

Stars & Stripes Age Group Qualifier

Friday through Sunday, June 29- July 1, 2007

at University of Connecticut, Wolff-Zakin Natatorium, Storrs CT

**Proudly hosted by
Greenwood Memorial Swim Club, Inc.**

**Held under sanction of USA Swimming and
Connecticut Swimming, Sanction #L07-23**

DISCLOSURE: The meet referee reserves the right to make any adjustments to the provisions within this meet announcement that may be deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations of Connecticut Swimming.

[Schedule of Events](#) (link to event listing at the end of this announcement)

[Entry Cover Sheet](#) (link to entry cover to print out)

CONTACTS

Meet Directors: Walt & Carol Pryor	(603) 532-5997	pryorw@town.jaffrey.nh.us
Meet Referee: Walt Meissner	(978) 203-6982	wcm@bu.edu
Entry Chairperson: Rosemarie Meissner	(978) 827-4580	remecon@comcast.net
Safety Chairman: Kate Maguire	(978) 692-5403	MaguireJG@comcast.net

Pool Emergency Number @ UConn: (860) 486-2400

For the most up-to-date information about warm-up schedules, timing needs, and/or "day-of-the-meet" weather or emergency notices, access the GMSC web page at:
<http://www.greenwoodswim.com/index.html>

FACILITY: The Wolff-Zackin Natatorium is the home of the University of Connecticut men and women's swimming and diving programs located on the University's main campus in Storrs, Connecticut. The 39,000-square foot natatorium includes a six lane 50-meter 'stretch pool' with non-turbulent lane lines equipped with a Colorado Timing System, touch pads and an electronic scoreboard. The course will be in long course meters (50 meters set up). Handicapped parking and pool deck access are available through the rear entrances of the pool.

ELIGIBILITY: All contestants must be 2007 USA Swimming registered athletes and must be registered before they will be allowed to compete. Age eligibility is determined by the age of the swimmer on the first day of the meet and must be shown on the entry form. All coaches must present a valid USA Swimming coach Card to the Meet Director

prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

MEET FORMAT: This meet offers timed-final events for the following age groups: 10 & Under, 11-12, 13-14, 15 & Over. No relay events are offered. There will be five sessions: one on Friday, two on Saturday, and two on Sunday. The Friday evening session offers selected distance events (400 Free to 12 & Under and 800 Free to 11 & Over swimmers). Saturday and Sunday morning sessions offer 12 & Under events while the Saturday and Sunday afternoon sessions offer 13 & Over events. All sessions will be seeded after the positive check-in deadline before the start of the competition. Coaches and swimmers must check-in with the Clerk of the Course no later than 45 minutes before the session is scheduled to start. Heat and lane assignments will be posted and handed out to coaches prior to the start of competition. Swimmers are to report directly to their assigned lane before their event and heat is called.

SESSIONS	<u>Warm-up</u>	<u>Start</u>
Friday Evening:	4:00 PM	5:30 PM
Saturday & Sunday Morning Sessions:	7:00 AM	8:30 AM
Saturday & Sunday Afternoon Sessions:	1:00 PM	2:30 PM

ENTRY INFORMATION: Emailed electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF will only be accepted for teams registered within the Connecticut LSC through May 16, 2007. After May 16, other CSI and non-CSI team entries will be accepted as space is available, but all entries must be received no later than June 12, 2007. Please email entries to Rosemarie Meissner at remecon@comcast.net.

The email entry date shall determine the date of each entry *provided* that the hardcopy, payment for the entry is received within five business days of the date of the emailed entry. If the complete payment and the accompanying hardcopy are not received within the required five business day time limit, then the entire team will be withdrawn from the meet and the entry returned as not accepted, thus requiring that team to re-enter the meet in order to establish a new entry date. The hard copy must be typed or printed legibly, be complete and accurate and must use full names and registration numbers from USA Swimming registration, and must include a completed and signed entry cover sheet and waiver. No refunds will be given for entries that are rejected due to improper entry (e.g., meet fees will not be returned or credited to new entries for scratches or errors). Deck entries will only be accepted if the meet is not designated as full on or before June 12, 2007 and then only if permitted by the meet director and/or meet referee. **Please include the email address of your team's contact(s) so all future meet correspondences can be sent to this email address.**

PAYMENT: Please make checks payable to "Greenwood Memorial Swim Club," and mail a hardcopy of the meet entry, completed forms (including signed entry cover page and waiver) and payment to the entry chairperson: **Rosemarie Meissner at PO Box 886, Ashburnham, MA 01430.**

ENTRY FEES: Entries are \$4.00 for each individual event entered of 200 meters or less; and \$6.00 per individual event entered of 400 meters or more. \$8.00 for time-trials only if time permits. Teams with 5 or more swimmers will be assessed \$1 per swimmer if the entry is submitted on paper, without a disk or emailed electronic entry in the standard CL2 or SD3/SDIF format.

