

Long Course Invitational

Sponsored by Woodbridge Aquatic Club

Saturday and Sunday, June 2 and 3

Held under the sanction of USA Swimming and Connecticut Swimming,
Sanction # L07-10

- Location:** Wesleyan University, Middletown, CT
- Facility:** 8 Lane, 50 meter pool, Colorado Timing. Adequate seating and parking is available
- Emergency Phone:** Pool Deck/806-685-2915
Facility Montor/806-685-2886
- Meet Manager:** Dave Reilly, (H) 203-458-2494, (C) 203-848-0307
dmr123@sbcglobal.net
- Entry Chair:** Dave Reilly,
57 Union Street
Guilford, CT 06437
Email: dmr123@sbcglobal.net
Phone: 203-458-2494 H
203-848-0307 C
- Meet Referee:** Ed Doernberger
- Safety Chair:** Ken Yanagisawa
- Warm-up/Start:** See Event Schedule
- Entry Deadline:** Friday, May 18, 2007. Connecticut teams whose entries are received by Wednesday, May 16, 2007 will be entered in the meet first, acceptance being determined by date/time entries are received. After that date, CT Swimming and out-of-state teams will be accepted based on date/time entries until the meet is full. Teams will be notified no later than Monday, May 21 regarding entry acceptance or entry modification due to a full meet.
- Entries:** Swimmers are limited to 4 events per session. Swimmers must be registered members of USA Swimming. Age group will be determined by age as of June 2, 2007. All entries are to be submitted using LCM times. NTs are discouraged. All teams are encouraged to send entries by email, using Hy-Tek or LSA software. Please submit a paper copy with the electronic entry. The paper copy will be considered the official entry in the event of discrepancies. Entries submitted without electronic files will be assessed

\$1.00 per swimmer. Email or mail all entries to the meet entry chair. Emailed entries must mail entry payment postmarked no later than Saturday, May 19.

400m Events: These events will be heat limited if necessary based on the size of the meet. Swimmers in these events must supply their own timer.

Fees: \$4.25 per event. Checks payable to Woodbridge Aquatic Club.

Coach Eligibility: All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of the swim meet, and must have this with them at all times while on deck.

Awards: No Awards

Over/Under Subscription: The meet manager reserves the right to make any adjustments deemed necessary to deliver fair and efficient running of the meet, such as adjusting warm-up and start times, or combining sessions. This will be done with approval of Program Operations. Circle the 4th event in case of over subscription. Teams will be notified by email if there is a need to scale back entries no later than Monday, May 21. Teams will be notified no later than Monday, May 28 regarding any changes in warm-up and start times, or the combining of sessions. Be sure to include an accurate email address of the team contact.

Work Assignments: Teams will be asked to supply timers in relationship to the size of their entry. Assignments are for the duration of each session, with the exception of the 400 events. Teams providing officials will have their timing assignments adjusted.

Directions:

From the South: North on I-91 or the Merritt Parkway. Follow the signs for Route 66 east and proceed to the intersection of Route 66 and Route 3 – turn right onto Vine Street. Parking is available next to the tennis courts – athletic complex is at the end of the road. From the North: Follow I-91 to Route 9 and proceed to the Middletown exit. Take a right at the light directing to 66 west, which is Washington Street. Drive up hill to the Wesleyan campus and turn left onto High Street. Proceed until Church Street and turn right at the light. Proceed approximately 1000 yards to the athletic center.

Disabled/Elderly Access: Limited handicap parking is available. Disabled access is through the front entrance only. An elevator is in the front lobby to the locker rooms and pool deck. Spectator seating is to the left of the lobby. If special assistance is required by athletes, coaches or spectators, please contact the meet director.

ORDER OF EVENTS

SATURDAY, JUNE 2

7:30 WARM UP, 8:30 START

GIRLS	EVENT	BOYS
1	12/U 100 BREAST	2
3	12/U 200 FREE	4
5	12/U 100 FLY	6
7	12/U 50 BACK	8
9	12/U 50 FREE	10
11	12/U 200 BACK	12
13	12/U 200 IM	14

12:45 WARMUP, 1:50 START

GIRLS	EVENT	BOYS
15	13/O 100 FLY	16
17	13/O 200 BREAST	18
19	13/O 200 FREE	20
21	13/O 100 BACK	22
23	13/O 50 FREE	24
25	13/O 400 IM	26

SUNDAY, JUNE 3

7:30 WARM UP, 8:30 START

GIRLS	EVENT	BOYS
27	12/U 100 FREE	28
29	12/U 200 FLY	30
31	12/U 100 BACK	32
33	12/U 50 BREAST	34
35	12/U 50 FLY	36
37	12/U 200 BREAST	38
39	12/U 400 FREE	40

WARM UP 12:45 START 1:50

GIRLS	EVENT	BOYS
41	13/O 200 FLY	42
43	13/O 100 FREE	44
45	13/O 200 IM	46
47	13/O 100 BREAST	48
49	13/O 200 BACK	50
51	13/O 400 FREE	52