

Nutmeg Summer Shootout

July 6-7, 2010

Ocean Beach Competition Pool, New London, CT
98 Neptune Ave, New London, CT

Held under sanction of USA Swimming and Connecticut Swimming #L10-32

EVENTS

[.hvy](#)

	Name	Email	Phone
Meet Director:	Jack Stabach	jack.stabach@eastlymeschools.org	860-691-4681
Meet Referee:	Richard Pendleton	rich@pendletons.net	860-625-6637
Entry Chair:	Terri Mauthe	terri.mauthe@gmail.com	860-691-2573
Safety Chair:	Wesley Crozier	wesleycrozier@gmail.com	860-691-4681

WEBSITE: <http://www.nutmegaquatics.com>

POOL EMERGENCY NUMBER: 860-912-9232

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as . Timed-Final and Prelims/Semis/Finals for the 50 Free Shootout

SCRATCH PROCEDURES: Coaches will receive scratch sheets at the beginning of the sessions. Scratch sheets must be returned within 20 minutes after the start of warm-ups. If a scratch sheet is not received by that deadline all swimmers will be considered NOT to be scratched and will be seeded in their entered events, except that any over-entered swimmers will be scratched from their last event(s) until they are in compliance with entry rules.

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FACILITY: The Ocean Beach Competition Pool is an 8-lane, 50-meter pool. Colorado Timing system will be used. Limited spectator seating is available around the pool deck. Please bring chairs.

DISABLED ACCESS: Disability access available. For specific needs, please contact Jack Stabach at jack.stabach@eastlymeschools.org or 860-691-4681.

COURSE: LCM

EVENTS: See attached list.

SESSION TIMES: General warm up starts at 5:15 PM. Meet starts at 6:00 PM.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

EVENT INFORMATION:

What is a "50 Free Shootout"?

- The 50 free is the first event of the meet for all ages. The top 8 finishers will be eligible to participate in the three rounds of the "shootout."
- After results are posted for the 50 free individual event, pairings are made from the top 8 finishers by gender and posted. It is seeded similarly to the NCAA's March Madness: #1 vs. #8, #2 vs. #7, #3 vs. #4 and #5 vs. #6.
- Round 1: The top 8 swimmers from the individual 50 free event would not be seeded by time but instead would be racing right next to the swimmer they are paired against in four heats – four heats of two females then four heats of two males. Those four heats of head-to-head match-ups will determine the four swimmers who go on to compete in the next round.
- Round 2 is the semi-final round for the four swimmers that remain. They are again paired and swim head-to-head in two heats – two heats of two females, two heats two of males.
- Round 3 is the final round. The two remaining swimmers compete head-to-head to determine the champion – one heat of two females, one heat of two males.

ENTRY LIMITATIONS: Swimmers are limited to 3 events for the session.

ENTRY TIMES: Submit entry times in: LCM. No Times are discouraged.

DEADLINES: Entry deadline is June 12, 2009. Mail hardcopy and payment to: East Lyme Aquatics attn: Wesley Crozier, 30 Chesterfield Rd, East Lyme, CT 06333. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Providing payment is received by Tuesday, June 15, 2009, the official date of entry is determined by the time the e-mailed entry file or hardcopy is received. **All checks must be written out to ELBOE Spec. Acct.**

CONNECTICUT-ONLY DEADLINE: CT deadline is June 6, 2009. Providing payment is received by Thursday, June 10, 2009, the official date of entry is determined by the time the e-mailed entry file or hardcopy is received.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at terri.mauthe@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Providing that payment is received by June 15, the entry will be considered received and entered by the time/date the electronic entry was received.

ENTRY FEES: Electronic entries: \$5.00 for individual events. Manual entries: \$6.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to **ELBOE Spec. Acct.** and mail to: **East Lyme Aquatics attn: Wesley Crozier, 30 Chesterfield Road, East Lyme, CT 06333.** Payment must be received by 06/15/2010.

CUT PROTOCOL for INVITATIONALS: Nutmeg Aquatics will limit the length of the meet to 2.5 hours. In the event of over subscription, teams will be cut by official time/date entry is received. Clubs will be notified of cuts no later than June 30.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Nutmeg Aquatics will provide all timers and meet staff.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored. Default scoring for places 1-8. Shootout winner receives double points.

