

**Saturday PM Warm-Up Assignments**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:00	PSDY TAC	WAC	SMST	SHKS VSYM	ZEUS WWRX	WEST MSC	MAKO GRYM	NFAF HHAC
1:30	NCY MAY	BEAR	CAT FVYM FFLY	WHAT	GLAS	CAC	CDOG	CDOG
2:00 – 2:10	PACE	1-WAY	1-WAY	1-WAY	1-WAY	1-WAY	1-WAY	PACE

**SATURDAY PM TIMING ASSIGNMENTS:**

BEAR – 1	CDOG – 2	CAC – 1	CAT – 1
GLAS – 2	NCY – 1	NFAF – 1	PSDY – 1
SHRKS – 1	SMST – 1	VSYM – 1	WHAT – 1
MAKO – 1	WWRX – 1	GRYM – 1	ZEUS - 1

**Sunday PM Warm-up Assignments**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:15	NCY MAY	WAC	CAT FVYM FFLY	WHAT	GLAS	CAC	CDOG	CDOG
1:45	PSDY TAC	BEAR WDOL	SMST	SHKS VSYM	ZEUS WWRX	WEST MSC	MAKO GRYM	NFAF HHAC
2:15 – 2:25	PACE	1-WAY	1-WAY	1-WAY	1-WAY	1-WAY	1-WAY	PACE

**SUNDAY PM TIMING ASSIGNMENTS:**

BEAR – 1	CDOG – 2	CAC – 1	CAT – 1
GLAS – 2	NCY – 1	NFAF – 1	PSDY – 1
SHKS – 1	SMST – 1	WHAT – 1	MAKO – 1
WEST – 1	WWRX – 1	GRYM – 1	ZEUS - 1