

Shoreline Foundation Share the Sunshine Fund

The Madison Mile Open Water Swim Championship will benefit the Shoreline Foundation's "Share the Sunshine" camp scholarship program for needy children.

Last year, the program provided 103 weeks of financial assistance to 51 children. These are children who just cannot afford the cost of camp. We provide full scholarships to some, and we fund partial scholarships to others who might just need a few extra dollars to make camp happen. This is an opportunity to help a less fortunate child build important social skills as an individual and



Madison Jaycees



Yale Masters



Shoreline Foundation for Community Recreation

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Shoreline Foundation for Community Recreation



The Shoreline Foundation and Madison Beach & Recreation present a "Summer Athletic Series" event...

Madison Mile Connecticut's Open Water Swim Championships 2004

Mini-Mile for Ages 9-12



Saturday, June 26, 2003, 8:15 a.m.

Madison Surf Club, Madison, CT

Nonprofit Org.
U.S. Postage
PAID
Guilford, CT
Permit No. 90

Connecticut's Open Water Swim Championships

Time

Saturday, June 26, 2004. Check in begins @ 7:30 a.m. Briefing 8:05 a.m. Mini Mile Starts at 8:15 am. Championship Mile begins immediately thereafter

Eligibility

Mini Mile open to Ages 9-12. Championship Mile open to swimmers ages 11+. UNITED STATES MASTERS SWIMMING (USMS) or USA SWIMMING MEMBERSHIP IS REQUIRED. No Exceptions. Unattached swimmers 19+ may become USMS members through a one-day membership for an additional \$5. Unattached swimmers under age 19 are not eligible. To become an annual member of USMS contact Meredith Moore at mamoo49@aol.com. To join USA Swimming, contact office@ctswim.org.

Event—2 Courses

Mini-Mile will consist of a parallel to shore course of approximately 500 yds. Swimmers will be within 50 yds of shore throughout the course. The Championship mile open water swim will keep swimmers no farther than 200 yards from shore

Entry Fees

Pre-Registration: USMS Members (Age 19+) \$25. \$30 for non-members (includes one day Membership). USA Swimmers \$20 entry fee. All swimmers under age 19 must be members of USA Swimming. Add \$5 to each fee for race day sign-ups. We strongly encourage registering on-line at www.active.com. Paper entries can be mailed to Madison Mile c/o Force 5 Sports, 17 Yankee Glen Dr., Madison, CT 06443. Make checks payable to Shoreline Foundation.

Mini Mile Qualifying Time

USA Team coaches must ensure that each of their Mini Mile Swimmers have completed a 500 yd pool swim in under 10 minutes.

Awards

USA Swimmers: Top 3 in each age group for both male and female 11-12, 13-14, 15-16, 17-18, 19+
USMS Swimmers: Top 3 in each age group for both male and female 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 65-69, 70+
Wetsuit Division: Separate division for swimmers wearing wetsuits - First Male and Female Overall
Top 3 male & female for 9-10 & 11-12 for Mini Mile

Rules

Current USMS and USA Swimming open water swimming rules will govern this event. A one-hour cutoff time will be strictly enforced. Wetsuits are permitted but swimmers are ineligible for age group awards, only eligible for wetsuit division awards.

Directions

I-95 North or South to Exit 61 (Rte 79). Take left off exit if heading South/Right off exit if heading North. Proceed ½ mile to 3rd Light. Turn right onto Rte 1. Proceed for approximately ½ mile and turn left on West Wharf Rd. (Madison CC is on corner). At next stop sign, turn right on Surf Club Rd and proceed into Surf Club. Carpooling is encouraged. Madison Beach & Recreation is a welcoming host for this event, however, all Madison Mile participants must make arrangements prior to race day with the town of Madison should you wish to extend your stay at the Surf Club beyond the event.

Questions

Contact Race Director Dave Parcells at dave@force5sports.com or parcells@snet.net
www.force5sports.com
203-606-4529

Sanctioning

Sanctioned by CT LMSC of United States Masters Swimming (#053-004) and by Connecticut Swimming and USA Swimming.

2004 Madison Mile Application

Championship Mile Mini Mile
(Circle one)

Name _____

Address _____

Phone _____

Email Address _____

Age on Race Day

Date of Birth

Division:	Pre Reg	Race Day	T-shirt size:
<input type="checkbox"/> USA	\$20	\$25	<input type="checkbox"/> Small
<input type="checkbox"/> USMS	\$25	\$30	<input type="checkbox"/> Medium
<input type="checkbox"/> USMS (one day)	\$30	\$35	<input type="checkbox"/> Large
			<input type="checkbox"/> X-Large

Team Name or Workout Group Name _____

USA/USMS # _____

RELEASE FROM LIABILITY: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Open Water Swimming (training and competition), including possible permanent disability or death, and agree to assume all those risks. AS A CONDITION OF MY PARTICIPATION IN THE USMS or USA SWIMMING PROGRAMS OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: USA SWIMMING, INC., CONNECTICUT SWIMMING, INC., UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, EVENT SPONSORS, EVENT COMMITTEES, TOWN OF MADISON, SHORELINE FOUNDATION, FORCE 5 SPORTS OR ANY INDIVIDUALS OFFICIATING AT THE EVENTS OR SUPERVISING SUCH ACTIVITIES. In addition, I also agree to abide by and be governed by the rules of USA SWIMMING and USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks. "

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN (if under 18): _____