

**CP-AC May the 4<sup>th</sup> Be With You**  
**Age Group Qualifier**  
**May 4-5, 2024**

1 Blachely Road, Stamford, CT 06902

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L24-3 In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	<b>Matt Hurst</b>	<b><u>mhurst@chelseapiers.com</u></b>	<b>814-777-8096</b>
<b>Meet Referee:</b>	<b>Suzannah Rogers</b>		
<b>Lead Admin Official:</b>	<b>Tim Goertel</b>		
<b>Entry Chair:</b>	<b>Aaron Montgomery</b>	<b><u>Cpacentries@gmail.com</u></b>	
<b>Safety Chair:</b>	<b>Jim Goodwin</b>	<b><u>jgoodwin@chelseapiers.com</u></b>	
<b>Officials Contact:</b>	<b>Suzannah Rogers</b>		

**MEET HOST:** CP-AC

**WEBSITE:** <https://www.gomotionapp.com/team/ctcp/page/home>

**POOL EMERGENCY NUMBER:** 203-989-1000

**COURSE:** LCM.

**SESSION TIMES: Subject to Change**

Session 1 Saturday Afternoon 11 and Over	1:00 pm WU	2:30 pm Start
Session 2 Sunday Morning 10 and Over	6:30 am WU	8:00 am Start
Session 3 Sunday Afternoon 10 and Under	1:00 pm WU	2:00 pm Start

**ENTRY OPENING DATE:** Entries will be accepted no earlier than **April 18, 7:00p.**

**CONNECTICUT-ONLY DEADLINE:** There are **no CT only deadlines** for April and May meets. Entries will be accepted in the order in-which they are received.

**DEADLINES:** Deadline is Thursday, April 25, 2024. Entries will be accepted in the order in-which they are received.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Chelsea Piers Aquatics Club.

Mail to:

Chelsea Piers CT

c/o Matt Hurst

1 Blachley Road

Stamford, CT 06902

Payment must be received by Sunday, May 5, 2024.

**LC 2024 SEASON ONLY (4/1-8/31):** Teams that are charged pool rental for running a regularly scheduled non CSI Championship meets, can charge a per swimmer facility fee not to exceed \$10. This charge will NOT be subject to CSI surcharges.

**ENTRY FEES:** Electronic entries: \$15.00 for individual events, \$15.00 for distance events, \$15.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**REGISTRATION REPORTING:** The Meet or Entry Director **MUST** run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

**SANCTIONED OR APPROVED:** 1. Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming. Sessions will be capped at 3 hours and 45 minutes.

**MEET FORMAT:** The meet will be swum as Timed Finals.

**FACILITY:** Chelsea Piers CT is a 8 lane, 50 meter pool. Water depth at start end is: 8'. Water depth at turn end is: 8'. The competition course has not been certified in accordance with 104.2.2C(4). **TIMING SYSTEM:** We will use an electronic timing system (Daktronics) and one timer per lane. Public Wi-Fi is available for coaches. Signal strength is good.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**WIFI ACCESS:** Public Wi-Fi is available for coaches. Signal strength is good.

**MEDICAL SUPERVISION:** All meets will be observed by our lifeguarding staff. AED is available on site.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

Session 1 Saturday Afternoon 11 and Over	1:00 pm WU	2:30 pm Start
Session 2 Sunday Morning 10 and Over	6:30 am WU	8:00 am Start
Session 3 Sunday Afternoon 10 and Under	1:00 pm WU	2:00 pm Start

**Warm-Ups:** Each team will be assigned sessions and lanes. Use of lanes by 13 & Over and 12 & Under athletes will be at the discretion of each team. At the conclusion of the open general warm-up there will be an additional warm-up period for all teams with each outer lane being pace lanes and inner lanes designated as one-way sprints with starts from the blocks.

All sessions may use **3 or more** tiers of warm-ups, using up to **8** lanes.

The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription.

During competition, continuous **warm-up/warm-down** lanes may also be available in the outside lanes at the discretion of the Referee. No Diving will be allowed in these lanes. Swimmers must enter these lanes feet first. Other restrictions may be applied at the discretion of the Referee.

**EVENT INFORMATION:** All entries should be e-mailed to the entry chair. Entries will be taken in the order in which they are received. In the event of oversubscription, all teams will be notified. No deck entries will be accepted.

**ENTRY LIMITATIONS:** Athletes are limited to entering max 2 individual events on Saturday, and **max. 3** individual events per session on Sunday; with **max. 8** total individual events for the meet. **No over-entries accepted.**

**SCRATCH PROCEDURES:** Scratches are due 45 minutes prior to the start of the session.

**SAFE SPORT POLICIES:** No photography from behind the starting blocks. Parents are, other than those volunteering, not allowed on the pool deck. Spectators will be allowed on the pool mezzanine. A livestream is also available.

**DISABLED ACCESS:** Handicapped parking accessible with elevators on-site. Please contact Jim Goodwin for more information about disabled access.

**ELIGIBILITY:** 1. All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet.. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and  
[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the Connecticut Swimming office.

**ENTRY TIMES:** Submit entry times in: LCM. **No Times (NT entries) will not be accepted.** If there are no official times for an athlete, you **must** submit estimated times in your entry.

**Financially Responsible Date:** At this date (**04/30/2024**, or earlier if the Cut Protocol has been invoked) all entered teams will be considered financially responsible for their entire entry; so please note that the entry check should be in the mail or have been already received by this date.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair

at cpacentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. If payment for the entry is not received by the Entry Deadline, the Date of Entry /Receipt may be delayed until the date such payment is received, jeopardizing place in order of receipt.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

**OUTREACH ENTRY FEE REIMBURSEMENT:** Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the Outreach Athlete page on ctswim.org.

#### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet
2. The distance events (400 meters or yards or greater) may be heat limited to the 7 heats of entries per gender in the order they were received.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No Relays.

## **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

## **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming

- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No Time Trials.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** . Participating clubs will be notified of work assignments by the Monday before the meet. All swimmers in the 400 Free must provide their own timer and counter.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**MISCELLANEOUS:**

**PARKING:** There is parking located on site at Chelsea Piers Connecticut. If full, off-site parking may be provided at Rogers International School, 202 Blachley Road, Stamford, CT 06902. Please follow any parking signs/instructions or your car may be subject to towing/ticketing.

**DIRECTIONS:** The Chelsea piers CT complex is located at 1 Blachley Road, Stamford. Northbound I 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings. Southbound I 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings

**LODGING:** The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95. Address: 700 East Main St, Stamford, CT 06901 Phone: (203) 358-8400 • Fax: (203) 358-8872 Please mention Chelsea Piers if making a reservation.

**CP-AC May the 4th Be With You - 5/4/2024 to 5/5/2024**

**Session Report**

Session: 1 Saturday PM

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +30 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Meet Qualifying</b>	<b>Starts at</b>	
Finals	1 Girls 11 & Over 200 IM	0	0		02:30 PM	_____
Finals	2 Boys 11 & Over 200 IM	0	0		02:30 PM	_____
Finals	3 Girls 13 & Over 50 Freestyle	0	0		02:30 PM	_____
Finals	4 Boys 13 & Over 50 Freestyle	0	0		02:30 PM	_____
Finals	5 Girls 11 & Over 400 Freestyle	0	0		02:30 PM	_____
Finals	6 Boys 11 & Over 400 Freestyle	0	0		02:30 PM	_____
	Finish Time				02:30 PM	_____

**CP-AC May the 4th Be With You - 5/4/2024 to 5/5/2024**

**Session Report**

Session: 2 Sunday AM

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	7 Girls 13 & Over 100 Butterfly	0	0		08:00 AM	_____
Finals	8 Boys 13 & Over 100 Butterfly	0	0		08:00 AM	_____
Finals	9 Girls 12 & Under 50 Butterfly	0	0		08:00 AM	_____
Finals	10 Boys 12 & Under 50 Butterfly	0	0		08:00 AM	_____
Finals	11 Girls 13 & Over 200 Freestyle	0	0		08:00 AM	_____
Finals	12 Boys 13 & Over 200 Freestyle	0	0		08:00 AM	_____
Finals	13 Girls 12 & Under 100 Freestyle	0	0		08:00 AM	_____
Finals	14 Boys 12 & Under 100 Freestyle	0	0		08:00 AM	_____
Finals	15 Girls 11 & Over 200 Breaststroke	0	0		08:00 AM	_____
Finals	16 Boys 11 & Over 200 Breaststroke	0	0		08:00 AM	_____
Finals	17 Girls 12 & Under 100 Breaststroke	0	0		08:00 AM	_____
Finals	18 Boys 12 & Under 100 Breaststroke	0	0		08:00 AM	_____
Finals	19 Girls 13 & Over 100 Backstroke	0	0		08:00 AM	_____
Finals	20 Boys 13 & Over 100 Backstroke	0	0		08:00 AM	_____
Finals	21 Girls 12 & Under 200 Backstroke	0	0		08:00 AM	_____
Finals	22 Boys 12 & Under 200 Backstroke	0	0		08:00 AM	_____
Finals	23 Girls 12 & Under 50 Freestyle	0	0		08:00 AM	_____
Finals	24 Boys 12 & Under 50 Freestyle	0	0		08:00 AM	_____
	Finish Time				08:00 AM	_____



**CP-AC May the 4th Be With You - 5/4/2024 to 5/5/2024**

**Session Report**

Session: 3 Sunday PM

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	25 Girls 13 & Over 200 Backstroke	0	0		02:00 PM	_____
Finals	26 Boys 13 & Over 200 Backstroke	0	0		02:00 PM	_____
Finals	27 Girls 12 & Under 100 Backstroke	0	0		02:00 PM	_____
Finals	28 Boys 12 & Under 100 Backstroke	0	0		02:00 PM	_____
Finals	29 Girls 13 & Over 100 Freestyle	0	0		02:00 PM	_____
Finals	30 Boys 13 & Over 100 Freestyle	0	0		02:00 PM	_____
Finals	31 Girls 12 & Under 200 Freestyle	0	0		02:00 PM	_____
Finals	32 Boys 12 & Under 200 Freestyle	0	0		02:00 PM	_____
Finals	33 Girls 13 & Over 100 Breaststroke	0	0		02:00 PM	_____
Finals	34 Boys 13 & Over 100 Breaststroke	0	0		02:00 PM	_____
Finals	35 Girls 12 & Under 50 Breaststroke	0	0		02:00 PM	_____
Finals	36 Boys 12 & Under 50 Breaststroke	0	0		02:00 PM	_____
Finals	37 Girls 11 & Over 200 Butterfly	0	0		02:00 PM	_____
Finals	38 Boys 11 & Over 200 Butterfly	0	0		02:00 PM	_____
Finals	39 Girls 12 & Under 100 Butterfly	0	0		02:00 PM	_____
Finals	40 Boys 12 & Under 100 Butterfly	0	0		02:00 PM	_____
Finals	41 Girls 12 & Under 50 Backstroke	0	0		02:00 PM	_____
Finals	42 Boys 12 & Under 50 Backstroke	0	0		02:00 PM	_____
	Finish Time				02:00 PM	_____