:00 Start.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid

USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**ENTRY LIMITATIONS:** 4 events per session, including time trials.

**ENTRY TIMES:** Submit entry times in LCM. No Times are discouraged.

**DEADLINES:** Entry deadline is May 28, 2010. Mail hardcopy and payment to the entry chairperson: Dave Reilly, 57 Union Street, Guilford, CT, 06437. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted in the order they are received. Email entries are preferred. Payment must be received within 10 days of accepted entry or the entry will be rejected. After payment, entries may be updated until May 28, 2010.

**CONNECTICUT-ONLY DEADLINE:** The CT deadline is May 21, 2010. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [dmr123@sbcglobal.net](mailto:dmr123@sbcglobal.net). Please check that your team name, address, and contact information are listed correctly in this file. Please see the above Deadline and Connecticut-Only Deadline for entry deadlines and payment deadlines.

**ENTRY FEES:** Electronic entries: \$6.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Woodbridge Aquatic Club and mail to: Dave Reilly, 57 Union Street, Guilford, CT, 06437. Payment must be received no later than 10 days after the receipt of the entry or the entry will be rejected.

**CUT PROTOCOL:** Friday PM session will be limited to 3.25 hours of competition. All 13/Over sessions will be limited to 4.5 hours of competition. All 12/Under sessions will be limited to 4 hours of competition. Entries for each session will be accepted until the timeline for each session fills. Clubs will be notified within 24 hours of receipt of entry regarding acceptance of that entry.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Yes. Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$10.00 for individual events. Time trial events count toward the total number of event limitations per session.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Friday evening session requires that all swimmers provide their own timer. Timing assignments will be published the Tuesday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** Ample parking is available in various lots on campus.

**DIRECTIONS:** From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left. From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

Licensed To: Woodbridge Aquatic Club

Hy-Tek's MEET MANAGER 3/20/2010

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**Woodbridge Aquatic Club Invitational - 6/4/2010 to 6/6/2010****Session Report**

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Women 400 IM	0	0	05:45 PM	_____
Finals	2 Men 400 IM	0	0	05:45 PM	_____
Finals	3 Girls 8-12 400 Freestyle	0	0	05:45 PM	_____
Finals	4 Boys 8-12 400 Freestyle	0	0	05:45 PM	_____
Finals	5 Women 400 Freestyle	0	0	05:45 PM	_____
Finals	6 Men 400 Freestyle	0	0	05:45 PM	_____
Finals	7 Girls 11-12 400 IM	0	0	05:45 PM	_____
Finals	8 Boys 11-12 400 IM	0	0	05:45 PM	_____
	Finish Time			05:45 PM	_____

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	9 Women 13 & Over 50 Freestyle	0	0	08:30 AM	_____
Finals	10 Men 13 & Over 50 Freestyle	0	0	08:30 AM	_____
Finals	11 Women 13 & Over 50 Butterfly	0	0	08:30 AM	_____
Finals	12 Men 13 & Over 50 Butterfly	0	0	08:30 AM	_____
Finals	13 Women 13 & Over 200 Backstroke	0	0	08:30 AM	_____
Finals	14 Men 13 & Over 200 Backstroke	0	0	08:30 AM	_____
Finals	15 Women 13 & Over 100 Butterfly	0	0	08:30 AM	_____
Finals	16 Men 13 & Over 100 Butterfly	0	0	08:30 AM	_____
Finals	17 Women 13 & Over 200 Breaststroke	0	0	08:30 AM	_____
Finals	18 Men 13 & Over 200 Breaststroke	0	0	08:30 AM	_____

Finals	19	Women 13 & Over 200 Freestyle	0	0	AM 08:30	_____
Finals	20	Men 13 & Over 200 Freestyle	0	0	AM 08:30	_____
		Finish Time			AM 08:30	_____
					AM	

