

LONG COURSE INVITATIONAL

June 16, 17 & 18, 2006

Hosted by the Hopkins Mariner Swim Team

Held under Sanction of USA Swimming and Connecticut Swimming Inc.

Sanction #L06-21

Held at Wesleyan University

Middletown, CT.

Meet Manager

Lisa Earley
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Entry Chairman

Chuck Elrick
Hopkins School
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Referee: Karen Barber karen_jubanik@yahoo.com

Safety Chairman: Cindy Kett

Pool Emergency Number: (860)685-2886 (Facility Monitor)
(860)685-2915 (Pool Deck)

The meet will be run in accordance with USA Swimming rules unless otherwise noted. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement in conjunction with CSI Program Operations that they deem necessary to ensure the fair and efficient running of the meet.

Disabled/Elderly Access: Limited handicapped parking available behind the Freeman Athletic Center. Disabled access is through the front entrance only. Elevator in front lobby goes to the locker rooms and pool deck. Spectator area is to the left of the front lobby. If special assistance is required by athletes, coaches, or spectators, please contact the Meet Director.

Pool: The Wesleyan University pool is an 8 lane by 50 meter facility with non-turbulent lane lines and electronic timing. Adequate seating and parking is available.

Events: All events will be deck seeded according to the swimmers best meter times. The fastest two heats will return in the evening to swim in the finals session. The fastest 8 relay teams will swim in the finals session, all other relays will swim in the preliminary session. Time trials may be available if time permits on Saturday and Sunday only. No time trials will be allowed in the 800 or 1500 free, and a time trial swim counts toward the limit of three events per day.

Eligibility: Only 2006 USA Swimming registered swimmers are eligible for this meet. The swimmer's age as of June 16, 2006 will determine the age for the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Entry Limitations: Swimmers may enter any number of events but are limited to competing in no more than 3 individual events per day, including time trials.

Entry Forms: Teams are encouraged to submit their entries on a disk using the Hy-Tek program. An original paper copy of the entry must accompany all entries on disk. You may also submit your entry by email in SDIF format. Email your entry to celrick@hopkins.edu. Mail your entry to the entry chairman listed on the cover page. The phone number and/or email address of a club representative that can be reached in the evening must be included on the form as well as a club mailing address. The entry will not be considered until the payment has been received. If any of your swimmers are swimming the meet Unattached please mark **UNAT** clearly in **RED** along side of the swimmer's name on the entry sheet. Note that each relay team must be indicated on a separate line at the bottom of the entry form. Relays must be entered with seed times. In case of dispute, the official entry form will be considered the master form and only official document of entry.

Entry Fees: Individual events are \$5.00 and relays are \$10.00 each. (Time Trials are \$5.00 per event.) Make checks payable to Hopkins and mail the check with the entry forms to the entry chairman. There will be a \$1.00 charge per swimmer for 5 or more swimmers on hand entered entries.

Entry Deadline: CT teams that enter by noon Friday, June 2, 2006 will be entered first. Out-of-State team deadline is Wednesday, June 7, 2006. If adjustments need to be made in the meet timeline the club contact will be notified by Tuesday June 13, in the morning. The meet management reserves the right to adjust warm-up and /or start times subject to approval of CT Swimming program operations.

Cut Protocol: If the meet is oversubscribed we will eliminate the relays first. Should the meet still be oversubscribed, we would then split the morning session into a morning and an afternoon session with the Senior group in the morning and the 12 & under events in the afternoon. Should this be done the relays would be reinstated. If the meet is still oversubscribed after separating into two sessions for Saturday and Sunday, we would then need to eliminate teams based on the date we received their entry. Entries are accepted on a first come first serve basis until the meet is full. Formal team entry date is determined by the date of entry hard copy and entry fee receipt by the host team.

Heat limits: Only the fastest 24 girls and 24 boys will swim in the 9-12 400 free and the Senior 1500 free. The 1500 free will be swum fastest to slowest alternating girls and boys. ***Positive check in for both events will be required by 6:00pm on Thursday, June 15, 2006.*** Please check in by sending an email listing those swimmers that wish to be considered for the event to celrick@hopkins.edu. An email will be sent out that evening, listing the top 24 swimmers for that evening.

Timing System: We will be using electronic timing for this meet.

Timers and Officials: The host team will require timers from teams in proportion to the size of their entries. Teams must provide their own timers and counters for the distance events. Officials will also be needed. Please contact Karen Barber, Head Referee at karen_jubanik@yahoo.com if you will be able to assist.

Scratches: Coaches will receive a scratch sheet for each session of the meet in their information packet, listing all of their swimmers and events for that session. Coaches must indicate all scratches or none on these sheets and turn them in to the computer table within **one-half hour after the beginning of warm-ups.**

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals and fails to compete, and has not been scratched will be barred from all further competition in the meet.