AWARDS: Ribbons will be awarded to the top 8 finishers in each individual event. Shootout winners will receive a prize. A representative from each team will need to pick up awards at the meet.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Parking available in Ocean Beach lot. **Arrival before 4:30 pm will result in a parking fee to be assessed.** After 4:30 pm, mention to the Parking Attendant at the gate that you are with Nutmeg Swim Team, and no parking fee will be assessed.

DIRECTIONS: The Ocean Beach Competition Pool is located at 98 Neptune Ave, New London, CT. Via 95 North, take exit 82A (Frontage Road) to Colman Street exit. Take a left onto Colman Street, drive to the end. Take a left onto Bank Street and first right onto Ocean Avenue. At the end of Ocean Avenue, take a right at the blinking light. Continue straight into the park entrance.

Licensed To: East Lyme High School / Nutmeg Swim Club

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Nutmeg Summer Shootout - 7/6/2010 to 7/7/2010**Session Report**

Session: 1 12 and Under

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 50 Freestyle	0	0	06:00 PM	_____
Finals	2 Boys 12 & Under 50 Freestyle	0	0	06:00 PM	_____
Finals	3 Girls 12 & Under 50 Butterfly	0	0	06:00 PM	_____
Finals	4 Boys 12 & Under 50 Butterfly	0	0	06:00 PM	_____
Prelims	19 Girls 12 & Under 50 Freestyle	0	0	06:00 PM	_____
Prelims	20 Boys 12 & Under 50 Freestyle	0	0	06:00 PM	_____
Finals	5 Girls 12 & Under 50 Backstroke	0	0	06:00 PM	_____
Finals	6 Boys 12 & Under 50 Backstroke	0	0	06:00 PM	_____
	Break: 10 Minutes				
Semis	19 Girls 12 & Under 50 Freestyle	0	2u	06:10 PM	_____
Semis	20 Boys 12 & Under 50 Freestyle	0	2u	06:13 PM	_____
Finals	7 Girls 12 & Under 50 Breaststroke	0	0	06:16 PM	_____
Finals	8 Boys 12 & Under 50 Breaststroke	0	0	06:16 PM	_____
	Break: 10 Minutes				
Finals	19 Girls 12 & Under 50 Freestyle	0	1u	06:26 PM	_____
Finals	20 Boys 12 & Under 50 Freestyle	0	1u	06:27 PM	_____
	Entry / Heat Totals:	0	6		
	Finish Time			06:28 PM	_____

Session: 2 13 and over

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13 & Over 50 Freestyle	0	0	06:00 PM	_____
Finals	10 Boys 13 & Over 50 Freestyle	0	0	06:00 PM	_____
Finals	11 Girls 13 & Over 100 Butterfly	0	0	06:00 PM	_____
Finals	12 Boys 13 & Over 100 Butterfly	0	0	06:00 PM	_____
Prelims	21 Girls 13 & Over 50 Freestyle	0	0	06:00 PM	_____
Prelims	22 Boys 13 & Over 50 Freestyle	0	0	06:00 PM	_____
Finals	13 Girls 13 & Over 100 Backstroke	0	0	06:00 PM	_____
Finals	14 Boys 13 & Over 100 Backstroke	0	0	06:00 PM	_____
	Break: 10 Minutes				
Finals	15 Boys 13 & Over 100 Breaststroke	0	0	06:10 PM	_____
Finals	16 Girls 13 & Over 100 Breaststroke	0	0	06:10 PM	_____
Semis	21 Girls 13 & Over 50 Freestyle	0	2u	06:10 PM	_____
Semis	22 Boys 13 & Over 50 Freestyle	0	2u	06:13 PM	_____
Finals	17 Boys 13 & Over 100 Freestyle	0	0	06:15 PM	_____
Finals	18 Girls 13 & Over 100 Freestyle	0	0	06:15 PM	_____
	Break: 10 Minutes				

Finals	21	Girls 13 & Over 50 Freestyle	0	1u	06:25 PM	_____
Finals	22	Boys 13 & Over 50 Freestyle	0	1u	06:27 PM	_____
		Entry / Heat Totals:	0	6		
		Finish Time			06:28 PM	_____