

# SHAWMUT AQUATIC CLUB LONG COURSE SUMMER SOLSTICE CLASSIC

Sanctioned by Connecticut Swimming, Sanction No. L04-18  
June 18-20, 2004

**DOWNLOADS:** Order of Events (HTML)  
HyTek Team Manager and LSA Events Import

## STARTING TIMES

Date	Warm-up	Start
Friday Evening	4:00 PM	5:00 PM
Saturday AM	7:30 AM	8:30 AM
Saturday PM	1:00 PM	2:00 PM
Saturday Eve	Warm-up will not begin before 5:30 PM	Start: 1/2 hour after warm-ups begin
Sunday AM	7:30 AM	8:30 AM
Sunday PM	1:00 PM	2:00 PM

**MEET DIRECTOR:** Daphne Foster (508) 655-8418 or dhf105@comcast.net

**MEET ENTRY CHAIR:** Carrie Thompson (781) 235-3150 or thompsoncj@comcast.net

**REFEREE:** David Saunders – SaunderD@seekonk.k12.ma.us

**LOCATION:** University of Connecticut, Wolff-Zakin Natatorium, Storrs, CT. Six 50-meter lanes with non-turbulent lane lines. The pool is equipped with a Colorado Timing System, touch pads and an electronic scoreboard. Facility is disabled/elderly accessible. Please contact Meet Director if special assistance is required.

**Pool emergency phone number: (860)486-2400**

**ENTRY INFORMATION:** All entries, on diskette, handwritten, or e-mailed, will be accepted beginning Wednesday, April 28, 2004 and must be submitted no later than 5:00 PM, Wednesday, June 9, 2004. When using a disk or sending the entry by e-mail, use the standard sd3 or cl2 file. The hard copy, check, and the entry summary sheet must be received within four business days of your e-mailed entry. An entry will not be accepted without the hard copy and payment. No faxed or phoned entries will be accepted.

All hard copies and checks should be sent by certified mail. **Please check the "no signature required" box on overnight deliveries.** All entries must be typed or legibly printed and must include all swimmers' USS numbers and ages, event numbers and seed times. If there is a discrepancy between the hard copy and the electronic entry, the hard copy will be used

as the official meet entry. Send the entries to: Carrie Thompson, 86 Beechwood Road, Wellesley, MA 02482, (781) 235-3150. E-mail them to: thompsoncj@comcast.net

**ENTRY TIMES:** All entry times must be long course meter times or yard times converted into long course meter times using a conversion factor of 1.14. A "NT", or no time entry will not be accepted. Please provide a coach's time if a swimmer does not have an official time for a specific event.

**TIME UPDATES:** Entry times may be updated up until the entry deadline of 5:00 PM, Wednesday, June 9, 2004 provided no new swimmers are added and no changes other than time updates are made to the file. Additional swimmers must be added in a separate file.

**SCRATCHES:** E-mailed scratches will be accepted up until 5:00 PM on Wednesday, June 9, 2004. All coaches should check in with the bullpen upon arrival at the pool. Coaches will be provided with coach's packets available at the bullpen before the start of the meet. Coaches will receive scratch sheets for the sessions in their coach's packet. Coaches must indicate scratches on these sheets and return them to the bullpen no later than 30 minutes before the beginning of each session. **The Saturday evening session (the 800 and 1500 meter freestyles) will be by positive check-in. Swimmers must check in by 6:00 PM or they will be scratched from the event.** Coaches, please carefully review the remaining information contained in the coach's packet.

Heat sheets will be posted. It is each swimmer's responsibility to be behind the starting block for their event.

**ENTRY CUTS: This is a Connecticut-sanctioned meet. There are no provisions for a lottery.** Entries will be accepted on a first come, first served basis. Each team attending the meet will be allotted a proportion of the Saturday evening swims within the confines of the four-hour time limit.

If payment and the hard copy are received within four business days of the e-mailed entry, the date of the e-mailed entry will be considered the date of entry. If payment and the hard copy are not received within four business days of the e-mailed entry, the date the payment arrives will be considered the date of entry.

**PAYMENT INFORMATION:** Checks must be made payable to Shawmut Aquatic Club. ***No swimmer may swim more than five (5) events per session, except for the Friday evening session, in which each swimmer will be limited to two (2) events, and the Saturday evening session, in which each swimmer will be limited to one (1) event.*** The meet director reserves the right to limit heats in certain events in order to comply with the 4-hour time limit.

**ENTRY FEES:** Connecticut fee structure applies; please read. All events are \$3.50 per event. The 800 and 1500 meter freestyles are \$5.00 per event.

**ELIGIBILITY:** All swimmers and teams must be registered with USA Swimming for 2004. New England swimmers may register with Mary Riddell, 20 Cleveland Circle, Needham, MA. 02492.

**RULES:** 2004 US Swimming Rules will govern all competition. All events will be swum as timed finals. Swimmers must provide their own counters and timers for the 800 and 1500 meter freestyle events.

**AWARDS:** Ribbons will be awarded to the top six finishers in each age group. Separate awards will be made to the 9\10 and 8 & Under age groups for all 10 & Under events. Separate awards will be made in any combined events

**FOOD:** Shawmut Aquatic Club will operate a concession stand throughout the meet.

**DIRECTIONS:** Take Mass Pike to I-84 West. From I-84 take Exit 68 onto Route 195. Follow Rt. 195 East approximately seven miles to University campus. Take a right onto the campus on to N. Eagleville. Follow approximately 1/2 mile to first light. Take left onto Hillcrest. Pool is approximately one mile on your right next to the basketball arena. ***Do not park on the street in front of the pool facility. You will be towed.***

**WARMUPS:** US Swimming Warm-up procedures will be followed. A warm-up schedule will be included in all coach's packets.

