

NORWALK ZEUS SWIM TEAM

presents the **2006 Mayor's Cup**

at Norwalk High School June 2, 2006

Held Under Sanction of USA Swimming and CT Swimming

Sanction Number: L06-10m

SITE: Pat Spinola Natatorium @ Norwalk High School, 23 Calvin Murphy Drive, Norwalk, CT, 06851

ELIGIBILITY:

- All swimmers must be 2006 registered members of USA Swimming.
- Age is determined by the swimmer's age as of June 2, 2006
- All Coaches must be 2006 registered members of USA Swimming.
- All Coaches must present a valid USA Swimming coaches' card to the meet director prior to the commencement of any sanctioned swim meet. and must have this card while on deck.

Meet Referee: Karen Barber **Karen_jubanyik@yahoo.com**, 203-795-0107

Meet Director: Omar Cruz, 203-515-8055, cruzswim1@aol.com

Safety Coordinator: Glen LeBlanc

POOL: 25 yard pool with 6, 6 foot lanes and non-turbulent lane lines.

RULES: Current USA Swimming rules will govern the meet. All events are timed finals.

AWARDS:

- Prizes will be given to all heat winners and ribbons will be given to the first eight places of each event.
- The winning team will receive a trophy – the Mayor's Cup.

ENTRIES:

- Entries must be received no later than May 19, 2006, for Connecticut swimmers who will be entered first. Out of state swimmers entries are due no later than May 20, 2006. Emailed entries is all that is needed to determine when official entry was received. A hard copy can follow later.
- The cost is \$4.00 per splash.
- Any entries not done in sd3 format must pay the host club a \$1.00 surcharge per swimmer.
- Make checks payable to: NAC
- Mail check with entries (disc and a hard copy) to:
NAC, ZEUS Swim Team
501 Westport Avenue, #272
Norwalk, CT 06851
- Entries can be emailed to: Eric Baritz at byte1inc@optonline.net
- A swimmer can compete in 5 events.
- The meet will be run on computer using Hy-Tek's Meet Manager, but no timing system with touch pads. Any entries sent on disk will be accepted.
- Warm up is 6:45 p.m. and start time is 7:20 p.m.

Officials and timers:

- Please call Omar Cruz with the name of the officials with their phone numbers, and email address.
- We will need three timers for every lane.

Length of the meet:

- The meet warm up will be at 6:45 p.m.
- The meet will begin at 7:20 and try to end 90 minutes later.
- The meet committee will attempt everything possible to have the meet run no more than 90 minutes from the start.
- Cuts will be based on first come first served basis. Emailed entries will be sufficient to determine when the entry was received. Then we will cut down the entries from 5 events to 4 events.
- The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations.

QUESTIONS: Omar Cruz, Head Coach, 203-515-8055, cruzswim1@aol.com

2006 Mayor's Cup

Hosted by the

Norwalk ZEUS Swim Team

June 2, 2006

Order of Events

Session 1 FRIDAY EVENING 6:45 P.M. Warm-up 7:20 P.M. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
1	8 & Under	25 yd. Freestyle	2
3	8 & Under	25 yd. Backstroke	4
5	10 & under	50 yd. Freestyle	6
7	8 & Under	25 yd. Breaststroke	8
9	8 & Under	25 yd. Butterfly	10
11	10 & under	50 yd. Backstroke	12
13	8 & Under	100 yd. I.M.	14
15	10 & Under	50 yd. Breaststroke	16
17	10 & Under	50 yd. Butterfly	18

Directions:

Take I – 95 to Exit 16, East Avenue. Go West on East Avenue for 2 lights. Make a right on Sunset Hill Avenue. Go all the way to end (Sunset Hill becomes Tierney Street). At stop sign (Strawberry Hill Avenue) make a left. Take Strawberry to County Street. Make right on County Street. Driveway to High School is on your right. Go all the way to top of driveway and look for a spot. Entrance to pool is first door on the right, **PAT SPINOLA NATATORIUM.**