

Sharks Swim Team and Norwalk ZEUS Long Course Invitational

May 13, 2006 At Yale University

Held Under Sanction of USA Swimming and CT Swimming

Sanction # L06-05m

Meet Coordinator/ Entry Chair

Rick Lewis

Lewisshark@aol.com

212 Palmer Hill Road

Old Greenwich, CT 06870

Meet Referee: Karen Barber **Karen_jubanyik@yahoo.com**, 203-795-0107

Safety Coordinator: Mio Cloud

Pool Facility:

- 5 lane 50 meter pool with no timing system.
- Pool and bleachers are Handicapped Accessible. Limited seating (bring folding chairs for balcony) and parking is available.
- Concession area is also available.

Eligibility:

- All swimmers must be 2006 registered members of USA Swimming.
- Age is determined by the swimmer's age as of May 13, 2006.
- All Coaches must be 2006 registered members of USA Swimming.
- All Coaches must present a valid USA Swimming coaches' card to the meet director prior to the commencement of any sanctioned swim meet and must have this card while on deck.

Events:

- All Events will be swum as timed finals.
- USA Swimming rules will govern the meet.
- Entries are to be submitted in best meter times (please have your computer convert).
- Swimmers can enter and compete in as many as 5 events.
- Swimmers have to provide their own timers in the Senior 400 meter freestyle.
- Manual timing at the Yale practice pool. Therefore we will need at least 2 timers for every lane.

Entry Fee:

- All events are \$4.00 each.
- Make all checks payable to **SHARKS!!**
- Mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it.
- There will be a \$1.00 surcharge for each swimmer; for five or more hand entered entries.

Entry Deadline:

- Entries are accepted on first come, first serve basis.
- All entries must be received by April 30, 2006.
- Formal entry is determined by the date of receipt of the hard copy of the entry and the entry fee.

Cut Procedure

- All entries accepted on first come, first served basis.
- If cuts are necessary, 7/under swimmers will be cut first.
- Then swimmers will be limited to 3 events per day.
- If cuts are still necessary the 400 meter free and 400 meter IM events will be limited to one hour (approximately 10 heats).
- All teams will be notified as soon as possible of any cuts.

Times of the meet:

- Meet management reserves the right to limit heats and adjust warm up and/or start times, upon the approval of CT Swimming Program Operations.
- All swimmers in the Senior 400 meter Freestyle will have to provide their own timers.

Entry Form:

- Open to all 2006 USA Swimming registered swimmers.
- Entry should include USA registration number and age of all swimmers.
- Please identify all unattached swimmers with red ink.
- Entries must be on Hy-Tek, LSA, or other SDIF format, but must be accompanied by a computer printout. Include on the entry form, the team name, address, and telephone of the head coach and/or club official responsible for the team's entry.
- Entries may be sent via email to LEWISSHARK@aol.com

Awards:

No awards will be given.

Order of Events:

Girls	Event	Boys		
Session 1	Senior	Saturday, 5/13/06	8:00 a.m. warm up	9:30 a.m. Start
1	400 mtr. I.M.	2		
3	100 mtr. Freestyle	4		
5	100 mtr. Backstroke	6		
7	100 mtr. Breaststroke	8		
9	100 mtr. Butterfly	10		
11	50 mtr. Freestyle	12		
13	400 meter Free	14		
Session 2	12 and Unders	Saturday, 5/13/06	2:00 p.m. warm up	3:00 p.m. Start
15	12 and Under 400 meter Free	16		
17	12 & under 50 mtr. Freestyle	18		
19	12 & Under 50 mtr. Backstroke	20		
21	12 & Under 200 mtr. Backstroke	22		
23	12 and Under 200 mtr. Breaststroke	24		
25	12 & Under 50 mtr. Breaststroke	26		
27	12 & Under 50 mtr. Butterfly	28		
29	12 & Under 200 mtr. Butterfly	30		
31	12 & Under 200 mtr. I.M.	32		