

CONNECTICUT SWIMMING, INC.

The 2006 12/Under Long Course Meet Hosted by the Valley Shore Marlins Swim Team Saturday, June 10th, 2006

Held under sanction of USA Swimming Inc. and Connecticut Swimming Inc.
Sanction #L06-15m

**Meet Director /
Entry Chairman:** Santos Carvajal
6 Overlook Dr
Old Saybrook, CT 06475
(860) 395 6608
SantosCaG@hotmail.com

Meet Referee: Richard Dufour (860) 267-7014 richdufour@comcast.net

Safety Chairman: Peter Gonsalves (860) 399-4707

Facility: ***Yale University Practice Pool, Payne Whitney Gymnasium***
5-lane, 50-meter pool, hand held timing with limited deck space and spectator seating
(bring folding chairs for balcony).

Emergency phone: (203) 432 2480

**Disabled/Elderly
Access:** The Payne Whitney Gymnasium is handicapped accessible with the use of ramps and
elevators. Parking can be found near and around the gymnasium; handicapped parking
can be found on Tower Parkway in front of the gymnasium.

Schedule: ***Saturday, June 10th, 2006 – Yale University Practice Pool***

12/Under	Warm-up	8:00 am
	Start	9:00 am

Swimmer Eligibility: All swimmers must be 2006 registered members of USA Swimming and must be
registered prior to the meet. Swimmer's age is determined as of June 10th, 2006.
Swimmers are eligible for all events. There are no-cut-off times. Out of state swimmers
must send verification from LSC Registration Chair indicating all swimmers are current
USA Swimming members. Any swimmer who wishes to swim UNATTACHED must mark
this clearly in red with 'UN' alongside the swimmers' name on the entry sheet. USA
Swimming will govern the meet.

Entry Limitation: **Swimmers may enter a maximum of 3 events.**

Splash Fees: SPLASH FEE - \$4.00 per event.
There will be a \$5.00 charge per swimmer for hand entries.

Checks Payable to: Valley Shore YMCA.

Entry Deadline: Entries must be received by 5:00 pm on Wednesday, May 31st, 2006.

Entry deadline may be extended if meet entry is under subscribed.

- Entry Format:** Teams are encouraged to submit their entries on a disk using Connecticut Swimming master entry form, Hy-Tek (preferred), or other software using SDI format. All entries on disk must be accompanied by original paper copy of the entry. Entries on disks in the USA Standard Data Interchange Format (SDIF) will also be accepted. Please avoid "NT" entries.
- Mail to:** Mail your entry to the Entry Chairman at the above address. If you send your entry by express mail *please sign the waiver so that the package will be delivered even if no one is there to sign for it.* The phone number of a club official that can be reached in the evening must be included on the form as well as a club mailing address. You may also submit your entry by email. Please ZIP your entry and phone number and attach it to an Email. Send your Email to the Entry Chairman. Furnish an e-mail address for contact prior to the meet and for results following the meet. **Paper results will be sent upon request only.**
- Coach Eligibility:** All coaches must wear their USA Swimming membership cards to the Meet Director prior to the commencement of the meet, and must have this card while on deck.
- Warm-Up:** All teams must warm-up under the supervision of a coach or marshal. Coaches should register in the office when they arrive in order for their teams to begin warm-up. Any swimmers who do not have a coach in attendance **MUST** report to the Meet Director and have a supervisor assigned.
- Please Note:** USA Swimming rules will govern this meet. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Meet management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CSI Program Operations.
- Over-Subscription:** CT teams whose entries and fees are received by the entry deadline will be entered first, after which all other teams will be entered on a first-come, first-serve basis. The meet manager reserves the right to adjust the meet program based on the number of entries received. **Teams will be notified by Saturday, June 3rd in the case of changes.**
- Scratches:** Coaches will receive a scratch sheet in their information packets listing all of their swimmers and events. Coaches must indicate all scratches on these sheets and turn them in to the office within 20 minutes after the beginning of warm-up.
- Timers:** Teams will be asked to supply timers in relationship to the size of their entry. Assignments are for the duration of the meet
- Officials:** VSYM welcomes anyone who wishes to assist in officiating during this meet. Teams providing officials will have their timing assignments adjusted. Submit the names of officials willing to work to Santos Carvajal at **SantosCaG@hotmail.com**.
- Refreshments:** A concession with food and beverage will be available during the meet. Food will not be allowed on deck during the meet except for water bottles. **Please NO GLASS on the deck.**
- Awards:** Ribbons for 1st – 6th place in individual events for a total of 60 individual awards. Awards will not be mailed or saved – they must be picked up at the end of the meet. Heat winner awards will be given.
- Directions:** **From Route 15 North:**

Take Exit 61. Drive south on Whitney Ave for approximately five miles. Turn Right on Sachem St. at the Peabody Museum traffic light. Continue to next traffic light (at Prospect Street) and turn left. Proceed for two blocks and take a right at the light onto Grove Street (turns into Tower Parkway). Go approximately 1/2 mile and when road bends to the left; Payne Whitney Gymnasium is the 9-story building in front of you.

From the South:

Take Exit 57. Drive east on Route 34 (Derby Avenue) for five miles to the fork of Derby Avenue and George Street (three blocks past the Yale Athletic Fields). Bear right on George Street. Continue on George Street about eight blocks to York Street. Turn left, and continue until a left onto Tower Parkway.

From I-95:

From the North and South: Turn off turnpike at I-91 to Trumbull Street Exit 3. Follow Interstate 91 directions below.

From I-91:

Take Exit 3 (Trumbull Street Exit). Continue to the end of Trumbull Street to the fourth traffic light. Turn left onto Prospect Street and continue for one block. At light take a right onto Grove Street (turns into Tower Parkway). Go approximately 1/2 mile and when road bends to the left; Payne Whitney Gymnasium is the 9-story building in front of you.

Hotel Information:

The Colony Inn (10 minutes)	New Haven Hotel (10 minutes)
1157 Chapel Street	George Street
New Haven, CT 06511	New Haven, CT 06511
(203) 776-1234	(203) 498-3100
Courtyard Marriott at Yale (across the street)	Howard Johnson's Inn (20 minutes)
30 Whalley Ave	2250 Whitney Ave
New Haven, CT 06511	Hamden, CT 06506
(203) 777-6221 or 1-800-465-4329	(203) 288-3831 or 1-800-446-4656
Hotel Duncan (10 minutes)	Days Inn (20 minutes)
1151 Chapel Street	3400 Whitney Ave
New Haven, CT 06511	Hamden, CT 06506
(203) 787-1273	(203) 288-2505

WE ARE GUESTS OF YALE UNIVERSITY. COACHES, SWIMMERS AND GUESTS ARE EXPECTED TO TREAT THE FACILITY WITH RESPECT. PLEASE NO ROAMING OR WANDERING AROUND THE GYMNASIUM

**VSYM Swim Club
Order of Events
June 10, 2006**

12/Unders	08:00 am warm-up	9:00 am Start
Girls	Events	Boys
1	200 Freestyle	2
3	50 Butterfly	4
5	100 Backstroke	6
7	100 Breaststroke	8
9	50 Freestyle	10