

Dear Coaches:

Just a few friendly reminders for the weekend.

- Positive check-in for Thursday night at 5:15pm
- Scratches for the 1000/1650 on Sunday due 6:00p on Saturday
- Scratches for prelims due at 7:30am each morning
- Coaches' meeting 8:30am - Friday only
- Awards will be handed out after each event just as the event finishes. Basically kids will be getting their awards sopping wet right after they swim.
- Bio forms will be available, please return them to the announcers table before the start of the meet.
- Swimmers in the Championship final will be marching to the blocks, please have your swimmers in the "ready" room by the Bonus final of that event.
- All relays swum at night.

Best of luck!

Henk