

**2023 WHAT Northeast Showcase**  
**Invitational**  
**March 16-19**  
**88 Garden Street, Farmington, CT 06032**

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit [ctswim.org](http://ctswim.org) or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-82. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**COVID-19 Statement**

In applying for this sanction, the Host, [WHAT Swimming](http://www.what-swimming.com), agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, <http://www.fvhd.org/>

**COVID-19 Assumption of Risk Disclaimer**

We, [WHAT Swimming](http://www.what-swimming.com), have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at [Northeast Showcase](http://www.northeast-showcase.com) or on site at [Miss Porters School](http://www.missporterschool.com). An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at [Northeast Showcase](http://www.northeast-showcase.com) and being on site at Miss Porters School, you voluntarily assume all risks related to exposure to COVID-19.

**COVID-19 Release**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES,

WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

## EVENTS

|                               | Name          | Email  | Phone        |
|-------------------------------|---------------|--|--------------|
| Meet Director:                | Rob Riccobon  | <a href="mailto:whatcoaches@gmail.com">whatcoaches@gmail.com</a>       | 860-985-2818 |
| Meet Referee:                 | Susan Parker  | <a href="mailto:Sparker61@comcast.net">Sparker61@comcast.net</a>       |              |
| Lead Admin Official:          | Josh Paszczuk | <a href="mailto:whatoperations@gmail.com">whatoperations@gmail.com</a> | 860-670-7581 |
| Entry Chair:                  | Josh Paszczuk | <a href="mailto:whatoperations@gmail.com">whatoperations@gmail.com</a> | 860-670-7581 |
| Safety Chair:                 | Alex Albert   | <a href="mailto:whatoperations@gmail.com">whatoperations@gmail.com</a> | 860-985-2818 |
| Officials Contact: (optional) |               |  |              |

MEET HOST: [WHAT](#)

WEBSITE: [www.whatswim.org](http://www.whatswim.org)

POOL EMERGENCY NUMBER: 8605618270

SESSION TIMES: Subject to Change

|                     |            |           |
|---------------------|------------|-----------|
| SCHEDULE:           | Warm-up    | Start     |
| Thursday Evening    | 12:00 p.m. | 1:00 p.m. |
| Trials -Fri-Sat-Sun | 6:30 a.m.  | 8:00 a.m. |
| Trials-Fri-Sat-Sun  | 12:30 p.m. | 1:30 p.m. |
| Finals -Fri-Sat-Sun | 4:30 p.m.  | 6:00 p.m. |

**DEADLINES:** Deadline is March 6th, 2023. Mail hardcopy and payment to the entry chairperson: Rob Riccobon, 113 Ballard Drive, West Hartford, CT 06119. All entries must be legible and must use full names and registration numbers from USA Swimming registration. You will receive an email from [whatoperations@gmail.com](mailto:whatoperations@gmail.com) upon receiving your entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to [West Hartford Aquatic Team](#)

Mail to:

[Rob Riccobon](#)

[113 Ballard Dr](#)

[West Hartford CT 06119](#)

Payment must be received by [03/06/2023](#).

**ENTRY FEES:** Electronic entries: \$12.00 for individual events, 15.00 for 400 and above events, 20.00 for relays. Manual entries: \$15.00 for individual events, [In the case of approved meets, include any per swimmer fees. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.](#)

**ADULT ATHLETES:** All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**NEW FOR 2022-23:** The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming

**MEET FORMAT:** The meet will be swum as both a Timed Final and Prelim-Final format. The Finals Session for Friday- Sunday will be seeded 10 and Under (Top 8); 11-12 year old (Top 16); 13-14 (Top 16); 15 and Over (Top 16). The following events will be seeded as combined/mixed Time Finals events:

- 500 freestyle ( 12 and Under on Thursday Night )
- 500 Free 13 and Over on Friday Morning; Top 2 seeded heats swim at finals
- 1650 freestyle (13 and over on Thursday Night);
- 400 IM ( 13 and Over on Thursday night);
- 200 IM (13 over will be seeded female/male Friday Morning); top 2 seeded heats swim at finals
- The 12 & under 200 IM Friday afternoon; Top 2 seeded heats swim at finals

