

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Thursday

WARM-UP SESSION: 4:00 - 4:50 PM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
12&U	12&U	12&U	12&U	12&U	12&U	12&U	13&O

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
13&O	13&O	13&O	13&O	13&O	13&O	13&O	

*At approximately 4:35, or such other time as the Meet Referee shall direct, pace lanes and sprint lanes will be established on an as-needed basis.*

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Friday AM

WARM-UP SESSION 1: 7:15 - 7:50 AM							
LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
WYW	WYW	WYW	GRYM	WRAT	HNHS	OAK	CCAT
			BSY		GLAS		HMST
LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
MSC	SNCO	SNCO	SNCO	ZEUS	WCYM	TP	
			UAC	WWRX	TAC		

### WARM-UP SESSION 2: 7:50 - 8:25 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
BEAR	BEAR	NCY	WAC	PSDY	RAC	PAC	GYWD
CAC			UN	YCST		GYWD	
			VSYM	EDST			
LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
FINS	CDOG	CDOG	SMST	LEHY	CAT	BRS	
WHAT		NMEG	SHKS		WDOL		
		NFAF	ARAC				

### ALL TEAMS: 8:25 - 8:40 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PACE	PACE	CIRCLE	PACE	SPRINT	SPRINT	SPRINT	SPRINT

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE	

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Friday PM

#### WARM-UP SESSION 1: 12:30 - 12:50 PM

LANE 4B	LANE 3B	LANE 2B	LANE 1B	LANE R9	LANE R8	LANE R7	LANE R6
WYW	WYW	WYW	WHAT	WRAT	WWRX	WEST	OAK
EDST			ICSC		UN	BRS	CAT
			TAC				
LANE R5	LANE R4	LANE R3	LANE R2	LANE R1	LANE 3A	LANE 2A	LANE 1A
TP	NCY	FINS	ZEUS	ZEUS	SNCO	SHKS	
MSC				CAC	HMST		
NCY							

#### WARM-UP SESSION 2: 12:50 - 1:10 PM

LANE 4B	LANE 3B	LANE 2B	LANE 1B	LANE R9	LANE R8	LANE R7	LANE R6
SMST	BEAR	GYWD	GYWD	CDOG	CDOG	UAC	LEHY
PAC	NSC				CCAT	WDOL	

LANE R5	LANE R4	LANE R3	LANE R2	LANE R1	LANE 3A	LANE 2A	LANE 1A
VSYM	WCYM	PSDY	GRYM	GRYM	GLAS	RAC	
WAC	ARAC	YCST		NMEG			
NFAF							

#### ALL TEAMS: 1:10 - 1:25 PM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PACE	CIRCLE	CIRCLE	CIRCLE	SPRINT	SPRINT	SPRINT	SPRINT

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE	

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Saturday AM

#### WARM-UP SESSION 1: 7:15 - 7:50 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PSDY	RAC	BRS	WAC	BEAR	BEAR	CDOG	CDOG
RAC		YCST	CAT		SHKS		

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
CDOG	GRWD	GRWD	NCY	NCY	LEHY	WHAT	
	CDOG		SMST			LEHY	

#### WARM-UP SESSION 2: 7:50 - 8:25 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
OAK	OAK	WCYM	WYW	WYW	WYW	CCAT	MSC
TP		FINS			ZEUS	AJSC	HMST
						UN	

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
TAC	UAC	SNCO	SNCO	HNHS	WRAT	GRYM	
WWRX	NMEG			CAC	BSY	PAC	
GLAS	EDST						

#### ALL TEAMS: 8:25 - 8:40 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PACE	PACE	CIRCLE	PACE	SPRINT	SPRINT	SPRINT	SPRINT

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE	

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Saturday PM

#### WARM-UP SESSION 1: 12:30 - 12:50 PM

LANE 4B	LANE 3B	LANE 2B	LANE 1B	LANE R9	LANE R8	LANE R7	LANE R6
CDOG	CDOG	BEAR	GLAS	SMST	RAC	CCAT	UAC
	WAC	VSYM		YCST		ARAC	PAC

