

OMNI 12/Under - Senior Invitational
Yale University
Payne Whitney Gymnasium
June 3 – 4, 2006

Held Under the Sanction of USA/CT Swimming # L 06 – 14M

Entry Chairman: Tim Wise
50 Wright Road
Wethersfield, CT 06109 (203) 432-1498 Timothy.Wise@Yale.edu

Meet Manager: Tim Wise
Safety Chair: Julie Pelczar
Referee: Don Galluzzi

Pool: The Yale Practice Pool is a 5-lane 50-meter facility with hand held timing, limited deck space and spectator seating. The Payne Whitney Gymnasium is handicapped accessible with the use of ramps and elevators. Parking can be found near and around the gymnasium; handicapped parking can be found on Tower Parkway in front of the gym. **Emergency phone (203) 432 - 2480.**

Events: Please enter using Long Course Meter times. OMNI reserves the right to limit the number of heats of an event, subject to the approval of the CSI Program Operations Chair. The 400 IM may be limited to the 4 fastest heats of women and men, 8 heats maximum. Teams will be notified in the event of over subscription. Those swimmers who are not able to swim the 400 IM will be offered the opportunity to choose another event that day, or offered a refund of their entry fee.

Entry: Swimmers may enter a maximum of 4 events per day. Any swimmer who wishes to swim UNATTACHED must mark this clearly in red with 'UN' alongside the swimmers' name on the entry sheet. Teams are encouraged to submit their entries via email. A diskette compatible for a PC using LSA Swim Team, Hy-Tek or other SDIF is also acceptable. An original paper copy of the entry must accompany all entries. Team entry date is determined by the date the hard copy and entry fees are received. Results will be emailed to the team contact.

Entry Deadline: CT entry deadline **May 23, 2006**, final deadline **May 29, 2006**. CT teams whose entries are received by the CT deadline will be entered first, after which all other teams will be entered on a first-come, first-serve basis.

Entry fee: Splash fee \$4 per event. There will be a \$5.00 charge per swimmer for hand entries. Make checks payable to: **OMNI Swim Club.**

Warm-up sessions - General warm-up for all senior sessions, no lane assignments. The last 10 minutes of each warm-up session two lanes will open up for sprints and one for pace. 12/Unders warm-up will be broken into two groupings with assigned lanes followed by a sprint and circle swim session.

13/Over	Warm – up	7:30 a.m.	Start	8:30 a.m.
12/Under	Warm – up	12:30 p.m.	Start	1:30 p.m.

Warm-up and start times are for both Saturday and Sunday sessions.

Eligibility: Only 2006 USA Swimming members are eligible. The swimmer's age as of June 3, 2006 will determine his/her age for the meet. USA Swimming will govern the meet. There are no cut-off standards for this meet.

Scratches: Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the office within one half hour after the beginning of warm-up.

Timers and officials: OMNI will be asking for timers from teams based on size of entry. OMNI welcomes anyone who wishes to assist in officiating during this meet. Please contact Tim Wise.

USA Swimming membership cards: All Coaches must present a valid USA Swimming Coaches Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Food: Food and beverages will be available during the meet. Food will not be allowed on deck during the meet except for water bottles. **Please NO GLASS on the deck.**

Miscellaneous: Time trials will be held at the end of each session if time permits. No awards will be distributed.

Directions: Take Exit 3 off of I 91 (Trumbull Street). Go straight through three lights, at the fourth light take left (Prospect). At the next light take right (Grove Street). Follow road through one light and Payne Whitney is straight ahead. Practice Pool is located on the third floor.

Hotel Information:

The Colony Inn (10 minutes) 1157 Chapel Street New Haven, CT 06511 (203) 776-1234	The OMNI Hotel (10 minutes) 155 Temple Street New Haven, CT 06511 (203) 772-6664 or 1-800-843-6664
Courtyard Marriott at Yale (across the street) 30 Whalley Ave New Haven, CT 06511 (203) 777-6221 or 1-800-465-4329	New Haven Hotel (10 minutes) George Street New Haven, CT 06511 (203) 498-3100
Hotel Duncan (10 minutes) 1151 Chapel Street New Haven, CT 06511 (203) 787-1273	Howard Johnson's Inn (20 minutes) 2250 Whitney Ave Hamden, CT 06506 (203) 288-3831 or 1-800-446-4656
Residence Inn by Marriot (20 minutes) 3 Long Wharf Drive New Haven, CT 06511 (203) 777-5337	Days Inn (20 minutes) 3400 Whitney Ave Hamden, CT 06506 (203) 288-2505

WE ARE GUESTS OF YALE UNIVERSITY. COACHES, SWIMMERS AND GUESTS ARE EXPECTED TO TREAT THE FACILITY WITH RESPECT. PLEASE NO ROAMING OR WANDERING AROUND THE GYMNASIUM.

**OMNI SWIM CLUB
Order of Events
June 3 – 4, 2006**

Session I		
Senior		
Saturday	7:30am warm-up	8:30am Start
Women's	Event	Men's
1	200 IM	2
3	50 Freestyle	4
5	100 Backstroke	6
7	200 Breaststroke	8
9	100 Butterfly	10
11	200 Freestyle	12
Session II		
12/Unders		
Saturday	12:30pm warm-up	1:30pm Start
13	200 Freestyle	14
15	50 Butterfly	16
17	100 Backstroke	18
19	100 Breaststroke	20
21	50 Freestyle	22
Session III		
Senior		
Sunday	7:30am warm-up	8:30am start
23	400 IM	24
25	200 Backstroke	26
27	100 Breaststroke	28
29	200 Butterfly	30
31	100 Freestyle	32
Session IV		
12/Unders		
Sunday	12:30pm warm-up	1:30pm start
33	200 IM	34
35	50 Backstroke	36
37	50 Breaststroke	38
39	100 Butterfly	40
41	100 Freestyle	42