

# SUMMER 10 & under SHORT COURSE “QUADRATHON”

Hosted by: The Hopkins Mariner Swim Team  
Held under the sanction of USA Swimming and Connecticut Swimming Inc.  
Sanction #L06-30

**Date:** Monday, July 10, 2006

**Location:** Hopkins School  
986 forest Road  
New Haven, CT. 06515

**Time:** 5:00pm warm-up

**Start:** 6:00pm

Warm-up will be designated the first 20 minutes for girls, the next 20 minutes for boys, and the next 10 minutes for sprints. No diving will be permitted during the general warm-up period.

**Eligibility:** Open to all 2006 Connecticut registered swimmers of USA Swimming. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**Entries:** All entries must be submitted on Hy-Tek disk or other SDIF. Please include a hard copy of the entries. Also, please list the club official, telephone number and mailing address where results are to be sent. Use short course times for seeding. Please estimate times in events that swimmers have not previously raced in competition. Relays must be entered with seed times. If any of your swimmers are swimming the meet Unattached, please mark UNAT clearly in RED along side of the swimmer's name on the entry sheet.

Should the meet be oversubscribed, teams whose entries are received after the meet has been filled will be returned. Should we get to this situation a notice will be sent to CT. Swimming to indicate on the web site that the meet is full on the meet announcement page. An email will be sent upon receipt of a team entry notifying them of the status of their acceptance to the meet.

In order for a swimmer to be considered for the “Quadrathon” awards he/she must complete all four individual events legally.

The meet referee reserves the right to make any adjustments to the provisions of the meet announcement necessary to ensure the fair and efficient running of the meet. All changes are subject to approval by CSI Program Operations.

**Deadline:** Entries must be received no later than 6:00pm on Thursday, June 28, 2006. An entry is considered received and accepted when the entry and payment has been received.

**Mail Entries To:** Chuck Elrick  
Hopkins School  
986 Forest Road  
New Haven, CT. 06515

**Fees:** Entry fees: \$4.00 per individual event                      \$7.00 per relay  
Make checks payable to Hopkins.

**Cut off times:** none

**Awards:** Medals for the top 6 finishers in the “Quadrathon” scoring.  
Ribbons for 1<sup>st</sup> through 6<sup>th</sup> place for individual events and 1<sup>st</sup> through 3<sup>rd</sup> in relays.

**Timers:** Back up timers will be requested based on the size of a team's entry.

**Timing System:** Manual timing will be used for this meet.

**Officials:** Please submit the names of any officials willing to work the meet to the referee listed below.

**Handicap Access:** Handicap access to the bleachers is by the upper level entrance.

**Meet manager:** Chuck Elrick  
celrick@hopkins.edu

**Referee:** Karen Barber (203)795-0107  
Karen\_jubanyik@yahoo.com

**Entry Chair:** Lisa Earley  
LEarley851@aol.com

**Safety Chair:** Cindy Kett

**Pool Emergency phone number: (203)397-1001 ext. 524**

**Directions:** *From Rte. 15 (Wilbur Cross Parkway, Exit 59, South from Hartford):* At the end of the exit ramp, turn right. Rte. 63 (Amity Road) and Rte. 69 (Litchfield Turnpike) merge to form Whalley Ave. Approximately  $\frac{3}{4}$  of a mile from that intersection, turn right onto Rte. 122 (Dayton Street). After traveling one block, follow Rte. 122 through the traffic signal onto Forest Road. The Hopkins School driveway is on the right immediately after the next traffic light.

*From Rte. 34 or 15 (Wilbur Cross Parkway, Exit 57 north from NYC):* From Rte. 15, take Rte. 34 (Derby Turnpike) east from 2-1/2 miles, turn left onto Rte. 122 (Forest Road). Hopkins is on the left after approximately  $\frac{1}{2}$  mile.

*From I-91 or I-95 North (New London – Hartford):* Exit onto the Oak Street Connector-Downtown New Haven Rte. 34 (which is Exit 1 on I-91 and Exit 47 on I-95). Proceed to the end of the connector and then exit straight ahead onto the parallel Frontage Road (Rte. 34). Continue on this road about a mile until you reach the Boulevard. Take a right and get into the far left lane. At the light take a left, all the while remaining on Rte. 34. Continue until you come to Rte. 122 (Forest Road). Take a right and Hopkins will be on the left after traveling about  $\frac{1}{2}$  a mile.

*From I-95 (North from NYC):* Use Exit #43 (Rte. 122, Campbell Ave. West Haven). Turn left at the end of the ramp. Follow Rte. 122 for 2 miles across both Rte. 1 (Boston Post Road) and Rte. 34 (Derby Turnpike), at which point it becomes Forest Road. Hopkins is on the left about  $\frac{1}{2}$  mile ahead.

## ***ORDER OF EVENTS***

<i>Girls</i>	<i>Age</i>	<i>Event</i>	<i>Boys</i>
1	9 & 10	100 yard medley relay	2
3	8 & under	100 yard medley relay	4
5	9 & 10	50 yard free	6
7	7 & 8	25 yard free	8
9	6 & under	25 yard free	10
11	9 & 10	50 yard back	12
13	7 & 8	25 yard back	14
15	6 & under	25 yard back	16
17	9 & 10	100 yard IM	18
19	7 & 8	25 yard fly	20
21	6 & under	25 yard fly	22
23	9 & 10	50 yard breast	24
25	7 & 8	25 yard breast	26
27	6 & under	25 yard breast	28
29	9 & 10	100 yard free relay	30
31	8 & under	100 yard free relay	32