**ADMISSIONS:** There is no admission charge, as required by Connecticut Swimming. Programs are \$6.00 for the entire swim meet.

**SPECIAL INSTRUCTIONS:** No food will be allowed on deck. Smoking is only allowed outside of the building. All swimmers are required to remain in the pool area, locker rooms, or spectator area. No one will be allowed in the gym. Shaving on site is strictly prohibited.

# SHAWMUT AQUATIC CLUB SUMMER CLASSIC JUNE 18-20, 2004

## FRIDAY EVENING

Warm-ups: 4:00 PM

Start 5:00 PM

<b>Girls</b>	<b>Age Group</b>	<b>Event Description</b>	<b>Boys</b>
1	12 & Under	200 Individual Medley	2
3	11/12	400 Individual Medley	4
5	13/14	400 Individual Medley	6
7	Open	400 Individual Medley	8
9	9-12	400 Freestyle	10
11	13/14	400 Freestyle	12
13	Open	400 Freestyle	14

## SATURDAY MORNING

Warm-ups: 7:30 AM

Start 8:30 AM

<b>Girls</b>	<b>Age Group</b>	<b>Event Description</b>	<b>Boys</b>
15	9/10	200 Free	16
17	13/14	200 Free	18
19	10 & Under	50 Breaststroke	20
21	13/14	100 Breaststroke	22
23	9/10	100 Fly	24
25	13/14	100 Fly	26
27	10 & Under	50 Backstroke	28
29	13/14	200 Backstroke	30
31	10 & Under	100 Freestyle	32
33	13/14	100 Freestyle	34

## SATURDAY AFTERNOON

Warm-ups: 1:00 PM

Start 2:00 PM

<b>Girls</b>	<b>Age Group</b>	<b>Event Description</b>	<b>Boys</b>
35	Open	200 Individual Medley	36
37	11/12	200 Free	38
39	Open	200 Free	40
41	11/12	50 Breaststroke	42
43	Open	100 Butterfly	44
45	11/12	100 Butterfly	46
47	Open	100 Breaststroke	48
49	11/12	100 Breaststroke	50
51	Open	200 Backstroke	52
53	11/12	50 Backstroke	54

## SATURDAY EVENING

Warm-ups: no earlier than 5:30 PM

Start: 1/2 hour after warm-ups begin

<b>Girls</b>	<b>Age Group</b>	<b>Event Description</b>	<b>Boys</b>
55	Open	800 Freestyle	56
57	Open	1500 Freestyle	58

Each team will be allotted a proportion of the Saturday evening swims.

## SUNDAY MORNING

Warm-ups: 7:30 AM

Start 8:30 AM

<b>Girls</b>	<b>Age Group</b>	<b>Event Description</b>	<b>Boys</b>
59	13/14	200 Individual Medley	60
61	9/10	100 Breaststroke	62
63	13/14	200 Breaststroke	64
65	9/10	100 Backstroke	66
67	13/14	100 Backstroke	68
69	10 & Under	50 Butterfly	70
71	13/14	200 Butterfly	72
73	10 & Under	50 Free	74
75	13/14	50 Free	76

## SUNDAY AFTERNOON

Warm-ups: 1:00 PM

Start 2:00 PM

<b>Girls</b>	<b>Age Group</b>	<b>Event Description</b>	<b>Boys</b>
77	Open	100 Freestyle	78
79	11/12	100 Freestyle	80
81	Open	200 Breaststroke	82
83	11/12	100 Backstroke	84
85	Open	100 Backstroke	86
87	11/12	50 Butterfly	88
89	Open	200 Butterfly	90
91	11/12	50 Free	92
93	Open	50 Free	94

# SHAWMUT AQUATIC CLUB'S SUMMER CLASSIC

University of Connecticut, Storrs, Connecticut

June 18-20, 2004

TEAM NAME: \_\_\_\_\_ ABBR.: \_\_\_\_\_

COACH: \_\_\_\_\_ PHONE: \_\_\_\_\_

**Name and address of the person to receive all communication including meet results, timing assignments, warm-up changes and questions about entries:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ FAX: \_\_\_\_\_

Day: \_\_\_\_\_ Evening: \_\_\_\_\_

email: \_\_\_\_\_

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## ENTRY FEES

\_\_\_\_\_ Individual Events @ \$3.50 each \$ \_\_\_\_\_

\_\_\_\_\_ Distance events (800 and 1500 meters) @ \$5.00 each \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

Make check payable to: **Shawmut Aquatic Club**

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<b>MAIL ENTRIES &amp; CHECKS TO: SHAWMUT AQUATIC CLUB</b>
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<b>C/O Carrie Thompson</b>
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<b>86 Beechwood Road</b>
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<b>Wellesley, MA 02482</b>
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<b>Phone: (781) 235-3150</b>
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ENTRY DEADLINE: Entries must be received by **June 9, 2004 at 5:00 PM.**

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## LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors, and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Connecticut Swimming, Shawmut Aquatic Club, and the University of Connecticut for any and all injuries suffered by him/her at said meet.

\_\_\_\_\_/\_\_\_\_\_/04 \_\_\_\_\_

Date

Signature of Authorized team Official