**Failure to Compete in Finals:** Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**SCRATCH PROCEDURES:** [Scratch sheets must be turned in the night before the next day of competition.](#)

**FACILITY:** The Miss Porter's School Pool is an 8-lane, 25-yard pool. Water depth at start end is: 10 feet. Water depth at turn end is: 5 feet. Select One: The competition course has not been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming; or the competition course has not been certified in accordance with 104.2.2C(4). The facility is equipped with a Colorado Automatic timing and has spectator seating for 250. The spectator area is accessible by stairs or elevator and is located above the competition pool. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Miss Porter's School has a free MPS-Guest wifi. The signal is good.

**SAFE SPORT POLICIES:** [Spectators will be allowed in the facility but only in the stands area. Parents are not allowed on deck unless working a volunteer position.](#)

**DISABLED ACCESS:** The Miss Porter's School Pool is handicapped accessible with a handicapped locker room. Please contact Miss Porter's Aquatic Director, Katie Riccobon, at 860-409-3711, for more information or special arrangements

**COURSE:** [SCY.](#)

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. The full pool will be available for warmup prior to the meet start (8 Lanes). Warmup assignments will be sent out prior to meet start

|                     | Warmup     | Start     |
|---------------------|------------|-----------|
| Thursday Evening    | 12:00 p.m. | 1:00 p.m. |
| Trials -Fri-Sat-Sun | 6:30 a.m.  | 8:00 a.m. |
| Trials-Fri-Sat-Sun  | 12:30 p.m. | 1:30 p.m. |
| Finals -Fri-Sat-Sun | 4:30 p.m.  | 5:30 p.m. |

**ELIGIBILITY:** All USA Swimming clubs and individuals;

**For Sanctioned Meets:** All athletes must be current athlete members of [USA Swimming](#). Age on the first day of the meet shall determine the swimmer's age and age group for the meet. [List any restrictions, such as age, etc.](#) Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADAPTED SWIMMING:** Any current athlete members of ([select one](#)) [USA Swimming](#) or [CT Swimming](#) with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY LIMITATIONS:** Swimmers will be limited to (3) - three individual events per day and a total of (8) - eight for the entire meet.

**ENTRY TIMES:** Submit entry times in: [SCY](#)

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [whatoperations@gmail.com](mailto:whatoperations@gmail.com). Please check that your team name, address, and contact information are listed correctly in this file. Payment is due March 16th, 2023, your entry is considered in upon email confirmation.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**OUTREACH ENTRY FEE REIMBURSEMENT:** Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be

reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet. (Should not be used for 8/U meets)
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the 2 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. **[This provision will always be last]** Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes; there are no relay limitations. All relay swimmers must be officially entered in the meet.

### **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior

authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach’s electronic device

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

**TIME TRIALS:** Yes, on Friday through Sunday. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete’s event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trials is 10:00am for Session 2 and 30 minutes after the meet starts for the remaining sessions. Announcements will be made during each session to remind coaches of when the time trial table will close. The fee for time trial entries are \$10.00 for individual events

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Participating clubs will be notified of work assignments by the Monday before the meet.

Timers:

- For the Start of the race, they will be 6 feet behind the starting swimmer, and 6 feet in front of the next swimmer in line, but standing in between Lanes 1&2, 2&3, etc (whereas the Swimmers are standing directly behind the Starting Block)...so there is actually more than 6 feet between them and the Swimmers.
- When the Race begins, the Timers will step forward, staying in between their two lanes, so that they are 8 feet from each other (because our Lanes are 8 Feet wide), they will have a button and Stopwatch for an accurate time.

