

**Long Course Qualifier**  
**Connecticut Swimming, Inc.**  
**June 26-27, 2010**  
**Hosted by Sonoco Swim Club**  
Wolff-Zackin Natatorium  
University of Connecticut  
2095 Hillside Road  
Storrs, CT

Held under sanction of USA Swimming and Connecticut Swimming #L10-39

This Qualifier will be held in conjunction with the Connecticut Senior Open Invite.  
Clubs entering the Connecticut Senior Open Invite will be given entry priority into this Qualifier.

**EVENTS**

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	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Bill Ball	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	860-832-3073
<b>Meet Referee:</b>	Mike Huffman	<a href="mailto:Michael.huffman@thehartford.com">Michael.huffman@thehartford.com</a>	860-539-9895
<b>Entry Chair:</b>	Bill Ball	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	860-832-3073
<b>Safety Chair:</b>	Jaime Krajewski	<a href="mailto:Jaime.krajewski@southwindsor.org">Jaime.krajewski@southwindsor.org</a>	860-305-7558
<b>Officials Contact:</b>	Mike Huffman	<a href="mailto:Michael.huffman@thehartford.com">Michael.huffman@thehartford.com</a>	860-539-9895

**WEBSITE:** <http://www.sonocoaquatics.org>

**POOL EMERGENCY NUMBER:** 860-486-4800 (campus police)

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Finals.

**SCRATCH PROCEDURES:** Scratches will be due no later than 30 minutes prior to the start of the session

**FACILITY:** The University of Connecticut, Wolff-Zackin Natatorium, Storrs, CT. is a six lane 50 meter facility with non-turbulent lane line. The pool is equipped with a Colorado Timing System, touch pads and an electronic scoreboard. There is available spectator seating for 800, including wheelchair accessible spectator area and entrance. The pool is located on the University of Connecticut Campus, at the intersection of Hillside Road and Stadium Road.

**DISABLED ACCESS:** Handicapped parking is located immediately outside the main entrance to the pool. Locker rooms and spectator areas are handicap accessible.

**COURSE:** LCM

**EVENTS:** See attached list.

**SESSION TIMES:** 12:15pm Warm-up/ 1:00pm Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA and/or CT Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming and/or CT Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**EVENT INFORMATION:** Deck entries will not be accepted. Session will be limited to 3.5 hours in length (not including Warm-up).

**ENTRY LIMITATIONS:** Swimmers may enter up to 4 events per day.

**ENTRY TIMES:** Submit entry times in LCM. No Times are discouraged.

**DEADLINES:** Entry deadline is Tuesday June 14, 2010. Mail hardcopy and payment to the entry chairperson: Bill Ball, 309 Village Hill Road, Willington, CT 06279. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of entries received will be determined by the date payment is received.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [ballb@ccsu.edu](mailto:ballb@ccsu.edu). Please check that your team name, address, and contact information are listed correctly in this file. Payment for entries is due by the entry deadline, teams are not considered entered until payment is received.

**ENTRY FEES:** Electronic entries: \$6.00 for individual events. Manual entries: \$7.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to SoNoCo Swim Club and mail to: Bill Ball, 309 Village Hill Road, Willington, CT 06279. Payment must be received by June 14, 2010.

**CUT PROTOCOL:** Entries will be taken on a first come first serve basis. Clubs entering the Connecticut Senior Invite will be given entry priority. Session will be limited to 3.5 hours in length (not including Warm-up). Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** Relays will not be offered at this meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time

2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No time trials will be offered.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Work assignments will be based on team size and all teams will be notified of work assignment via email on the Wednesday prior to the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No awards will be given at this meet.

**CONCESSIONS:** A basic concession stand will be available.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Hospitality coupons will be available for concession stand.

**PARKING:** There is ample parking available in the parking garage adjacent to the Wolff-Zackin Natatorium.

**DIRECTIONS:** The Wolff-Zackin Natatorium is at the corner of Hillside Road and Stadium Road. From the Boston area, take Mass Pike to I-84 West. From I-84 take Exit 68 onto Route 195. Follow Rt. 195 East approximately seven miles to the University of Connecticut campus. Take a right into the campus on North Eagleville. Follow approximately 1/2 mile to first light. Take left onto Hillcrest Road. Pool is approximately one mile on your right next to the basketball arena. Please use the following street address to get directions from MapQuest or other internet mapping services: 2095 Hillside Road, Storrs, CT.