Exceptions for Failure to Compete in Finals:

No penalty shall apply for failure to compete in finals if:

1. The referee is notified in the event of injury or illness and accepts the proof thereof.
2. A swimmer not qualifying for a final heat based on the results of the preliminary heats but is bumped up because of a late scratch.
3. It is determined by the referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Meet Schedule

<i>Friday</i>	<i>Warm-up 5:00pm</i>	<i>Start 6:00pm</i>
<i>Trials Sat & Sun</i>	<i>Warm-up 7:30am</i>	<i>Start 9:00am</i>
<i>Finals on Saturday</i>	<i>Warm-up 5:00pm</i>	<i>Start 6:00pm</i>
<i>Finals on Sunday</i>	<i>Warm-up 4:00pm</i>	<i>Start 5:00pm</i>

*** Should the trials sessions be too large, the meet will be separated into a morning and an afternoon session. Warm-up and start times for the sessions and finals are subject to change depending on the size of the meet. Teams will be notified of any changes as soon as possible.**

Awards: Medals for the top 3 finishers in each individual event, and the top 3 relays. Team high point awards will be given to the three teams accumulating the most points at the end of the meet. The scoring system follows rule book rule #102.7.3 SCORING. The points that will be used are as follows:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Relays	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2
Indiv. Events	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Food: Food and beverages will be available during the meet, however, food will not be allowed in any areas of the building other than the food concession area.

Coaches & Officials Hospitality: There will be a hospitality room for coaches and officials located in the team room adjacent to the pool office.

Information: Please direct all questions regarding entries to the chairman and all other questions to the meet director. Since we are guests of Wesleyan University, all swimmers, coaches, and guests are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for the swimmers when they are not swimming. **Any violations of the rules of sportsmanship and common courtesy could result in the expulsion of a swimmer and/or team from the meet. Cell phone with the ability to take photos will not be permitted in the locker rooms.**

QUALIFIER MEET

Schedule of Events

Friday, June 16, 2006

WARM-UP 5:00pm START 6:00pm

Women		Men
1	Senior 800 Free Relay	2
3	9-12 400 meter free *	4
5	Senior 1500 meter free *	6

* only the fastest 24 swimmers in each gender that respond to the positive check in will swim

Saturday, June 17, 2006

WARM-UP 7:30am START 9:00am

7	Senior 200 meter IM	8
9	12 & under 50 meter breast	10
11	Senior 100 meter breast	12
13	12 & under 200 meter free	14
15	Senior 400 meter free	16
17	12 & under 50 meter fly	18
19	Senior 100 meter fly	20
21	12 & under 100 meter back	22
23	Senior 200 meter back	24
25	12 & under 50 meter free	26
27	Senior 50 meter free	28
29	12 & under 200 meter Medley Relay *	30
31	Senior 400 meter Medley Relay *	32

* the fastest 8 entered relays in each event will automatically go to finals and the event will be swum first.

Sunday, June 18, 2006

WARM-UP 7:30am START 9:00am

33	Senior 400 meter IM	34
35	12 & under 200 meter IM	36
37	Senior 100 meter free	38
39	12 & under 100 meter free	40
41	Senior 200 meter breast	42
43	12 & under 100 meter breast	44
45	Senior 100 meter back	46
47	12 & under 50 back	48
49	Senior 200 meter free	50
51	12 & under 100 meter fly	52
53	Senior 200 meter fly	54
55	12 & under 400 meter Free Relay *	56
57	Senior 400 Meter Free Relay *	58

* the fastest 8 entered relays in each event will automatically go to finals and the event will be swum first.

* You must provide your own timers and counters for the 1500 M Free.

* Only the fastest 24 swimmers that check in by 6:00pm on Thursday, June 15, will swim the 9-12 400 meter free and the Senior 1500 meter free.

ORDER OF EVENTS FOR FINALS
SATURDAY & SUNDAY

** The fastest 8 entered relays will be swum first with the Senior relay first followed by the 12 & under relay, and then the events will follow the same order as in the morning session.*

* The fastest 16 qualifiers from each individual event in the morning session will return for the evening finals session.

Directions: From the South: North on I-91 or the Merritt parkway. Follow signs for Rte. 66 east and proceed to the intersection of Rte. 66 and Rte. 3. Turn right onto Vine Street. Parking is available next to the tennis courts. The athletic complex is at the end of the street.

From the North: Follow I-91 to Rte. 9 and proceed to the Middletown exit. Take a right at the light onto 66 west (Washington Street). Drive up the hill to the Wesleyan campus and turn left onto High Street. Proceed until Church Street and turn right at the light. Proceed approximately 1000 yards to the athletic center.