- When the race concludes, they step back to their original position, the next heat walks up to the Block

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** Individual event scoring will be to 20 places as follows:

Timed final events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

Prelim/Finals events: A final: 24-21-20-19-18-17-16-15-14-13 B final: 11-9-8-7-6-5-4-3-2-1

Relay event scoring will be to 20 places as follows:

Relays events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

**TEAM SCORING:** Team scores will be kept for the Men's, Women's and Combined Teams through 20th place as per USA Swimming rule 102.25 for all Short Course Finals events.

**AWARDS:** Yes

**CONCESSIONS:** No

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** A parking map will be sent to attending teams prior to the meet..

**DIRECTIONS:** The Miss Porter's School Pool is located at 88 Garden Street, Farmington, CT 06032. Take Exit 39 from Interstate 84 (east or west)Go straight through the traffic light onto Route 4 West ( Farmington Avenue) Continue through the blinking light Turn left at the 2nd traffic light onto Garden Street Continue through the stop sign Pool will be on your right ( brick building- 88 Street)

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 1 Thursday

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                     | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|----------------------------------|----------------|--------------|------------------|---------------|
| Finals       | 1 Mixed 13 & Over 400 IM         | 0              | 0            | 01:00 PM         | NA            |
| Finals       | 2 Mixed 12 & Under 500 Freestyle | 0              | 0            | 01:00 PM         | NA            |
| Finals       | 3 Mixed 13 & Over 1650 Freestyle | 0              | 0            | 01:00 PM         | NA            |
|              | Finish Time                      |                |              | 01:00 PM         | e01:00 PM     |



**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 2 Friday 13 &amp; over

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                        | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|-------------------------------------|----------------|--------------|------------------|---------------|
| Prelims      | 4 Girls 13 & Over 200 IM            | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 5 Boys 13 & Over 200 IM             | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 6 Girls 13 & Over 200 Backstroke    | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 7 Boys 13 & Over 200 Backstroke     | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 8 Girls 13 & Over 100 Breaststroke  | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 9 Boys 13 & Over 100 Breaststroke   | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 10 Girls 13 & Over 200 Freestyle    | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 11 Boys 13 & Over 200 Freestyle     | 0              | 0            | 08:00 AM         | NA            |
|              | Break: 5 Minutes:                   |                |              |                  |               |
| Finals       | 12 Girls 13 & Over 400 Medley Relay | 0              | 0            | 08:05 AM         | NA            |
| Finals       | 13 Boys 13 & Over 400 Medley Relay  | 0              | 0            | 08:05 AM         | NA            |
|              | Break: 10 Minutes:                  |                |              |                  |               |
| Finals       | 14 Mixed 13 & Over 500 Freestyle    | 0              | 0            | 08:15 AM         | NA            |
|              | Finish Time                         |                |              | 08:15 AM         | e08:15 AM     |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 3 Friday 12 &amp; under

