

CDOG May Distance Meet

May 14, 2010

520 South Main Street (Rte 10), Bartlem Park
Cheshire, CT 06410

Held under sanction of USA Swimming and Connecticut Swimming #L10- 37

EVENTS

[*.hvy](#)

	Name	Email	Phone
Meet Director:	Cheryl Guetens	guetens@cox.net	203-988-5959
Meet Referee:	Chris Patrell	spatrell@att.net	203-530-4242
Entry Chair:	Jim Robison	robison-times@snet.net	
Safety Chair:	Liz Aylward		

WEBSITE: <http://www.c-dog.net>

POOL EMERGENCY NUMBER: 203-271-3208

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. The 800 Free will be swum fast-to-slow, alternating heats of women and men.

SCRATCH PROCEDURES: Scratch sheets will be provided in the Coaches' Packets. These sheets **MUST** be returned 20 minutes after the first warm-up begins with the scratched swimmers names clearly identified.

FACILITY: The Cheshire Community Pool is an 8-lane, 50-meter pool. 10 Lane Daktronics Electronic Timing System. Deck Seating will be available, bring deck chairs.

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

COURSE: LCM

EVENTS: See attached list.

SESSION TIMES: Warm Up: 5:00pm
Start: 5:50pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: Swimmers may swim up to 2 events at the meet.

ENTRY TIMES: Submit entry times in: LCM. No Times are STRONGLY discouraged.

DEADLINES: Entry deadline for all clubs is Friday, May 7, 2010. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of receipt is based on Electronic Copy of entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at robison-times@snet.net. Please check that your team name, address, and contact information are listed correctly in this file. Payment must be received by Friday, May 7, 2010.

ENTRY FEES: Electronic entries: \$7.00 for individual events. Manual entries: \$8.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to “STPA” and put “*May Distance*” on the memo line. Checks should be mailed to: Jane Barlok, 360 North Brooksvale Road, Cheshire, CT 06410. Payment must be received by Friday, May 7, 2010.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participants in the 800M Freestyle will be required to provide their own timers and lap counters. Teams will be required to supply timers based on their entry until the start of the 800M Freestyle.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: None.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: You may use any of the several lots at Bartlem Park surrounding the Cheshire Community Pool. Overflow parking is available across the street at Cheshire High School.

DIRECTIONS:

FROM 91 NORTH: To exit 10 (Rt.40 ext). Follow to end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the High School.

FROM 91 SOUTH: To 691 West. Take exit 3 off 691, Cheshire. At light at the end of ramp, go left, heading south on Rt. 10. Follow Rt. 10 south through Cheshire. Pool is on the left across from the High School.

FROM 84 WEST: To 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

FROM 84 EAST: To exit 26 (rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire Pool is on the left across from the High School.

Licensed To: Sea Dog Swim Club

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May Distance Meet - 5/14/2010**Session Report**

Session: 1 May Distance

Day of Meet: 1 Starts at 05:50 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 200 Butterfly	0	0	05:50 PM	_____
Finals	2 Boys 12 & Under 200 Butterfly	0	0	05:50 PM	_____
Finals	3 Girls 12 & Under 200 Backstroke	0	0	05:50 PM	_____
Finals	4 Boys 12 & Under 200 Backstroke	0	0	05:50 PM	_____
Finals	5 Girls 12 & Under 200 Breaststroke	0	0	05:50 PM	_____
Finals	6 Boys 12 & Under 200 Breaststroke	0	0	05:50 PM	_____
Finals	7 Girls 11 & Over 800 Freestyle	0	0	05:50 PM	_____
Finals	8 Boys 11 & Over 800 Freestyle	0	0	05:50 PM	_____
	Finish Time			05:50 PM	_____

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