# ZEUS 4th Annual Mayor's Cup – 9 and Under
# June 4, 2010

Norwalk High School
23 Calvin Murphy Drive
Norwalk, CT 06851

Held under sanction of USA Swimming and Connecticut Swimming #L10 - 14

**EVENTS**
***.hyv**

| | Name | Email | Phone |
|---|---|---|---|
| **Meet Director:** | Eric Baritz | byte1inc@optonline.net | 203-838-5836 |
| **Meet Referee:** | Nancy Wargo | nwargo@optonline.net | 203-838-5836 |
| **Entry Chair:** | Eric Baritz | byte1inc@optonline.net | 203-838-5836 |
| **Safety Chair:** | Dennis Flores | denswimusa@yahoo.com | 203-838-5836 |
| **Officials Contact:** | Nancy Wargo | nwargo@optonline.net | 203-838-5836 |

**WEBSITE:** http://wwwzeusswimteam.org

**POOL EMERGENCY NUMBER:** 203-515-8055

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final

**SCRATCH PROCEDURES:** Scratches are due 20 minutes after the warm up begins. Failure to do so will scratch the swimmers from the session.

**FACILITY:** The Norwalk High School Pool is a 6 lane, 25-yard pool, using manual timing. There is ample spectator seating.

**DISABLED ACCESS:** There is handicapped parking, and accessibility to the pool bleachers.

**COURSE:** SCY

**EVENTS:** See attached list.

**SESSION TIMES:** Warm up is 5:45 and Start time is 6:30 p.m.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**EVENT INFORMATION:** Swimmers may compete in 5 individual events and 1 Relay.

**ENTRY LIMITATIONS:** Swimmers may compete in 5 individual events and 1 Relay.

**ENTRY TIMES:** Submit entry times in: SCY.

**DEADLINES:** Entry deadline is May 21, 2010.
Mail hardcopy and payment to the entry chairperson:

ZEUS Swimming
C/O Eric Baritz
501 Westport Avenue, # 272
Norwalk, CT, 06851.

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration.
Entry is considered official upon payment of entry fee into the meet have been received to the above address.
Teams will be accepted first come first served basis based upon payment.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at byte1inc@optonline.net Please check that your team name, address, and contact information are listed correctly in this file.

**ENTRY FEES:** Electronic entries: $4.00 for individual events, $8.00 for relays. Manual entries: $8.00 for individual events, $12.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS**:
Please make checks payable to:

NAC Swim Club
ZEUS Swimming
C/O Eric Baritz
501 Westport Avenue, #272
Norwalk, CT 06851.

Payment MUST be received by May 21, 2010.

**CUT PROTOCOL for INVITATIONALS:**

- Relays will be eliminated first.
- Then individual entries will be limited from 5 to 4 events.
- Then limited from 4 to 3 events.
- Then teams will be cut based upon receipt of emailed entry.

The host team needs to keep the session within 90 minutes of the start time.
Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** Swimmers may enter up to 1 relay and each team may enter as many relays as they deem fit.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Time trials will be offered at the discretion of the meet referee if time allows. Time trials are $4.00 for individual events and $8.00 for relays. Time trial events count toward the total number of event limitations per session.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Volunteers will be based upon the size of the entry.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The TOP 16 will be scored.

**AWARDS:** Ribbons will be awarded to the top 8 finishers in each individual event, and top 3 finishers in each relay event.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** There is ample parking

**DIRECTIONS:**
**From Rte. I-95 North:**
Take Exit 17/Westport. Turn LEFT at the end of the ramp onto Saugatuck Avenue/Rte. 33. Turn LEFT at the first street on left/ Sunrise Road. Turn RIGHT at end of Sunrise Road onto Indian Hill Road. Turn LEFT at end of Sunrise Road onto Treadwell Avenue (.4 mi). Turn LEFT onto Kings Highway South (.1 mi). Continue on Kings Highway South until it becomes William Street and then bear RIGHT into County Street. Follow County Street (.4 mi) to Calvin Murphy Drive/ Norwalk High School. The Pat Spinola Natatorium is at the top of the hill on the right.
**From Rte. I-95 South:**
Take Exit 16/East Avenue/Norwalk. Turn LEFT at the end of the ramp onto East Avenue. Stay to the right on East Avenue (.9 mi.). Turn RIGHT onto Westport Avenue/Rte. 1 (.9 mi.).Turn RIGHT onto Strawberry Hill Avenue (.2 mi.). At first light, turn LEFT onto County Street (.2 mi.). Turn RIGHT at the first street on the right/Calvin Murphy Drive/Norwalk High School. The Pat Spinola Natatorium is at the top of the hill on the right.

**2010 ZEUS Mayor's Cup - 6/4/2010**

**Session Report**

Session: 1 Friday night Mayor's Cup

Day of Meet: 1 Starts at 06:50 PM Heat Interval: 25 Seconds / Back +15 Seconds

| Round | | Event | Entries | Heats | Starts at | |
|---|---|---|---|---|---|---|
| Finals | 1 | Girls 8 & Under 25 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 2 | Boys 8 & Under 25 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 3 | Girls 8 & Under 25 Backstroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 4 | Boys 8 & Under 25 Backstroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 5 | Girls 9 & Under 50 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 6 | Boys 9 & Under 50 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 7 | Girls 9 & Under 50 Backstroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 8 | Boys 9 & Under 50 Backstroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 9 | Girls 8 & Under 25 Breaststroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 10 | Boys 8 & Under 25 Breaststroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 11 | Girls 8 & Under 25 Butterfly | 0 | 0 | 06:50 PM | _____ |
| Finals | 12 | Boys 8 & Under 25 Butterfly | 0 | 0 | 06:50 PM | _____ |
| Finals | 13 | Girls 9 & Under 50 Breaststroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 14 | Boys 9 & Under 50 Breaststroke | 0 | 0 | 06:50 PM | _____ |
| Finals | 15 | Girls 9 & Under 50 Butterfly | 0 | 0 | 06:50 PM | _____ |
| Finals | 16 | Boys 9 & Under 50 Butterfly | 0 | 0 | 06:50 PM | _____ |
| Finals | 17 | Girls 8 & Under 100 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 18 | Boys 8 & Under 100 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 19 | Girls 9 & Under 100 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 20 | Boys 9 & Under 100 Freestyle | 0 | 0 | 06:50 PM | _____ |
| Finals | 21 | Girls 8 & Under 200 Freestyle Relay | 0 | 0 | 06:50 PM | _____ |
| Finals | 22 | Boys 8 & Under 200 Freestyle Relay | 0 | 0 | 06:50 PM | _____ |
| Finals | 23 | Girls 9 & Under 200 Freestyle Relay | 0 | 0 | 06:50 PM | _____ |
| Finals | 24 | Boys 9 & Under 200 Freestyle Relay | 0 | 0 | 06:50 PM | _____ |
| | | Finish Time | | | 06:50 PM | _____ |