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                         | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|--------------------------------------|----------------|--------------|------------------|---------------|
| Finals-S     | 15 Mixed 12 & Under 200 IM           | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 16 Girls 12 & Under 50 Butterfly     | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 17 Boys 12 & Under 50 Butterfly      | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 18 Girls 12 & Under 100 Freestyle    | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 19 Boys 12 & Under 100 Freestyle     | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 20 Girls 12 & Under 50 Breaststroke  | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 21 Boys 12 & Under 50 Breaststroke   | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 22 Girls 12 & Under 200 Backstroke   | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 23 Boys 12 & Under 200 Backstroke    | 0              | 0            | 01:30 PM         | NA            |
|              | Break: 5 Minutes:                    |                |              |                  |               |
| Finals       | 24 Girls 12 & Under 400 Medley Relay | 0              | 0            | 01:35 PM         | NA            |
| Finals       | 25 Boys 12 & Under 400 Medley Relay  | 0              | 0            | 01:35 PM         | NA            |
|              | Finish Time                          |                |              | 01:35 PM         | e01:35 PM     |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                        | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|-------------------------------------|----------------|--------------|------------------|---------------|
| Finals-2     | 15 Mixed 12 & Under 200 IM          | 0              | 0            | 06:00 PM         | NA            |
| Finals       | 4 Girls 13 & Over 200 IM            | 0              | 4 u          | 06:00 PM         | NA            |
| Finals       | 5 Boys 13 & Over 200 IM             | 0              | 4 u          | 06:14 PM         | NA            |
| Finals       | 16 Girls 12 & Under 50 Butterfly    | 0              | 3 u          | 06:28 PM         | NA            |
| Finals       | 17 Boys 12 & Under 50 Butterfly     | 0              | 3 u          | 06:32 PM         | NA            |
| Finals       | 6 Girls 13 & Over 200 Backstroke    | 0              | 4 u          | 06:36 PM         | NA            |
| Finals       | 7 Boys 13 & Over 200 Backstroke     | 0              | 4 u          | 06:51 PM         | NA            |
| Finals       | 22 Girls 12 & Under 200 Backstroke  | 0              | 3 u          | 07:06 PM         | NA            |
| Finals       | 23 Boys 12 & Under 200 Backstroke   | 0              | 3 u          | 07:18 PM         | NA            |
| Finals       | 8 Girls 13 & Over 100 Breaststroke  | 0              | 4 u          | 07:30 PM         | NA            |
| Finals       | 9 Boys 13 & Over 100 Breaststroke   | 0              | 4 u          | 07:38 PM         | NA            |
| Finals       | 20 Girls 12 & Under 50 Breaststroke | 0              | 3 u          | 07:46 PM         | NA            |
| Finals       | 21 Boys 12 & Under 50 Breaststroke  | 0              | 3 u          | 07:50 PM         | NA            |
| Finals       | 10 Girls 13 & Over 200 Freestyle    | 0              | 4 u          | 07:54 PM         | NA            |
| Finals       | 11 Boys 13 & Over 200 Freestyle     | 0              | 4 u          | 08:07 PM         | NA            |
| Finals       | 18 Girls 12 & Under 100 Freestyle   | 0              | 3 u          | 08:20 PM         | NA            |
| Finals       | 19 Boys 12 & Under 100 Freestyle    | 0              | 3 u          | 08:26 PM         | NA            |
|              | Entry / Heat Totals:                | 0              | 56           |                  |               |
|              | Finish Time                         |                |              | 08:32 PM         | e08:32 PM     |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 5 Saturday 13 &amp; over

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>  | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b>     | <b>Actual</b>   |
|--------------|---|----------------|--------------|----------------------|-----------------|
| Finals       | 26 Mixed 13 & Over 200 Freestyle Relay<br>Break: 5 Minutes: | 0              | 0            | 08:00 AM             | NA              |
| Prelims      | 27 Girls 13 & Over 200 Butterfly                            | 0              | 0            | 08:05 AM             | NA              |
| Prelims      | 28 Boys 13 & Over 200 Butterfly                             | 0              | 0            | 08:05 AM             | NA              |
| Prelims      | 29 Girls 13 & Over 100 Backstroke                           | 0              | 0            | 08:05 AM             | NA              |
| Prelims      | 30 Boys 13 & Over 100 Backstroke                            | 0              | 0            | 08:05 AM             | NA              |
| Prelims      | 31 Girls 13 & Over 50 Freestyle                             | 0              | 0            | 08:05 AM             | NA              |
| Prelims      | 32 Boys 13 & Over 50 Freestyle                              | 0              | 0            | 08:05 AM             | NA              |
| Finals       | 33 Mixed 13 & Over 200 Medley Relay<br>Break: 10 Minutes:   | 0              | 0            | 08:05 AM             | NA              |
| Finals-S     | 34 Mixed 13 & Over 1000 Freestyle<br>Finish Time            | 0              | 0            | 08:15 AM<br>08:15 AM | NA<br>e08:15 AM |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 6 Saturday 12 &amp; under

