

HMST Summer Distance Invitational
July 1-2, 2010
986 Forest Road
New Haven, CT 06515

Held under sanction of USA Swimming and Connecticut Swimming #L10-45

EVENTS

***.hyv**

Meet Director:	Lisa Earley	LEarley851@aol.com	203-389-1474
Meet Referee:	Rich Dufour	richdufour@comcast.net	
Entry Chair:	Lisa Earley	LEarley851@aol.com	203-389-1474
Safety Chair:	Robert Pimer	rmpimer@aol.com	
Officials Contact: (optional)	Lisa Earley	LEarley851@aol.com	203-389-1474

WEBSITE: <http://www.hmst.org>

POOL EMERGENCY NUMBER: 203-397-1001 Ext. 524

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final All events will be swum fast-to-slow, alternating heats of women and men.

SCRATCH PROCEDURES: Scratch sheets will be provided in the Coaches' Packets. These sheets MUST be returned 20 minutes after the first warm-up begins with the scratched swimmers clearly identified.

FACILITY: The Hopkins School Competition Pool is a 6 -lane, 25-yard pool. 6 lane Colorado Electronic Timing System. Spectator seating can be accessed on the second floor of the building. There is ample seating for 300 spectators

DISABLED ACCESS: Handicap parking and access to the building is available from the second floor. Please contact Chuck Elrick (203397-1001 ext 524 for further details.

COURSE: Events will be swum in short course yards

EVENTS: See attached list.

SESSION TIMES: 4:00 pm warm up; 5:15 pm start each day.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: 2 events per day

ENTRY TIMES: Submit entry times in: SCY, No Times are discouraged.

DEADLINES: Entry deadline is June 25, 2010. Mail hardcopy and payment to the entry chairperson: Lisa Earley, 846 Beechwood Road, Orange, CT 06477. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at LEarley851@aol.com. Please check that your team name, address, and contact information are listed correctly in this file. .

ENTRY FEES: Electronic entries: \$6.00 for distance event. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to HMST and mail to: Lisa Earley, 846 Beechwood Road, Orange, CT 06477. Payment must be received by 6/30/10.

CUT PROTOCOL for INVITATIONALS: If the session becomes over-subscribed the second event will be scratched. Clubs will be notified of cuts no later than Monday, June 28, 2010.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: NO

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Each swimmer will provide their own timer and counter.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored. .

AWARDS: None

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Cars must use a designated parking spot and not park along driveways or block access roads

DIRECTIONS: *From Rte. 15 (Wilbur Cross Parkway, Exit 59, South, from Hartford):* At the end of the exit ramp, turn right. Rte. 63 (Amity Road) and Rte. 69 (Litchfield Turnpike) merge to form Whalley Ave. Approximately $\frac{3}{4}$ of a mile from that intersection, turn right onto Rte. 122 (Dayton Street). After traveling one block, follow Rte. 122 through the traffic signal onto Forest Road. The Hopkins driveway is on the right immediately after the next traffic signal.

From Rte. 34 or 15 (Wilbur Cross Parkway, Exit 57 North, from NYC): From Rte. 15, take Rte. 34 (Derby Turnpike) east for 2-1/2 miles; turn left onto Rte. 122 (Forest Road). Hopkins is on the left after approximately $\frac{1}{2}$ mile.

From Rte. 91 or Rte. 95 North (New London- Hartford): Exit at the Oak Street Connector- Downtown Rte. 34 (which is Exit #1 on I-91 and Exit #47 on I-95). Proceed to the end of the

connector and then exit straight ahead onto the parallel Frontage Road (Rte. 34). Continue on this road about two miles until you reach the Boulevard. Take a right and get into the far left lane. At the light take a left—all the while remaining on Rte. 34. Continue until you come to Rte. 122 (Forest Road). Take a right and Hopkins will be on the left after traveling about ½ mile.

From Rte. 95 (North, from NYC): Use Exit #43 (Rte. 122, Campbell Ave. West Haven). Turn left at the end of the ramp. Follow Rte. 122 for 2 miles across both Rte 1 (Boston Post Road) and Rte 34 (Derby Turnpike), at which point it becomes Forest Road. Hopkins is on the left about ½ mile ahead.

Licensed To: Hopkins School

Hy-Tek's MEET MANAGER 6/8/2010 Page 1

2010 Summer Distance Invitational - 7/1/2010 to 7/2/2010**Session Report**

Session: 1 Thursday July 1

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 400 IM	0	0	05:15 PM	_____
Finals	2 Boys 400 IM	0	0	05:15 PM	_____
Finals	3 Girls 1650 Freestyle	0	0	05:15 PM	_____
Finals	4 Boys 1650 Freestyle	0	0	05:15 PM	_____
	Finish Time			05:15 PM	_____

Session: 2 Friday July 2

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Girls 500 Freestyle	0	0	05:15 PM	_____
Finals	6 Boys 500 Freestyle	0	0	05:15 PM	_____
Finals	7 Girls 1000 Freestyle	0	0	05:15 PM	_____
Finals	8 Boys 1000 Freestyle	0	0	05:15 PM	_____
	Finish Time			05:15 PM	_____

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