ENTRY LIMITS AND 11 & 12 EVENTS: Athletes may enter and swim in a maximum of 4 events per day. The 11 & 12 events for the 200 Back (#11, 12), 400 IM (#17, 18), 200 Fly (#35, 36), and 200 Breast (#41, 42) shall be made available for 10 year old swimmers who age up to 11 between June 29 and July 20, 2007 before the CT Regional Championships, thus giving these swimmers an opportunity to qualify. The events have been set up in the entry file as 10-12 events only for this purpose.

ENTRY TIMES & UPDATES: All entries should be specified in long-course meters (50-meter pool) times. Yard times should be converted to meters. We ask teams to please not submit “NO TIME” for swimmers; a coaches ‘best guess’ is preferred over a NT in order improve the accuracy of the timeline. Entry times may be updated through 6 pm on June 12, 2007. No new updates will be accepted after that date. Entry time updates should be sent via email to the entry chairperson, preferably in a CL2 or SD3 format such as the Hy-Tek update format. No new entries will be permitted. Updates may not contain new entries or the entire update will be rejected and returned.

CUT PROTOCOLS: An effort will be made to fill the meet while staying within the required four hour session limitations by not over-accepting team entries based on date/time the entries are received. As stated previously, the date of an entry is the date the email entry is received *provided* that the hardcopy, payment and signed waiver forms for the entry is received within five business days of the date of the emailed entry. If the meet should become over-subscribed due to the last teams’ entries arriving on the same day therefore necessitating cuts, we shall first ask teams in reverse order of when the entries arrived to cut the fourth event for their swimmers until the timeline is within the four hour limit. In other words, the last team entry to arrive (based on the email entry date) shall be required to cut the fourth event for their swimmers, and then the next last entry to arrive, and so forth until we achieve a satisfactory timeline. **The fourth event (on Saturday and Sunday) for each swimmer must be circled on the hardcopy of your entry.** If the timeline is still unsatisfactory, teams will be cut based on date of receipt. For distance events (400 meters and above), the meet host reserves the right to make entry cuts by time. Entry fees for mandated cuts will be returned.

AWARDS: Ribbons for 1st through 6th will be given in each individual event in each age group (10 & Under, 11-12, 13-14, and 15 & Over). Heat winner awards will be distributed at the conclusion of each heat. Medals will be awarded to the top three high point winners in each age group. Only three events each on Saturday and Sunday will be included in the high point calculation. Awards will not be mailed or saved and must be picked up by the end of the Sunday afternoon session. Scoring will be through 16 places in individual events per the following table:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

OFFICIALS AND TIMERS: All teams are asked to provide an appropriate share of officials and timers. The meet will be permitted to proceed only if a sufficient number of officials and timers are present as determined by the Meet Referee. Please include with your entry a list of your team's eligible officials, their phone numbers, and the session(s) they are available to work. The host team referee for this meet will be Walt Meissner and volunteer officials are encouraged to contact Walt at wcm@bu.edu before the day of the meet. Team warm-up lane assignments and timer/official goals will be emailed to team contacts prior to the meet, posted at the meet, and included in the coach's packet.

Officials and Timers are encouraged to wear Red, White, or Blue shirts in celebration of Fourth of July.

PROGRAMS: \$7.00 for entire meet (5 sessions); \$3.00 per session

ADMISSION: There is no admission charge, as required by Connecticut Swimming.

WARMUPS: The pool will open for warm-ups at 4:00 PM Friday evening, at 7:00 AM Saturday and Sunday mornings, and at 1:00 PM Saturday and Sunday afternoons. Teams may be assigned warm-up lanes after all entries are received, and a warm-up schedule will be posted and distributed prior to the day of the meet. The pool will be cleared approximately 10 minutes before the start of competition. If the timeline allows for it and at the Referee's discretion, brief five to ten minute warm ups breaks may be added periodically during a given session. **CSI warm-up procedures will be followed.**

RULES: 2007 USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be required to leave the pool deck.