## Session: 3 Saturday PM

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>		
Finals	21	Girls 12 & Under 50 Freestyle	0	0	02:00	_____
					PM	
Finals	22	Boys 12 & Under 50 Freestyle	0	0	02:00	_____
					PM	
Finals	23	Girls 12 & Under 50 Breaststroke	0	0	02:00	_____
					PM	
Finals	24	Boys 12 & Under 50 Breaststroke	0	0	02:00	_____
					PM	
Finals	25	Girls 12 & Under 100 Butterfly	0	0	02:00	_____
					PM	
Finals	26	Boys 12 & Under 100 Butterfly	0	0	02:00	_____
					PM	
Finals	27	Girls 12 & Under 100 Backstroke	0	0	02:00	_____
					PM	
Finals	28	Boys 12 & Under 100 Backstroke	0	0	02:00	_____
					PM	
Finals	29	Girls 12 & Under 200 Breaststroke	0	0	02:00	_____
					PM	
Finals	30	Boys 12 & Under 200 Breaststroke	0	0	02:00	_____
					PM	
Finals	31	Girls 12 & Under 200 Freestyle	0	0	02:00	_____
					PM	
Finals	32	Boys 12 & Under 200 Freestyle	0	0	02:00	_____
					PM	
		Finish Time			02:00	_____
					PM	

## Session: 4 Sunday AM

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>		
Finals	33	Women 13 & Over 50 Backstroke	0	0	08:30	_____
					AM	
Finals	34	Men 13 & Over 50 Backstroke	0	0	08:30	_____
					AM	
Finals	35	Women 13 & Over 50 Breaststroke	0	0	08:30	_____
					AM	
Finals	36	Men 13 & Over 50 Breaststroke	0	0	08:30	_____

Finals	37	Women 13 & Over 200 Butterfly	0	0	AM 08:30	_____
Finals	38	Men 13 & Over 200 Butterfly	0	0	AM 08:30	_____
Finals	39	Women 13 & Over 100 Breaststroke	0	0	AM 08:30	_____
Finals	40	Men 13 & Over 100 Breaststroke	0	0	AM 08:30	_____
Finals	41	Women 13 & Over 100 Freestyle	0	0	AM 08:30	_____
Finals	42	Men 13 & Over 100 Freestyle	0	0	AM 08:30	_____
Finals	43	Women 13 & Over 100 Backstroke	0	0	AM 08:30	_____
Finals	44	Men 13 & Over 100 Backstroke	0	0	AM 08:30	_____
Finals	45	Women 13 & Over 200 IM	0	0	AM 08:30	_____
Finals	46	Men 13 & Over 200 IM	0	0	AM 08:30	_____
		Finish Time			AM 08:30	_____
					AM	

Session: 5 Sunday PM

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>		
Finals	47	Girls 12 & Under 50 Butterfly	0	0	02:00	_____
Finals	48	Boys 12 & Under 50 Butterfly	0	0	PM 02:00	_____
Finals	49	Girls 12 & Under 50 Backstroke	0	0	PM 02:00	_____
Finals	50	Boys 12 & Under 50 Backstroke	0	0	PM 02:00	_____
Finals	51	Girls 12 & Under 200 IM	0	0	PM 02:00	_____
Finals	52	Boys 12 & Under 200 IM	0	0	PM 02:00	_____
Finals	53	Girls 12 & Under 100 Breaststroke	0	0	PM 02:00	_____
Finals	54	Boys 12 & Under 100 Breaststroke	0	0	PM 02:00	_____
Finals	55	Girls 12 & Under 200 Butterfly	0	0	PM 02:00	_____
Finals	56	Boys 12 & Under 200 Butterfly	0	0	PM 02:00	_____
Finals	57	Girls 12 & Under 200 Backstroke	0	0	PM 02:00	_____

Finals	58	Boys 12 & Under 200 Backstroke	0	0	02:00 PM	_____
Finals	59	Girls 12 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	60	Boys 12 & Under 100 Freestyle	0	0	02:00 PM	_____
		Finish Time			02:00 PM	_____

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