

Sharks Swim Team and Norwalk ZEUS Long Course Invitational
May 14, 2005
At Yale University
Sanction # 05-5

Meet Coordinator/ Entry Chair

Rick Lewis
Lewisshark@aol.com
212 Palmer Hill Road
Old Greenwich, CT 06870

Meet Referee: Karen Barber Karen-jubanyik@yahoo.com

Safety Coordinator: Maryanne Hopkins

Pool Facility:

- ?? 5 lane 50 meter pool with no timing system.
- ?? Pool and bleachers are Handicapped Accessible. Limited seating (bring folding chairs for balcony) and parking is available.
- ?? Concession area is also available.

Eligibility:

- ?? All swimmers must be 2005 registered members of USA Swimming.
- ?? Age is determined by the swimmer's age as of May 14, 2005.
- ?? **All Coaches must be 2005 registered members of USA Swimming**

Events:

- ?? All Events will be swum as timed finals.
- ?? USA Swimming rules will govern the meet.
- ?? Entries are to be submitted in best meter times (please have your computer convert).
- ?? Swimmers can enter and compete in as many as 5 events.

Entry Fee:

- ?? All events are \$4.00 each.
- ?? Make all checks payable to **SHARKS!!**
- ?? Mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it.
- ?? There will be a \$1.00 surcharge for each swimmer; for five or more hand entered entries.

Entry Deadline:

- ?? Entries are accepted on first come, first serve basis.
- ?? All entries must be received by April 30, 2005.
- ?? Formal entry is determined by the date of receipt of the hard copy of the entry and the entry fee.

Cut Procedure

All entries accepted on first come, first served basis. If cuts are necessary, 7/under swimmers will be cut first, then swimmers will be limited to 3 events per day. If cuts are still necessary the 400 meter free and 400 meter IM events will be limited to one hour (10 heats – 5 of each sex, additional heats at the meet directors discretion if time permits). All teams will be notified as soon as possible of any cuts. May 7 at the latest.

Times of the meet:

Meet management reserves the right to limit heats and adjust warm up and/or start times, upon the approval of CT Swimming Program Operations.

Entry Form:

- ?? Open to all 2005 USA Swimming registered swimmers.
- ?? Entry should include USA registration number and age of all swimmers.
- ?? Please identify all unattached swimmers with red ink.
- ?? Entries must be on IBM disc using Hy-Tek, LSA, or other SDIF format, but must be accompanied by a computer printout. Include on the entry form, the team name, address, and telephone of the head coach and/or club official responsible for the team's entry.
- ?? Entries may be sent via email to LEWISSHARK@aol.com

Awards:

No awards will be given.

Events:**Girls****Session 1**

	Event	Boys		
	Senior	Saturday, 5/14/05	7:00 a.m. warm up	8:30 a.m. Start
1	400 mtr. Freestyle	2.		
3	100 mtr. Butterfly	4		
5	100 mtr. Backstroke	6		
7	100 mtr. Breaststroke	8		
9	100 mtr. Freestyle	10		
11	400 mtr. I.M.	12		
13	50 meter Free	14		

Session 2

	10/unders	Sat. 5/14/05	12:30 p.m. Warm up	1:15 p.m. Start
15	400 meter Free	16		
17	50 meter Fly	18		
19	50 meter Backstroke	20		
21	50 meter Breaststroke	22		
23	50 meter Freestyle	24		
25	200 meter IM	26		

Session 3

	11/12 year olds	Sat. 5/14/05	4:30 p.m. Warm up	5:30 Start
27	400 meter Free	28		
29	50 meter Fly	30		
31	50 meter Backstroke	32		
33	200 meter Fly	34		
35	200 meter Back	36		
37	50 meter Breast	38		
39	50 meter Free	40		
41	200 meter Breast	42		
43	200 meter IM	44		