LANE R5	LANE R4	LANE R3	LANE R2	LANE R1	LANE 3A	LANE 2A	LANE 1A
NMEG	GRYM	GRYM	NFAF	LEHY	GYWD	GYWD	
BRS			PSDY	WCYM			

#### WARM-UP SESSION 2: 12:50 - 1:10 PM

LANE 4B	LANE 3B	LANE 2B	LANE 1B	LANE R9	LANE R8	LANE R7	LANE R6
WHAT	TP	WYW	WYW	ZEUS	NCY	CAT	CAC
HMST						OAK	UN
							VALY
							WBCB

LANE R5	LANE R4	LANE R3	LANE R2	LANE R1	LANE 3A	LANE 2A	LANE 1A
TAC	SNCO	WEST	FINS	SHKS	WRAT	WWRX	
EDST	NSC	MSC	ICSC	HNHS			
MJCC							
NMBY							
NWYL							

#### ALL TEAMS: 1:10 - 1:25 PM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PACE	CIRCLE	CIRCLE	CIRCLE	SPRINT	SPRINT	SPRINT	SPRINT

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE	

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Sunday AM

#### WARM-UP SESSION 1: 7:15 - 7:50 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
HMST	WRAT	GLAS	OAK	TP	GRYM	SNC0	SNC0
MSC	WWRX	UAC		WCYM	NMEG		
					AJSC		
					NFAF		

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SNC0	WYW	WYW	WYW	WYW	WRAT	ZEUS	
CAC	HNHS					CCAT	
PAC	EDST						

#### WARM-UP SESSION 2: 7:50 - 8:25 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PSDY	NCY	CAT	WHAT	PAC	BEAR	BEAR	LEHY
		NCY	FINS	BRS	SHKS		
					WEST		

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SMST	RAC	CDOG	CDOD	CDOG	GYWD	GYWD	
WAC						UN	
						YCST	

#### ALL TEAMS: 8:25 - 8:40 AM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PACE	PACE	CIRCLE	PACE	SPRINT	SPRINT	SPRINT	SPRINT

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE	

# SHORT COURSE AGE GROUP CHAMPIONSHIP

## WARMUP ASSIGNMENTS

### Sunday PM

#### WARM-UP SESSION 1: 12:30 - 12:50 PM

LANE 4B	LANE 3B	LANE 2B	LANE 1B	LANE R9	LANE R8	LANE R7	LANE R6
HMST	TP	OAK	WHAT	WEST	WRAT	FINS	WWRX
SNCO	ARAC	CAT	HNHS	WBCB	MSC	NSC	ICSC
NWYL	NMBY	MJCC					

LANE R5	LANE R4	LANE R3	LANE R2	LANE R1	LANE 3A	LANE 2A	LANE 1A
SHKS	NCY	WYW	WYW	WYW	ZEUS	ZEUS	
		CAC				EDST	
		UN					

#### WARM-UP SESSION 2: 12:50 - 1:10 PM

LANE 4B	LANE 3B	LANE 2B	LANE 1B	LANE R9	LANE R8	LANE R7	LANE R6
UAC	RAC	CDOG	CDOG	GLAS	LEHY	PSDY	BEAR
WAC		RAC		VALY	NFAF	YCST	WDOL

LANE R5	LANE R4	LANE R3	LANE R2	LANE R1	LANE 3A	LANE 2A	LANE 1A
CCAT	WCYM	SMST	GRYM	GRYM	GYWD	GYWD	
PAC	VSYM	BRS	NMEG				

#### ALL TEAMS: 1:10 - 1:25 PM

LANE W4	LANE B6	LANE B5	LANE B4	LANE B3	LANE B2	LANE B1	LANE A6
PACE	CIRCLE	CIRCLE	CIRCLE	SPRINT	SPRINT	SPRINT	SPRINT

LANE A5	LANE A4	LANE A3	LANE A2	LANE A1	LANE W3	LANE W2	LANE W1
SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE	