Greenwich YMCA Marlins January Invitational January, 21-23, 2022

Wren- Weisenburger Pool, 50 East Putnam Avenue, Greenwich, CT 06830 https://goo.gl/maps/8MtxZE4JiPyvn3ej9

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S21-59. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Greenwich YMCA Marlins Swim Team, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, https://www.greenwichct.gov/575/Health-Department

COVID-19 Assumption of Risk Disclaimer

We, Greenwich YMCA Marlins Swim Team,, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Greenwich Marlins January Invitational or on site at Wren-Weisenburger Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in Greenwich Marlins January Invitational and being on site at Wren-Weisenburger, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES.

WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: Waivers with signatures are required. All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Waiver must be handed in at the start of the meet.

EVENTS

	Name	Email	Phone
Meet Director:	Maura O'Grady	Mogrady.marlins@gmail.com	
Meet Referee:	Greg Bedell	greg@bedellmail.com	
Lead Admin Official:	Yolanda Jahan	Yoli.jahan@gmail.com	2032786712
Entry Chair:	William Walsh	grymentries@gmail.com	
Safety Chair:	William Walsh	wwalsh@gwymca.org	
Officials Contact:	Greg Bedell	greg@bedellmail.com	

MEET HOST: GRYM

WEBSITE: www.greenwichmarlins.org

POOL EMERGENCY NUMBER: 203 869 1630

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming;

MEET FORMAT: The meet will be swum as Timed finals, Saturday and Sunday afternoons. Saturday and Sunday morning 13 & over events will TIMED finals. All Friday distance events will be run fastest to slowest, and alternating women/ men heats. Swimmers are responsible for their own timers and counters for Friday events.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session, listing s of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them into the computer table no later than 30 minutes after the start of warm up.

BEFORE ENTERING FACILITY or WHAT TO BRING: Showers and locker rooms are limited to the use of restrooms only. Waiver must be signed and returned prior to competition

FACILITY: The Wren- Weisenburger Pool at the YMCA of Greenwich is an 8 lane, 25 – yard pool. Water depth at start end is 13 ft. Water depth at turn end is 6 ft. 7 inches. The competition course has not been certified in accordance with 104.2.2C(4). There is a state of the art Colorado Timing System with large LED scoreboard..

SAFE SPORT POLICIES: The meet will be live-streamed for free on the Internet. THERE WILL BE NO SPECTATORS PERMITTED ON-SITE. Coaches are asked to give strict instructions to parents of this policy

DISABLED ACCESS: Handicap parking is available and elevators to pool level.

COURSE: SCY

SESSION TIMES: Subject to Change

Friday afternoon Warm up: 4:00 PM, 5:00 PM start.

Saturday and Sunday-15 & Over Boys and Girls and 13-14 Boys Session-7:00AM Warmup, Start-8:00 Saturday and Sunday 11/12 Girls, 13/14 Girls and 10&U Boys Session Warm up: 11:30 warm up, Start: 12:30 PM. Saturday and Sunday 11/12 Boys and 10&U Girls Session Warm up: 3:30 PM, Start 4:30 PM.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 15 lanes will be used for warm up. Warm ups will be divided into 2 or 3 general warm up based on number of teams attending. Specific warm up will follow the general warm up sessions

ELIGIBILITY: All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. List any restrictions, such as age, etc. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

 $\underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ and \ \underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ \underline{https://www.ctswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Cont$

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of (select one) USA Swimming or CT Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

EVENT INFORMATION: Deck entries will not be accepted.

ENTRY LIMITATIONS: Swimmers may enter a maximum of 3 individual events per day on Saturday and Sunday

ENTRY TIMES: Submit entry times in SCY. NTs will not be accepted.

DEADLINES: deadline is January 1, 2022. Mail hardcopy and payment to the entry chairperson William Walsh, 50 East Putnam Ave., Greenwich, Connecticut, 06830. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of the entry

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at grymentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected on first day of meet

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

ENTRY FEES: Electronic entries: \$11.00 for individual events, \$11.00 for distance event, Manual entries: \$22.00 for individual events, \$22.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

PAYMENT INSTRUCTIONS: Please make checks payable to YMCA of Greenwich and mail to: Maura O'Grady, 50 East Putnam Ave., Greenwich, CT.06830. Payments must be received by January, 15 2022.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. The maximum number of events allowed per day may be reduced by one (1).
- 3. Visiting teams may be cut based on the dates/ time of the receipt of the final paid entry. If the teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules will govern this meet.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Officials: A meet this size and caliber requires many workers to make it run efficiently. The Marlins welcome anyone qualified who would like to assist with officiating during this meet. Please contact Greg Bedell at greg@bedellmail.com if you have any officials that

will be able to help. Timing assignment will be assigned based on the size of each team's entry. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: We encourage all parents to car pool as much as possible. There will be parking at the following locations:

Lower Mason St. Parking Lot (across from bank)

Chase Bank Parking Lot.

Municipal Parking behind the First Presbyterian Church located at the top of Greenwich Ave. on Lafayette Place.

Free parking on Friday after 5 pm, Saturday after 12 noon and Sunday all day...

DIRECTIONS: The Greenwich YMCA is located at 50 E. Putnam Ave. Greenwich, Connecticut. From I-95, exit 4. From I-95 North, turn left, from I-95 South turn right on to Indian Field Rd; Continue approximately 1 mile to traffic light at E. Putnam Ave. intersection. Turn left at E. Putnam Ave. Go through 6 traffic lights. Building on the left.

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Wren-Weisenburger Pool or any Greenwich YMCA Marlins Swim Team related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

- 1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
- 2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
- 3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) YMCA of Greenwich Marlins and / or Wren-Weisenburger Pool and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
- 4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
- 5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed 20	I this Waiver and Agreement under seal on this	day of January
SIGNATURE:		
NAME:	ADDRESS:	
NAMES OF MINOR CHILD(REN), IF ANY:		

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	1	Girls 500 Freestyle
Finals	2	Boys 500 Freestyle
Finals	3	Girls 400 IM
Finals	4	Boys 400 IM
Finals	5	Girls 1650 Freestyle
Finals	6	Boys 1650 Freestyle
		Swimmers Counts for Warm-ups: 208

Session: 2 15&Over and 13/14 Boys

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	8	Boys 13-14 100 Freestyle
Finals	9	Girls 15 & Over 100 Freestyle
Finals	10	Boys 15 & Over 100 Freestyle
Finals	12	Boys 13-14 200 Breaststroke
Finals	13	Girls 15 & Over 200 Breaststroke
Finals	14	Boys 15 & Over 200 Breaststroke
Finals	16	Boys 13-14 100 Backstroke
Finals	17	Girls 15 & Over 100 Backstroke
Finals	18	Boys 15 & Over 100 Backstroke
Finals	20	Boys 13-14 200 Butterfly
Finals	21	Girls 15 & Over 200 Butterfly
Finals	22	Boys 15 & Over 200 Butterfly
Finals	24	Boys 13-14 200 IM
Finals	25	Girls 15 & Over 200 IM
Finals	26	Boys 15 & Over 200 IM
		Swimmers Counts for Warm-ups: 227

Session: 3 Saturday 10 &U Boys and 11-14 Girls

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	45	Girls 11-12 200 Backstroke
Finals	28	Boys 10 & Under 100 Freestyle
Finals	29	Girls 11-12 100 Freestyle
Finals	7	Girls 13-14 100 Freestyle
Finals	32	Boys 10 & Under 50 Backstroke
Finals	33	Girls 11-12 50 Breaststroke
Finals	11	Girls 13-14 200 Breaststroke
Finals	38	Boys 10 & Under 100 Breaststroke
Finals	35	Girls 11-12 200 Butterfly
Finals	15	Girls 13-14 100 Backstroke
Finals	42	Boys 10 & Under 50 Butterfly
Finals	39	Girls 11-12 100 Breaststroke
Finals	19	Girls 13-14 200 Butterfly
Finals	48	Boys 10 & Under 100 IM
Finals	43	Girls 11-12 50 Butterfly
Finals	23	Girls 13-14 200 IM
Finals	49	Girls 11-12 100 IM
		Swimmers Counts for Warm-ups: 216

Session: 4 11-12 Boys and 10&U Girls

Day of Meet: 2 Starts at 04:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	27	Girls 10 & Under 100 Freestyle
Finals	30	Boys 11-12 100 Freestyle
Finals	31	Girls 10 & Under 50 Backstroke
Finals	34	Boys 11-12 50 Breaststroke
Finals	37	Girls 10 & Under 100 Breaststroke
Finals	36	Boys 11-12 200 Butterfly
Finals	41	Girls 10 & Under 50 Butterfly
Finals	40	Boys 11-12 100 Breaststroke
Finals	46	Boys 11-12 200 Backstroke
Finals	47	Girls 10 & Under 100 IM
Finals	44	Boys 11-12 50 Butterfly
Finals	50	Boys 11-12 100 IM
		Swimmers Counts for Warm-ups: 193

Session: 5 15&Over Girls and Boys and 13/14 Boys

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	52 I	Boys 13-14 50 Freestyle
Finals	53 (Girls 15 & Over 50 Freestyle
Finals	54 I	Boys 15 & Over 50 Freestyle
Finals	56 I	Boys 13-14 100 Breaststroke
Finals	57 (Girls 15 & Over 100 Breaststroke
Finals	58 I	Boys 15 & Over 100 Breaststroke
Finals	60 I	Boys 13-14 200 Freestyle
Finals	61 (Girls 15 & Over 200 Freestyle
Finals	62 I	Boys 15 & Over 200 Freestyle
Finals	64 I	Boys 13-14 100 Butterfly
Finals	65 (Girls 15 & Over 100 Butterfly
Finals	66 I	Boys 15 & Over 100 Butterfly
Finals	68 I	Boys 13-14 200 Backstroke
Finals	69 (Girls 15 & Over 200 Backstroke
Finals	70 I	Boys 15 & Over 200 Backstroke
		Swimmers Counts for Warm-ups: 219

Session: 6 Sunday 10&U Boys and 11/12 and 13-14 Girls
Day of Meet: 3 Starts at 12:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	72	Boys 10 & Under 200 Freestyle
Finals	73	Girls 11-12 200 Freestyle
Finals	51	Girls 13-14 50 Freestyle
Finals	76	Boys 10 & Under 50 Breaststroke
Finals	77	Girls 11-12 50 Backstroke
Finals	55	Girls 13-14 100 Breaststroke
Finals	82	Boys 10 & Under 100 Backstroke
Finals	79	Girls 11-12 200 Breaststroke
Finals	59	Girls 13-14 200 Freestyle
Finals	86	Boys 10 & Under 50 Freestyle
Finals	83	Girls 11-12 100 Backstroke
Finals	63	Girls 13-14 100 Butterfly
Finals	87	Girls 11-12 50 Freestyle
Finals	90	Boys 10 & Under 100 Butterfly
Finals	91	Girls 11-12 100 Butterfly
Finals	67	Girls 13-14 200 Backstroke
Finals	94	Boys 10 & Under 200 IM
Finals	95	Girls 11-12 200 IM
		Swimmers Counts for Warm-ups: 209

Session: 7 11/12 Boys and 10&U Girls
Day of Meet: 3 Starts at 04:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	71	Girls 10 & Under 200 Freestyle
Finals	74	Boys 11-12 200 Freestyle
Finals	75	Girls 10 & Under 50 Breaststroke
Finals	78	Boys 11-12 50 Backstroke
Finals	80	Boys 11-12 200 Breaststroke
Finals	81	Girls 10 & Under 100 Backstroke
Finals	84	Boys 11-12 100 Backstroke
Finals	85	Girls 10 & Under 50 Freestyle
Finals	88	Boys 11-12 50 Freestyle
Finals	89	Girls 10 & Under 100 Butterfly
Finals	92	Boys 11-12 100 Butterfly
Finals	93	Girls 10 & Under 200 IM
Finals	96	Boys 11-12 200 IM
		Swimmers Counts for Warm-ups: 177