

Introduction to 2012 Short Course CT Zone Team

Competition Dates: **March 29-31, 2012**

Travel Dates: March 28-April 1, 2012

This year's Short Course Eastern Zone Age Group Championship meet will be held in Webster, NY.

- **What are "Zones"?**

- USA Swimming has defined four (4) "Zones" for the United States: Eastern, Southern, Central, and Western.
- Connecticut participates in the Eastern Zone with 11 other LSCs from northern Virginia to Maine.
- Eastern Zone Age Group Championships, is the highest level Age Group meet in the zone for age group swimmers as there is no national level age group meets.

- **How does Connecticut Swimming participate?**

- Connecticut Swimming establishes a CT Zone Team every year to participate in this meet.
- Athletes who qualify represent the CT Zone Team and are expected to honor the mission and code of conduct set forth by Connecticut Swimming.
- These athletes become the 'face' of CT Swim in the eyes of 11 other LSCs and are expected to represent their fellow CT athletes and coaches with the highest level of conduct and performance.

- **How do I qualify for the zone team?**

There are two (2) key criteria that must be met; swimmer must meet **both** to be eligible:

1) Participation in four (4) CSI regularly scheduled sanctioned meets:

For the Short Course season, swimmers must have swum in 4 CSI regularly scheduled sanctioned meets (may include CSI championship meets).

2) Fastest 2 times (fastest 3 times for 10/U and 11/12):

Among applicants, swimmers with the fastest 2 times (fastest 3 times for 10/U and 11/12) achieved from September 1st through the CT Age Group Championship in each event of each age group are qualified for zones. To be eligible, swimmer must achieve at least AA time specified in 2009-

2012 National Age Group Motivational Standard for that event. These times must be from a sanctioned USA Swimming meet.

Additional eligibility requirements include:

- 1.) CT Swimming registered athlete with USA Swimming
- 2.) 12/U swimmers may not have participated National level swim meets.
13/O swimmers may not have faster than Maximum Qualification Times specified in EZ Championships Meet Announcement.

- **Do I travel with team?**

- All Zone Team members will travel to and from the meet as a team.
- The team will travel by bus.
- This traveling zone team will have 4 to 5 Coaches, 2 zone team coordinators and 8 to 12 parent chaperones.
- The team will eat meals together, travel to the meet site together and cheer for our teammates all together as one team, Team Connecticut.
- Fees include all meals, hotel costs, meet entries, team t-shirts, shorts, and team caps. (Other fees may occur for first time zone participants; for example, CT Zone backpack and silicon cap).

- **When do I sign up?**

All swimmers wishing to participate must turn in their final forms and payment at the Zone Table at Age Group Championships by **Sunday, March 18, 2012 at 6:00 PM.** The Zone desk will be located in a office room shared with Metro Swim shop at Wesleyan University. You are highly encouraged to complete and hand in all forms earlier.

For more information on Zones, see the Zone policy on CT Swim web site; located [here](#).

More information on 2012 Short Course Zone, additional details will be posted on CT Zone Team page as soon as it becomes available.

If you have any questions please contact one of Zone Coordinators.

Zone Coordinators:

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