

Sunday Morning Prelims

WARM-UP: 7:00-7:30

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
SMST	WYW	NFAF	CCAT	PSDY	WAC	OAK	BEAR
WEST	GLAS	PAC	CAML	WRAT	WCYM	BRS	TP
FINS		EDST					AJSC
		LEHY					
		WDOL					

WARM-UP: 7:30-8:00

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
WWRX	CDOG	NCY	SHKS	CAT	RAC	SNCO	SNCO
ZEUS	UAC	OMNI	VSYM	MSC	GRYM	GYWD	
WHAT	CAC	NWYL	ARAC	NMEG	HMST		
BAC				HNHS	FFLY		

WARM-UP: 8:00-8:15

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
Pace	Circle	Sprint	Sprint	Sprint	Sprint	Circle	Pace