



2010 Eastern Zone Age Group Championship CT Zone Team Summary of Information

- **Date:** August 11-14 (Wednesday – Saturday)
- **11/O Swimmer Travel Date:** August 10 Departure, August 15 Return
- **Location:** Rockville, MD
- **Venues**
 - 1.) Montgomery Aquatic Center: Indoor 50m Pool for 13/O Preliminary for morning and 11/O Finals in evening
 - 2.) Rockville Municipal Swim Center: Outdoor 50m Pool for 11/12 Preliminary and 10/U Timed Finals.
- **Qualifications**
 - Must better 2 individual event qualifying times between April 1 to Long Course CT Age Group Championship
 - Must not have fast time than Maximum Qualification Time (Junior Nationals qualification time)
 - Must have swam in 2 regularly scheduled CSI sanctioned meets between April 1 to AGC
 - Time may include officially recorded initial distance split, relay first segment, and time trial.
 - Time may be achieved from USA sanctioned meets or USA approved meets but time must be able to prove through USA Swimming TIMES database or have printout of the official result and USA approval documentation. Please note some YMCA meets are NOT USA approved meets.
 - Long Course Meter time only. Converted times are not accepted.
 - Must be "full year" registered for USA Swimming. "Seasonal" registration is not acceptable by Eastern Zone.
- **Events**
 - Swimmer may swim maximum of 6 events for meet. Maximum number of events per day is 3.
 - CT Zone Team is allowed to enter minimum of 2 athletes per event. So if there is no qualifier or have only one qualifier for that event, CT Zone Team will attempt to fill the event.
- **10/U Swimmers Travel**
 - 10/U athletes must travel with his/her parents. CT Zone Team has blocked hotel rooms, but parents do not have to stay there. See Zone Team page for hotels.
 - Athletes only have to be at venue for the days he/she has individual events. HOWEVER, CT Zone Team will try to enter 2 relays for each day (200m, 400m Freestyle Relay & 200m, 400m Medley Relay) with everyone in the team. Please indicate your intention on the application form.
 - 10/U parents must bring swimmer to the venue. If swimmer is at venue, swimmer must stay until all events are done for that morning.

- **11/O Swimmers Travel**
 - 11/O athletes must travel with CT Zone Team on Bus form 2 or 3 bus pick-up locations a day before the competition begins (Tuesday 8/10). Pickup time is typically 7-8AM. Location and exact time will be announced later on webpage or during mandatory parents meeting.
 - Athletes must stay in team Hotel (Hyatt Regency Bethesda) for entire zone competition. There will be chaperones (maximum rate will be 1:10). Athletes will move from hotel to venue using team bus.
 - Athletes may be picked up by parents at team hotel AFTER SATURDAY FINALS (around 9:00PM). Otherwise athletes will come back to CT bus pickup locations on Sunday around 7PM.
 - Please DO NOT ASK for exception to team travel policy. If swimmer is not available for entire zone travel, swimmer should not sign up for the team.
 - Parents of 11/O swimmers are asked NOT TO STAY at team hotel, if you are in local area.
 - Parents of 11/O swimmers are asked to volunteer as chaperones. If we can not obtain required number of chaperones, those age group swimmers WILL NOT travel as team. Chaperone application forms and duties are posted on Zone Team page.
 - This year, field trip to Washington DC is being planned for Sunday morning. We will be collecting \$5 per swimmer who will be participating to cover extra cost.
 - Detailed travel information will be provided at Zone practice.
- **Cost**
 - 10/U team cost is \$190 (include equipment)
 - 11/O team cost is \$655 (include transportation, hotel, meals, and equipment)
 - Zone backpack is mandatory, and if athlete does not have one, he/she must purchase with additional \$45.
 - Each individual event is \$8 per event.
- **Application Form Deadline**
 - Application is due BEFORE 11AM on Sunday at Cheshire or 6:00PM on Sunday at Wesleyan.
 - If swimmer has events after above time which he/she is likely to qualify, submit the forms filled as much as possible ahead of time, and come see the zone table to complete the process.
- **Payment**
 - Payment is due at Zone table before Sunday August 1 6:00PM at Wesleyan.
 - Personal check or ONLINE credit card payment are accepted. Zone table volunteers CAN NOT process your card at site. Credit card payment must be made online. Zone table will need printout of invoice with application.
- **Zone Equipments**
 - Equipment includes zone team swim suit, 2 T-shirts, shorts, and 2 caps (latex).
 - Silicone cap may be purchased with additional \$15.
 - Zone warm-up (a.k.a. Zone jacket) suits are available through Metro Swim Shop ONLINE. Those warm-up suits are optional. Please follow link and instruction from Zone Team page. Please note order deadline is Monday 8/2 9:00AM.
- **Practice/Parents Meeting**
 - Zone practice and parents meeting location and time will be announced shortly on CT Swim website.
 - Athletes and a parent must attend one of two practices.