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>   | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b>     | <b>Actual</b>   |
|--------------|--|----------------|--------------|----------------------|-----------------|
| Finals       | 35 Mixed 12 & Under 200 Freestyle Relay<br>Break: 5 Minutes: | 0              | 0            | 01:30 PM             | NA              |
| Prelims      | 36 Girls 12 & Under 100 Backstroke                           | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 38 Boys 12 & Under 100 Backstroke                            | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 39 Girls 12 & Under 50 Freestyle                             | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 40 Boys 12 & Under 50 Freestyle                              | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 41 Girls 12 & Under 100 Breaststroke                         | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 42 Boys 12 & Under 100 Breaststroke                          | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 43 Girls 12 & Under 200 Butterfly                            | 0              | 0            | 01:35 PM             | NA              |
| Prelims      | 44 Boys 12 & Under 200 Butterfly<br>Break: 5 Minutes:        | 0              | 0            | 01:35 PM             | NA              |
| Finals       | 45 Mixed 12 & Under 200 Medley Relay<br>Finish Time          | 0              | 0            | 01:40 PM<br>01:40 PM | NA<br>e01:40 PM |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 7 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                         | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|--------------------------------------|----------------|--------------|------------------|---------------|
| Finals-1     | 34 Mixed 13 & Over 1000 Freestyle    | 0              | 0            | 06:00 PM         | NA            |
| Finals       | 41 Girls 12 & Under 100 Breaststroke | 0              | 3 u          | 06:00 PM         | NA            |
| Finals       | 42 Boys 12 & Under 100 Breaststroke  | 0              | 3 u          | 06:07 PM         | NA            |
| Finals       | 27 Girls 13 & Over 200 Butterfly     | 0              | 4 u          | 06:13 PM         | NA            |
| Finals       | 28 Boys 13 & Over 200 Butterfly      | 0              | 4 u          | 06:27 PM         | NA            |
| Finals       | 43 Girls 12 & Under 200 Butterfly    | 0              | 3 u          | 06:41 PM         | NA            |
| Finals       | 44 Boys 12 & Under 200 Butterfly     | 0              | 3 u          | 06:53 PM         | NA            |
| Finals       | 29 Girls 13 & Over 100 Backstroke    | 0              | 4 u          | 07:04 PM         | NA            |
| Finals       | 30 Boys 13 & Over 100 Backstroke     | 0              | 4 u          | 07:13 PM         | NA            |
| Finals       | 36 Girls 12 & Under 100 Backstroke   | 0              | 3 u          | 07:22 PM         | NA            |
| Finals       | 38 Boys 12 & Under 100 Backstroke    | 0              | 3 u          | 07:28 PM         | NA            |
| Finals       | 31 Girls 13 & Over 50 Freestyle      | 0              | 4 u          | 07:35 PM         | NA            |
| Finals       | 32 Boys 13 & Over 50 Freestyle       | 0              | 4 u          | 07:40 PM         | NA            |
| Finals       | 39 Girls 12 & Under 50 Freestyle     | 0              | 3 u          | 07:45 PM         | NA            |
| Finals       | 40 Boys 12 & Under 50 Freestyle      | 0              | 3 u          | 07:49 PM         | NA            |
|              | Entry / Heat Totals:                 | 0              | 48           |                  |               |
|              | Finish Time                          |                |              | 07:52 PM         | e07:52 PM     |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 8 Sunday 13 &amp; over

Day of Meet: 4 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                           | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|--|----------------|--------------|------------------|---------------|
| Prelims      | 46 Girls 13 & Over 100 Freestyle       | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 47 Boys 13 & Over 100 Freestyle        | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 48 Girls 13 & Over 200 Breaststroke    | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 49 Boys 13 & Over 200 Breaststroke     | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 50 Girls 13 & Over 100 Butterfly       | 0              | 0            | 08:00 AM         | NA            |
| Prelims      | 51 Boys 13 & Over 100 Butterfly        | 0              | 0            | 08:00 AM         | NA            |
| Finals       | 52 Girls 13 & Over 400 Freestyle Relay | 0              | 0            | 08:00 AM         | NA            |
| Finals       | 53 Boys 13 & Over 400 Freestyle Relay  | 0              | 0            | 08:00 AM         | NA            |
|              | Finish Time                            |                |              | 08:00 AM         | e08:00 AM     |