SAFETY, BEHAVIOR, IMPORTANT RULES & SPECIAL INSTRUCTIONS:

1. Diving is prohibited during warm-ups with the exception of one-way sprint lanes when announced.
2. All swimmers must enter the pool at the starting end of the pool. Jumping into the pool is prohibited at all times during the competition.

3. No shaving is permitted at the competition site.
4. Glass containers are prohibited in the pool area, especially on the pool deck and in the restroom area.
5. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
6. No camera cell phones are permitted in the locker rooms.
7. No flash photography at the start of any race.

Failure to abide by these rules and any other rules that may be announced or posted by meet officials during the meet may result in ejection from the facility. Meet officials will watch for swimmers or spectators who violate facility regulations. Horseplay will not be tolerated. Parents must supervise younger children in attendance at the meet. Meet officials have the authority to dismiss swimmers and spectators from the grounds. Coaches are responsible for communicating this to both swimmers and parents. No pets of any kind are permitted within the complex. **The University of Connecticut, Greenwood Memorial Swim Club, Connecticut Swimming Inc, and New England Swimming are not responsible for lost or stolen items.**

FOOD & EQUIPMENT VENDOR: A concession stand will be in operation for the duration of the meet, and possibly, a swimming equipment vendor will be selling suits, goggles, and other accessories at times during the meet if arrangements can be made.

DRIVING DIRECTIONS:

FROM HARTFORD: Take I-84 east to exit (68). Off the exit take a right on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Follow ½ mile to first light. Take left onto Hillside Road and pool is approximately one mile on the right next to the basketball arena.

FROM BOSTON: Approximately one and half-hours from Boston, take Mass Pike to Exit 9 and I-84 west to exit (68). Off the exit take a left on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Follow ½ mile to first light. Take left onto Hillside Road and pool is approximately one mile on the right next to the basketball arena.

DO NOT PARK ON THE STREET IN FRONT OF THE POOL FACILITY AS YOU MAY BE TOWED

Schedule of Events

Session 1

Friday Evening Session

Warm-up: 4:00 PM; Start: 5:30 PM			
Girls	Age Groups Awarded	Event	Boys
1	10&Under; 11-12	400 Free	2
3	11-12; 13-14; 15&Over	800 Free	4

Session 2

Saturday Morning Session (12 & Under)

Warm-up: 7:00 AM; Start: 8:30 AM			
Girls	Age Groups Awarded	Event	Boys
5	10&Under; 11-12	200 Free	6
7	10&Under; 11-12	50 Free	8
9	10&Under; 11-12	100 Fly	10
11	11 & 12*	200 Back	12
13	10&Under; 11-12	50 Back	14
15	10&Under; 11-12	100 Breast	16
17	11 & 12*	400 IM	18

** Events #11, 12, 17, 18 are for 11 & 12 Age Group but will allow 10 year old swimmers who age up to 11 between June 16 and July 20, 2006 (see notice). The events are set up in the entry file as 10-12 for this purpose only.*

Session 3

Saturday Afternoon Session (13 & Over)

Warm-up: 1:00 PM; Start: 2:30 PM			
Girls	Age Groups Awarded	Event	Boys
19	13-14; 15&Over	200 Free	20
21	13-14; 15&Over	200 Fly	22
23	13-14; 15&Over	100 Back	24
25	13-14; 15&Over	200 Breast	26
27	13-14; 15&Over	50 Free	28
29	13-14; 15&Over	400 IM	30

Session **Sunday Morning Session (12 & Under)**

4

Warm-up: 7:00 AM; Start: 8:30 AM			
Girls	Age Groups Awarded	Event	Boys
31	10&Under; 11-12	200 IM	32
33	10&Under; 11-12	50 Fly	34
35	11 & 12*	200 Fly	36
37	10&Under; 11-12	100 Back	38
39	10&Under; 11-12	50 Breast	40
41	11 & 12*	200 Breast	42
43	10&Under; 11-12	100 Free	44

** Events #35, 36, 41, 42 are for 11 & 12 Age Group but will allow 10 year old swimmers who age up to 11 between June 16 and July 20, 2006 (see notice). The events are set up in the entry file as 10-12 for this purpose only.*

Session **Sunday Afternoon Session (13 & Over)**

5

Warm-up: 1:00 PM; Start: 2:30 PM			
Girls	Age Groups Awarded	Event	Boys
45	13-14; 15&Over	200 IM	46
47	13-14; 15&Over	100 Fly	48
49	13-14; 15&Over	200 Back	50
51	13-14; 15&Over	100 Breast	52
53	13-14; 15&Over	100 Free	54
55	13-14; 15&Over	400 Free	56