THURSDAY WARM-UP

Warm-up Session I - All lanes - General 3:30-4:30pm

Warm-up Session II - 4:30-4:50pm - Details Below

Start - 5:00pm

Warm-up session II				RACING COURSE													
W-1	W-2	W-3		A1	A2	A3	A4	A5	A6	A7	A8	A9		W-4	W-5	W-6	W-7
CLOSED	PACE	PACE		PACE	PACE	PACE	PACE	CIRCLE	CIRCLE	CIRCLE	CIRCLE	CIRCLE		SPRINT	CIRCLE	CIRCLE	PACE

FRIDAY-SUNDAY TRIALS WARM-UP

Warm-up Session I - All Lanes - General 6:30-8:10am

Warm-up Session II - 8:10-8:35am - Details Below

Start - 8:45am

Warm-up session II				RACING COURSE													
W-1	W-2	W-3		A1	A2	A3	A4	A5	A6	A7	A8	A9		W-4	W-5	W-6	W-7
CLOSED	PACE	CIRCLE		PACE	CIRCLE	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE		SPRINT	CIRCLE	CIRCLE	PACE

FRIDAY-SUNDAY FINALS WARM-UP

Warm-up Session I - All lanes - General 3:30-4:30pm

Warm-up Session II - 4:30-4:50pm - Details Below

Start - 5:00pm

Warm-up session II				RACING COURSE													
W-1	W-2	W-3		A1	A2	A3	A4	A5	A6	A7	A8		W-3a	W-4	W-5	W-6	W-7
CLOSED	PACE	CIRCLE		PACE	CIRCLE	SPRINT	SPRINT	SPRINT	SPRINT	CIRCLE	PACE		SPRINT	SPRINT	CIRCLE	CIRCLE	PACE