

Branford Stingrays
Short Course Distance Meet
June 22-23, 2010
Walsh Intermediate School, Branford, CT
Held under sanction of USA Swimming and Connecticut Swimming #L10-44

EVENTS

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Meet Director:	George Miles	george.miles@yale.edu	203-481-8369
Meet Referee:	Bob Beaulac	beaulac@snet.net	203-488-3975
Entry Chair:	George Miles	george.miles@yale.edu	203-481-8369
Safety Chair:	Jen Keogh		
Officials Contact:	George Miles (see above)		

POOL EMERGENCY NUMBER: No incoming phone service

MEET CLASSIFICATION: This meet is open to Connecticut Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals. All events will be run as mixed gender events, seeded fastest to slowest.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet listing all of their entries for that session. Coaches must check their athletes in at the computer table within one-half hour after the beginning of warm-ups.

FACILITY: The Walsh Intermediate School pool is a 6 -lane, 25-yard pool with a Colorado Time system and 6-lane scoreboard. Bleachers provide spectator seating.

DISABLED ACCESS: The school parking lot has designated handicap parking spaces. The school, pool and spectator areas are wheel-chair accessible, but the main pool locker rooms are NOT. Disabled swimmers should e-mail George Miles at George.miles@yale.edu at least three days before the meet to make arrangements for access to alternative locker rooms.

COURSE: SCY

EVENTS: See attached list. All events will be run as mixed gender events, seeded fastest to slowest.

SESSION TIMES: 12 & under sessions: Warm-up 3:00 pm Start 3:30 pm
13 & over; 12 & over sessions: Warm-up 4:30 pm Start 5:00 pm End 7:15 pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of Connecticut Swimming. Age on the first day of meet shall determine the swimmer's age and age group for the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of Connecticut Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: Swimmers may enter 1 event on Tuesday and 2 events on Wednesday. If time trials are held swimmers may enter one time trial per session.

ENTRY TIMES: Submit entry times in SCY. No Times are discouraged.

DEADLINES: Entry deadline is June 18, 2010. Mail hardcopy and payment to entry chair:
George Miles
27 Fir Tree Drive N.
Branford, CT 06405

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at george.miles@yale.edu. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRY FEES: Electronic entries: \$7.00 for events 400 yards or longer. \$5.00 for events 200 yards or shorter. Manual entries: \$10.00 per event.

PAYMENT INSTRUCTIONS: Please make checks payable to Branford Stingrays and mail to:
George Miles
27 Fir Tree Drive N.
Branford, CT 06405

CUT PROTOCOL: Entries will be accepted on a first come first serve basis until the meet is full.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Sunday before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$7.00 for individual events. If offered, swimmers may compete in one time trial.

TIMERS OR WORK ASSIGNMENTS: Swimmers must provide a timer for their swim.

DECK ACCESS: Only athletes, coaches, timers, officials, and official meet staff actively participating in the meet will be permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: There are no awards.

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Water and soft drinks only

PARKING: Use the circular drive in front of the school to drive to the large parking lot on the east side of the building. Do not park in the driveway; you will be ticketed and towed. Please do not park in the small lot at the west end of the building.

DIRECTIONS:

From the west: I-95 to Exit 55 (Route 1, Branford). Turn left onto Route 1 West. Proceed to second light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to school is on your right at the bottom of the hill.

From the east: I-95 to Exit 55 (Route 1, Branford). Turn right onto Route 1 West. Proceed to third light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to school is on your right at the bottom of the hill.

From the north: Take Route 80 to Route 139 in North Branford. Take Route 139 south to Route 1. Turn right onto Route 1 West. Proceed to fourth traffic light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to school is on your right at the bottom of the hill.

DO NOT PARK IN CIRCULAR DRIVE. YOU WILL BE TICKETED AND TOWED.

BRS SCY Distance Meet - 6/22/2010 to 6/23/2010

Session Report

Session: 1 Tuesday 12 & under
 Day of Meet: 1 Starts at 03:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	1 Mixed 12 & Under 500 Freestyle

Session: 2 Tuesday 13 & over
 Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	2 Mixed 13 & Over 50 Freestyle
Finals	3 Mixed 13 & Over 1650 Freestyle

Session: 3 Wednesday 12 & under
 Day of Meet: 2 Starts at 03:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	4 Mixed 12 & Under 200 Freestyle
Finals	5 Mixed 12 & Under 100 Backstroke
Finals	6 Mixed 12 & Under 100 Breaststroke
Finals	7 Mixed 12 & Under 100 Butterfly
Finals	8 Mixed 12 & Under 200 IM

Session: 4 Wednesday Open
 Day of Meet: 2 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event
Finals	9 Mixed 13 & Over 500 Freestyle
Finals	10 Mixed 12 & Over 200 Backstroke
Finals	11 Mixed 12 & Over 200 Breaststroke
Finals	12 Mixed 12 & Over 200 Butterfly
Finals	13 Mixed 13 & Over 400 IM