

2005 Long Course Connecticut Age Group Swimming Championship

Cheshire Meeting Schedule

	<u>Pool</u>	<u>Meetings</u>
7:00	Warm-up #1 7:00 – 7:20	
7:05		
7:10		Officials 7:10
7:15	Warm-up #2 7:20 – 7:40	
7:20		
7:25		
7:30	Sprints 7:40 – 7:55	
7:35		
7:40		Timers 7:40
7:45		
7:50		
7:55		
8:00	Start 8:00	
8:05		
8:10		
8:15		
8:20		
8:25		
8:30		
8:35		
8:40		
8:45		

Coaches meet in pool office (Friday only - please attend one OR the other)

Timers meet in hallway next to pool office

Officials meet in pool office