

SoNoCo Swim Club 13 & O Sprint Invite

June 12, 2010

Veterans Memorial Pool
575 Pleasant Valley Road
South Windsor, CT 06074

Held under sanction of USA Swimming and Connecticut Swimming #L10-17

EVENTS

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	Name	Email	Phone
Meet Director:	Bill Ball	ballb@ccsu.edu	860-832-3073
Meet Referee:	Mike Huffman	Michael.huffman@thehartford.com	860-539-9895
Entry Chair:	Bill Ball	ballb@ccsu.edu	860-832-3073
Safety Chair:	Jaime Krajewski	Jaime.krajewski@southwindsor.org	860-305-7558
Officials Contact:	Mike Huffman	Michael.huffman@thehartford.com	860-539-9895

WEBSITE: <http://www.sonocoaquatics.org>

POOL EMERGENCY NUMBER: 860-289-1333

MEET CLASSIFICATION: This meet is open to CT Swimming athletes and clubs

MEET FORMAT: The meet will be swum as Timed-Finals.

SCRATCH PROCEDURES: Scratches will be due no later than 30 minutes prior to the start of the session

FACILITY: The South Windsor facility is an 8 lane 50 meter facility with and an additional 8 lane 25yard pool. Ample deck and lawn space for spectators and athletes. This facility does not have an electronic timing system, therefore watches will be used.

DISABLED ACCESS: Handicapped parking is located immediately outside the main entrance to the pool. Handicap access to the locker room facilities is on deck level. Locker rooms and spectator areas are handicap accessible.

COURSE: LCM

EVENTS: See attached list.

SESSION TIME: 7:30am Warm-up 8:15am Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a

valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming and/or CT Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

EVENT INFORMATION: Deck Entries will not be accepted.

ENTRY LIMITATIONS: Swimmers may enter up to 5 events per day.

ENTRY TIMES: Submit entry times in: LCM. No Times are discouraged.

DEADLINES: Entry deadline is Tuesday June 1, 2010. Mail hardcopy and payment to the entry chairperson: Bill Ball, 309 Village Hill Road, Willington, CT 06279. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of entries received will be determined by the date payment is received.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at ballb@ccsu.edu. Please check that your team name, address, and contact information are listed correctly in this file. Payment for entries is due by the entry deadline, teams are not considered entered until payment is received.

ENTRY FEES: Electronic entries: \$6.00 for individual events. Manual entries: \$8.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to SoNoCo Swim Club and mail to: Bill Ball, 309 Village Hill Road, Willington, CT 06279. Payment must be received by June 1, 2010.

CUT PROTOCOL: Entries will be taken on a first come first sever basis. Clubs will be notified of cuts no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: Relays will not be offered at this meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No time trials will be offered at the discretion of the meet referee if time allows.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be based on team size and all teams will be notified of work assignment via email on the Wednesday prior to the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No Awards will be given at this meet.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Ample parking is available in front of and behind the swimming facility.

DIRECTIONS: <http://recreation.southwindsor.org/aquatics/index>
Listed under pool contact info

Licensed to Central Connecticut State Univ HY-TEK's MEET MANAGER 3.0 3/26/2010
 SoNoCo Swim Club 13 & Over Sprint Invite - 6/12/2010
 Session Report

Session: 1 AM Session

Day of Meet: 1 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 13-14 50 Butterfly	0	0	08:15 AM
Finals	2 Boys 13-14 50 Butterfly	0	0	08:15 AM
Finals	3 Girls 15 & Over 50 Butterfly	0	0	08:15 AM
Finals	4 Boys 15 & Over 50 Butterfly	0	0	08:15 AM
Finals	5 Girls 13-14 50 Backstroke	0	0	08:15 AM
Finals	6 Boys 13-14 50 Backstroke	0	0	08:15 AM
Finals	7 Girls 15 & Over 50 Backstro	0	0	08:15 AM
Finals	8 Boys 15 & Over 50 Backstroke	0	0	08:15 AM
Finals	9 Girls 13-14 50 Breaststroke	0	0	08:15 AM
Finals	10 Boys 13-14 50 Breaststroke	0	0	08:15 AM
Finals	11 Girls 15 & Over 50 Breaststr	0	0	08:15 AM
Finals	12 Boys 15 & Over 50 Breaststro	0	0	08:15 AM
Finals	13 Girls 13-14 50 Freestyle	0	0	08:15 AM
Finals	14 Boys 13-14 50 Freestyle	0	0	08:15 AM
Finals	15 Girls 15 & Over 50 Freestyle	0	0	08:15 AM
Finals	16 Boys 15 & Over 50 Freestyle	0	0	08:15 AM
Finals	17 Girls 13-14 100 Butterfly	0	0	08:15 AM
Finals	18 Boys 13-14 100 Butterfly	0	0	08:15 AM
Finals	19 Girls 15 & Over 100 Butterfl	0	0	08:15 AM
Finals	20 Boys 15 & Over 100 Butterfly	0	0	08:15 AM
Finals	21 Girls 13-14 100 Backstroke	0	0	08:15 AM
Finals	22 Boys 13-14 100 Backstroke	0	0	08:15 AM
Finals	23 Girls 15 & Over 100 Backstro	0	0	08:15 AM
Finals	24 Boys 15 & Over 100 Backstro	0	0	08:15 AM
Finals	25 Girls 13-14 100 Breaststroke	0	0	08:15 AM
Finals	26 Boys 13-14 100 Breaststroke	0	0	08:15 AM
Finals	27 Girls 15 & Over 100 Breastst	0	0	08:15 AM
Finals	28 Boys 15 & Over 100 Breaststr	0	0	08:15 AM
Finals	29 Girls 13-14 100 Freestyle	0	0	08:15 AM
Finals	30 Boys 13-14 100 Freestyle	0	0	08:15 AM
Finals	31 Girls 15 & Over 100 Freestyl	0	0	08:15 AM
Finals	32 Boys 15 & Over 100 Freestyle	0	0	08:15 AM
Finals	33 Girls 13-14 200 IM	0	0	08:15 AM
Finals	34 Boys 13-14 200 IM	0	0	08:15 AM
Finals	35 Girls 15 & Over 200 IM	0	0	08:15 AM
Finals	36 Boys 15 & Over 200 IM	0	0	08:15 AM
	Finish Time			08:15 AM