**LODGING:** The following hotels and motels are in the area:

Nathan Hale Inn – (860) 427-7888 – Storrs – On Campus  
Best Western Regent Inn - (860) 423-8451 - Mansfield Ctr. - 6.8 miles  
Sleep Inn - (860) 684-1400 - Willington - 7.3 miles  
Comfort Inn - (860) 871-2432 - Vernon - 15 miles  
Holiday Inn Express - (860) 648-2000 - Vernon - 15 miles  
Howard Johnson's Express - (800) 654-2000 - Vernon - 15 miles  
Quality Inn - (800) 235-4667 - Vernon - 15 miles  
Clarion Suites - (860) 643-5811 - Manchester - 17 miles  
Courtyard - (860) 533-8484 - Manchester - 17 miles

Licensed to Central Connecticut State Univ HY-TEK's MEET MANAGER 3.0 3/31/2010  
 SoNoCo Swim Club LC Qualifier - 6/25/2010 to 6/27/2010  
 Session Report

Session: 1 Friday Afternoon  
 Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 13 & Over 400 IM	0	0	01:00 PM
Finals	2 Boys 13 & Over 400 IM	0	0	01:00 PM
Finals	3 Girls 12 & Under 200 IM	0	0	01:00 PM
Finals	4 Boys 12 & Under 200 IM	0	0	01:00 PM
Finals	5 Girls 13 & Over 400 Freestyl	0	0	01:00 PM
Finals	6 Boys 13 & Over 400 Freestyle	0	0	01:00 PM
Finals	7 Girls 12 & Under 200 Freesty	0	0	01:00 PM
Finals	8 Boys 12 & Under 200 Freestyl	0	0	01:00 PM
	Finish Time			01:00 PM

Session: 2 Saturday Afternoon  
 Day of Meet: 2 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	9 Boys 13 & Over 200 IM	0	0	01:00 PM
Finals	10 Girls 13 & Over 200 IM	0	0	01:00 PM
Finals	11 Boys 13 & Over 200 Backstrok	0	0	01:00 PM
Finals	12 Girls 13 & Over 200 Backstro	0	0	01:00 PM
Finals	13 Girls 13 & Over 100 Breastst	0	0	01:00 PM
Finals	14 Boys 13 & Over 100 Breaststr	0	0	01:00 PM
Finals	15 Girls 13 & Over 200 Butterfl	0	0	01:00 PM
Finals	16 Boys 13 & Over 200 Butterfly	0	0	01:00 PM
Finals	17 Girls 13 & Over 100 Freestyl	0	0	01:00 PM
Finals	18 Boys 13 & Over 100 Freestyle	0	0	01:00 PM
Finals	19 Girls 13 & Over 100 Backstro	0	0	01:00 PM
Finals	20 Boys 13 & Over 100 Backstrok	0	0	01:00 PM
Finals	21 Girls 13 & Over 200 Breastst	0	0	01:00 PM
Finals	22 Boys 13 & Over 200 Breaststr	0	0	01:00 PM
Finals	23 Girls 13 & Over 100 Butterfl	0	0	01:00 PM
Finals	24 Boys 13 & Over 100 Butterfly	0	0	01:00 PM
Finals	25 Girls 13 & Over 200 Freestyl	0	0	01:00 PM
Finals	26 Boys 13 & Over 200 Freestyle	0	0	01:00 PM
	Finish Time			01:00 PM

Session: 3 Sunday Afternoon  
 Day of Meet: 3 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	27 Girls 12 & Under 50 Backstro	0	0	01:00 PM
Finals	28 Boys 12 & Under 50 Backstrok	0	0	01:00 PM
Finals	29 Girls 12 & Under 100 Breasts	0	0	01:00 PM
Finals	30 Boys 12 & Under 100 Breastst	0	0	01:00 PM
Finals	31 Girls 12 & Under 50 Butterfl	0	0	01:00 PM
Finals	32 Boys 12 & Under 50 Butterfly	0	0	01:00 PM
Finals	33 Girls 12 & Under 100 Freesty	0	0	01:00 PM
Finals	34 Boys 12 & Under 100 Freestyl	0	0	01:00 PM
Finals	35 Girls 12 & Under 100 Backstr	0	0	01:00 PM
Finals	36 Boys 12 & Under 100 Backstro	0	0	01:00 PM
Finals	37 Girls 12 & Under 50 Breastst	0	0	01:00 PM
Finals	38 Boys 12 & Under 50 Breaststr	0	0	01:00 PM
Finals	39 Girls 12 & Under 100 Butterf	0	0	01:00 PM
Finals	40 Boys 12 & Under 100 Butterfl	0	0	01:00 PM
Finals	41 Girls 12 & Under 50 Freestyl	0	0	01:00 PM
Finals	42 Boys 12 & Under 50 Freestyle	0	0	01:00 PM
	Finish Time			01:00 PM