

THE SECOND KAMANA-WANNA-SWIM INVITATIONAL

July 17 & July 18 2004

HELD UNDER THE SANCTION OF CONNECTICUT SWIMMING, INC.

AND USA SWIMMING, INC. - SANCTION

SPONSORED BY LAUREL EAST HARTFORD YMCA SWIM CLUB

CELEBRATING OUR 35TH ANNIVERSARY

MEET MANAGER: Peter Boucher

190 Porter Street

Manchester, CT 06040

860-649-7368

Boucher4jazz@covoda.com

ENTRY CHAIR: Mike Jackwin

106 Landers Road

East Hartford, CT 06118

860-568-7132

mjackwin@comcast.net

MEET THEME: Hawaiian. Four special awards will be given to the Coach, Official, Swimmer, and Spectator whose attire best represents the theme. A special prize will also be awarded to the team that has the best decorated tent! Prizes will be awarded at the conclusion of Saturday's session. All attending are requested to participate. Our Meet Manager will be on the lookout for the best eye-catching attire. Be creative, and have some fun!

REFEREE: Mike Huffman michael.huffman@thehartford.com

SAFETY CHAIR: Joanne Huffman

EMERGENCY # (860) 291-7442

LOCATION: ODESSA TERRY POOL, Hockanum Park, High Street, East Hartford

FACILITY: 8-lane, 50-meter pool with a depth of 10+ feet at the blocks. Colorado Timing System with touch pads for 100 meters, or more, will be used. Seating is outside the fence. Bring your own chairs.

SCHEDULE: Morning: All swimmers 7:30 AM Warm-up; 8:30 AM Start

ELIGIBILITY: Swimmers and coaches must be 2004 registered members of USA Swimming. Coaches must display credentials at all times.

RULES: Current USA Swimming rules will govern. All events will be timed Finals.

ENTRIES: Swimmers may enter up to four (4) individual events per day exclusive of relays. Please circle fourth event. Teams are encouraged to submit their entries on an IBM PC diskette using the LSA Swim Team program or Hytek program. Meet entries must be submitted on the official entry form or a computer generated facsimile. Your entry will not be considered final until we receive your entry fee and hard copy by mail.

Mail your entry (both disk and paper copy) to Mike Jackwin at the address located on the cover page of this meet announcement. Please send your original entry, not a photocopy. The phone number of a club official must be included on the form as well as club mailing address. Teams submitting their entries on diskettes will receive a copy of the results on diskette for their records.

If any of your swimmers are swimming the meet UNATTACHED, please mark this clearly in RED alongside the swimmer's name on the entry sheet. NT entries are strongly discouraged. Please estimate swimmer's times, if necessary, for seeding purposes. ALL TIMES MUST BE IN METERS.

ENTRY FEES:

Splash Fees: \$3/individual event \$6/relay

Manual entry fee: If you submit hand entered entries a \$1.00 charge will be added to each swimmer, over 5 and a limit of 50.

Mail one check per team, payable to the East Hartford YMCA and forms to:

Mike Jackwin

106 Landers Road

East Hartford, CT 06118 Teams using express mail, please waive signature requirement.

ENTRY DEADLINE: Connecticut team entries that are received by July 5, 2004, will be entered on a first come, first serve basis. After that date, CT and out-of-state entries will be accepted in order received, space permitting. Formal team entry date is determined by the date of entry hard copy and entry fee receipt by host team.

OVER-SUBSCRIPTION: In the event of oversubscription:

1st: relays will be cut

2nd: 4th event will be cut

The sponsor reserves the right to make adjustments based on the time study and other factors. Teams will be notified of any changes no later than Monday, July 12, 2004.

AWARDS: Ribbons will be awarded for 1st - 8th places for individual events and 1st - 3rd for relays. Traditional age groups 10/U, 11/12, 13/14 and 15/O. Heat winners will receive an award.

TIMERS: Swim teams will be required to supply timers based on their entry for the duration of the meet. Teams submitting a list of officials willing to work will be credited accordingly.

SCRATCHES Scratch sheets will be provided in coaches' packets. These sheets **MUST** be returned 40 minutes before the session begins with scratched swimmers clearly identified.

WARM-UP: Connecticut Swimming, Inc. warm-up guidelines will be observed. The meet manager reserves the right to assign general warm-ups by team rather than age or sex, if the size of the entry and considerations of safety so require. Details and lane assignments will be made available in coaches' packets.

RESULTS: Electronic results will be e-mailed to attending teams if an e-mail address is provided. Paper results will be sent to participating clubs upon request.

REFRESHMENTS: Food, snacks, beverages and programs will be available for purchase.

HANDICAPPED ACCESSIBILITY: For more information call Mike Jackwin (860)568-7132.

DIRECTIONS: I-91 North, take Exit 25 (Route 3). Take first exit after bridge (Glastonbury). Turn left at first traffic light. Turn left onto Main Street (north). Continue north on Main Street past large shopping center to first light. Turn left onto Broad Street. Broad Street becomes High Street at Naubuc Avenue. Continue 300 yards. Pool is on right.

From Route 2 West, take Hebron Avenue exit. At exit proceed to Main Street (Glastonbury). Turn right onto Main Street (north) and follow directions above.

I-84 East or West, take exit to CT Route 2 East to East Hartford. Take High Street exit. At bottom of the ramp, turn right. Proceed onto High Street for 300 yards. Pool is on the left.

PARKING: NO ON STREET PARKING IS ALLOWED. IF POOL PARKING LOT IS FULL, PARK IN THE SCHOOL LOT.

HOTELS: Sheraton Hotel, 100 East River Dr., East Hartford, 860-528-9703

Marriott Hotel, 100 Capitol Blvd., Rocky Hill, 860-257-6000

SATURDAY MORNING

GIRLS	EVENT	BOYS
1.	12/U 200 METER FREE RELAY	2.
3	13/O 200 METER FREE RELAY	4
5	12/U 50 METER BREAST	6
7	13/O 100 METER BREAST	8
9	12/U 100 METER FREE	10
11	13/O 100 METER FREE	12
13	12/U 50 METER FLY	14
15	13/O 100 METER FLY	16
17	12/U 100 METER BACK	18
19	13/O 200 METER BACK	20
21	12/U 200 METER IM	22
23	13/O 200 METER IM	24
25	12/U 400 METER MEDLEY RELAY	26
27	13/O 400 METER MEDLEY RELAY	28
29	12/U 400 METER FREE	30
31	13/O 400 METER FREE	32

SUNDAY MORNING

GIRLS	EVENT	BOYS
33.	12/U 200 METER MEDLEY RELAY	34.
35	13/O 200 METER MEDLEY RELAY	36
37	12/U 200 METER FREE	37
39	13/O 200 METER FREE	40
41	12/U 100 METER FLY	42
43	13/O 200 METER FLY	44
45	12/U 50 METER BACK	46
47	13/O 100 METER BACK	48
49	12/U 100 METER BREAST	50
51	13/O 200 METER BREAST	52
53	12/U 50 METER FREE	54
55	13/O 50 METER FREE	56
57	12/U 400 METER FREE RELAY	58
59	13/O 400 METER FREE RELAY	60
61	13/O 400 METER IM	62