**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 9 Sunday 12 &amp; under

Day of Meet: 4 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                            | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|---|----------------|--------------|------------------|---------------|
| Prelims      | 54 Girls 12 & Under 200 Freestyle       | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 55 Boys 12 & Under 200 Freestyle        | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 56 Girls 12 & Under 100 IM              | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 57 Boys 12 & Under 100 IM               | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 58 Girls 12 & Under 50 Backstroke       | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 59 Boys 12 & Under 50 Backstroke        | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 60 Girls 12 & Under 100 Butterfly       | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 61 Boys 12 & Under 100 Butterfly        | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 62 Girls 12 & Under 200 Breaststroke    | 0              | 0            | 01:30 PM         | NA            |
| Prelims      | 63 Boys 12 & Under 200 Breaststroke     | 0              | 0            | 01:30 PM         | NA            |
| Finals       | 64 Girls 12 & Under 400 Freestyle Relay | 0              | 0            | 01:30 PM         | NA            |
| Finals       | 65 Boys 12 & Under 400 Freestyle Relay  | 0              | 0            | 01:30 PM         | NA            |
|              | Finish Time                             |                |              | 01:30 PM         | e01:30 PM     |



**2023 Northeast Showcase - 3/16/2023 to 3/19/2023****Session Report**

Session: 10 Sunday Finals

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

| <b>Round</b> | <b>Event</b>                         | <b>Entries</b> | <b>Heats</b> | <b>Starts at</b> | <b>Actual</b> |
|--------------|--------------------------------------|----------------|--------------|------------------|---------------|
| Finals       | 56 Girls 12 & Under 100 IM           | 0              | 3 u          | 06:00 PM         | NA            |
| Finals       | 57 Boys 12 & Under 100 IM            | 0              | 3 u          | 06:07 PM         | NA            |
| Finals       | 54 Girls 12 & Under 200 Freestyle    | 0              | 3 u          | 06:13 PM         | NA            |
| Finals       | 55 Boys 12 & Under 200 Freestyle     | 0              | 3 u          | 06:23 PM         | NA            |
| Finals       | 46 Girls 13 & Over 100 Freestyle     | 0              | 4 u          | 06:34 PM         | NA            |
| Finals       | 47 Boys 13 & Over 100 Freestyle      | 0              | 4 u          | 06:41 PM         | NA            |
| Finals       | 58 Girls 12 & Under 50 Backstroke    | 0              | 3 u          | 06:49 PM         | NA            |
| Finals       | 59 Boys 12 & Under 50 Backstroke     | 0              | 3 u          | 06:53 PM         | NA            |
| Finals       | 48 Girls 13 & Over 200 Breaststroke  | 0              | 4 u          | 06:58 PM         | NA            |
| Finals       | 49 Boys 13 & Over 200 Breaststroke   | 0              | 4 u          | 07:13 PM         | NA            |
| Finals       | 62 Girls 12 & Under 200 Breaststroke | 0              | 3 u          | 07:29 PM         | NA            |
| Finals       | 63 Boys 12 & Under 200 Breaststroke  | 0              | 3 u          | 07:41 PM         | NA            |
| Finals       | 60 Girls 12 & Under 100 Butterfly    | 0              | 3 u          | 07:54 PM         | NA            |
| Finals       | 61 Boys 12 & Under 100 Butterfly     | 0              | 3 u          | 08:00 PM         | NA            |
| Finals       | 50 Girls 13 & Over 100 Butterfly     | 0              | 4 u          | 08:06 PM         | NA            |
| Finals       | 51 Boys 13 & Over 100 Butterfly      | 0              | 4 u          | 08:14 PM         | NA            |
|              | Entry / Heat Totals:                 | 0              | 54           |                  |               |
|              | Finish Time                          |                |              | 08:21 PM         | e08:21 PM     |